THE KOO WEE RUP

NOVEMBER 2023

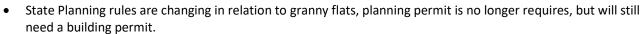
The New Kid in Town

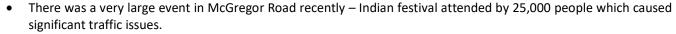
A wombat has been spotted recently wandering near the rail trail. It's unusual to see a wombat in Koo Wee Rup. Plenty of bandicoots, but wombats are rare in this area. It is balding, so likely to have mange, which is a serious condition for wombats.

Koo Wee Rup Township Committee Meeting

The Township held its monthly meeting on Wednesday, 4 October at the KWR Community Centre. The next meeting will be held on Wednesday, 1 November at 7:30 pm at the KWR Community Centre. Everyone is welcome to attend Township Meetings and join in the discussion.







- There have been a few issues raised with Cr Cameron recently including the recent rainfall and how full the drains are (but all seem to be flowing well), Christmas carol events and mowing contracts at reserves around the area.
- Council's Annual Report will be available soon, it is scheduled to be presented at the next council meeting. In response to questions, Cr Cameron advised:
- The State government still have the airport for South East Melbourne as part of the long term vision for Melbourne and Victoria but no decision yet. It is supported by both sides of politics in the state. More information can be found on the Victorian Government website - Plan Melbourne. There many issues that need to be addressed including pollution form aviation food, threats to agricultural production and the environment especially considering the importance of Westernport Biosphere Reserve and the Ramsar Wetland.
- The Koo Wee Rup Motor Cycle Club is currently on council land along McGregor Road, council is negotiating to keep them there, but need to find a way of permitting permanent buildings on the site. There were plans for a half size formula 1 track on McGregor Road too, but the initial proponents have pulled out. This would bring additional tourism to the area, Kaye will follow up to find more information.
- The proposed traffic lights at Woollies or Moody St intersection have been declined by the Department of Transport. This is an issue that council will keep pursuing.

The Forget- Me-Not Café in September was a full house again. A speaker from Monash Health talked about the preparation of care plans and how to have them put on your medical file.

We need to start considering nominations for our community award recipient on Australia Day. We also need to investigate options to assist with breakfast now that the CWA has ceased in Koo Wee Rup. Continued page 7





What's on in Koo Wee Rup and District

November			November	nber		
Wed 1st Coffee Club (page 24)	Royal Hotel	10am	Thu 16th	n Getting to know your family history (page 24)	KWR Historical Society	113m
Wed 1st Lions Club Meeting	Tooradin Sports Club	7pm	Thu 16th	n Heart Foundation Walking	KWR Clocktowers	7pm
Wed 1st Township Committee Meeting (front page)	Community Centre	7.30pm	Fri 17th	1 Triples	Bowls Club	1030am
Thu 2nd Kids Corner (page 6)	Caldermeade Farm	10am	Fri 17th	 VWR Senior Citizens Lunch & Hoy (members only) 	Senior Citizens Club	1130am
Thu 2nd Heart Foundation Walking (page 17)	KWR Clocktowers	7pm	Fri 17th	5 Social Bowls	Bowls Club	6pm
Fri 3rd KRHS Ladies Auxiliary Meeting (page 5)	Education Room, Hospital	9.30am	Fri 17th	n Hypnotist Night Comedy Event (page 60	Caldermeade Farm	7.30pm
Fri 3rd Triples	Bow/s Club	10.30am	Wed 18th	Coffee Club	Chandelier Café	10am
Fri 3rd KWR Senior Citizens Lunch & Hoy members only) (page 13)	Senior Citizens Club	11.30am	Wed 18th	Lions Club Meeting	RSL Clubrooms	7pm
Fii 3rd Social Bowls (page 19)	Bow's Club	брт	Sat 18th	n Monthly Market (page 6)	Caldenneade Farm	9dill
Sat 4th Mat Pilates (page 6)	Eco House - Hospital	9am	Sat 18th	³ ennant	Bowls Club	1pm
Mon 6th KWR Senior Citizens Indoor Bowis (members only) (page 13)	Senibr Citizens Club	11am	Sun 19th	n Bayles Fauna Park Working Bee (page 3)	Bayles Fauna Park	9am
Mon 6th Chair Pilates (page 6)	Eco House - Hospital	5pm	Sun 19th	n Walker Shield	Bowls Club	10.30am
Mon 6th Mat Pilates	Eco House - Hospital	6pm	Mon 20th	 VWR Senior Citizens Indoor Bowls (memoers only) 	Senior Citizens Club	11am
Wed 8th KWR Swamp Historical Society Meeting (page 31)	KWR Historical Society	6pm	Mon 20th	Chair Pilates	Eco House - Hospital	5pm
Thu 9th Kids Corner (page 6)	Caldermeade Farm	10am	Mon 20th	n Wat Pilates	Eco House - Hospital	6pm
Thu 9th South West Gippsland micweek bowls	Bowls Club	10.30am	Tue 21st	t Morning Melodies (page 6)	Caldermeade Farm	1030am
Thu 9th Heart Foundation Walking	KWR Clocktowers	7pm	Wed 22nd	d Activities Moming (page 13)	Senior Citizens Club	10am
Thu 9th St Johns Art Snow (page 27)	St John's School	5.30pm	Thu 23rd	1 Legencs and Love Songs (page 24)	Bayles Public Hall	10.30am
Fri Lot KWR Senior Citizens Lunch & Hoy Imembers only)	Senior Citizens Club	11.30am	Thu 23rd	d Kids Corner (page 6)	Caldermeade Farm	10am
Fri 10t Social Bowls	Bow/s Club	6pm	Thu 23rd	d Heart Foundation Walking	KWR Clocktowers	7pm
Sat LIT Pennant	Bow/s Club	1pm	Fri 24th	 VWR Senior Citizens Lunch & Hoy (members only) 	Senior Citizens Club	1130am
Sat LIT Mat Pilates	Eco House · Hospital	9am	Fri 24th	Social Bowls	Bowls Club	6pm
Sat LI Pennant	Bowls Club	1pm	Sat 25th	n Pennant	Bowls Club	1pm
Sat LIT Remembrance Day Service (back page)	Cenotaph, Cochrane Park	11am	Sat 25th	 Scouts Christmas Tree Sales (back page) 	Station Street, opp PO	9am
Sun 121 Basset Hound Racing (page 6)	Caldermeade Farm	11am	Sat 25th	n RSL Craft & Christmas Fair (back page)	RSL, Station Street	10am
Mon Lot KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am	Mon 27th	 KWR Scnior Citizens Indoor Bowls (memoers only) 	Senior Citizens Club	113m
Mon Lot Chair Pilates	Eco House - Hospital	5pm	Mon 27th	Chair Pilates	Eco House - Hospital	5pm
Mon Lat Mat Pilates	Eco House - Hospital	бртп	Mon 27th	1 Mat Pilates	Eco House - Hospital	epiii
Tue 14t Have a Chat Chuesdays (page 24)	UA Church Hall	2pm	Tue 28th	n Forget-Me-Not Café	Eco House - Hospital	10am
Tue Lommunity Centre Committee Meeting	Community Centre	/.3Upm	lue 28th	, Jennant	Bowls Club	1030am
Tue 14 Pennant	Bow's Club	10.30am	Wed 29th	n Coffee Club	Degani	10am
Thu L Kids Corner (page 6)	Caldermeade Farm	10am	Thu 30th	n Heart Foundation Walking	KWR Clocktowers	7pm
December			December	ıber		
Sat 2nd Scouts Christmas Tree Sales	Station Street, opp PO	9am	Sat 9th	(oo Wee Rup Uniting Church Christmas Fair (back page)	UA Church, Rossiter Road 10am	103m
Sat 2nd Pakenham Carols by Candlelight (page 23)	Toomuc Recreation Res	6.30pm	Sat 9th	Coo Wee Rup Carols by Candelight	Cochrane Park	7pm
Sat 9th Scouts Christmas Tree Sales	Station Street, opp PO	9am				

JUSTICE OF THE PEACE

For document signing and associated services contact:

Beverley Edwards JP – 0400 584 235 Gary King JP - 0438 663 655

JP duties are a free community service

blackfish@live.com.au post to PO Box 64, KWR or phone 5997 2333.

Caroline Roff, Editor your community? Why not say it in the Blackfish? Just drop me a line at Have you got some news, a photo, or an opinion you want to share with HAVE YOU GOT SOMETHING TO SAY?

Special Plant Sale!!!

As part of the RSL Christmas & Craft Fair on Saturday 25th November, 2023, at the RSL Headquarters in Station Street, KWR, from 10am – 2pm, the LIONS CLUB OF AUSTRALIAN HEARING DOGS is staging a PLANT STALL.

This is being organized by Suzanne de Pelsenaire who has been very busy potting Hanging Baskets, Fuchsias, Perennials,

Begonias, Tree Peonies, Calla Lilies, Succulents plus many other popular, and some rarer, unusual garden beauties.

For over three years, Suzanne has been the very grateful recipient of MoMo, a Beagle X, Australian Lions Hearing Dog, who is trained to alert Suzanne to many sounds she may not hear. This includes her mobile phone ringing, alarms, the kitchen timer sounding, visitors knocking at their door, and most importantly, the smoke detector going off.

Many locals will have seen Suzanne, and MoMo in her distinctive Working Jacket, in and around the Koo Wee Rup shops on their daily walks.

As a gift of appreciation, ALL proceeds from the Plant Stall will be donated to the ALHD, which is totally funded by donations only, no Government assistance.

Suzanne has grown nearly all plants herself, the pots have been donated by other gardeners, and the potting mix very generously discounted by Nathan at our local "Ponderosa" Timber and Hardware store.



Bayles Fauna Park Working Bee

Sunday, 19 November 9am to 12 noon followed by a BBQ lunch.

Please bring own bottled water, wear long pants, and closed in shoes.

All welcome



With only a few weeks to go until the Plant sale, everything is growing well and should be looking its best to attract keen gardeners on 25th November, so please come along, support the Lions Club, and help fund more Hearing Assistance Dogs who will eventually bring greater confidence and companionship to Hearing Disabled recipients like Suzanne.







KOO WEE RUP FRESH NEW LOOK



Your new look neighbourhood food store

Discover a fresh fruit & veg department, bakery, butcher and more at our fresh new look Woolworths Koo Wee Rup

e're excited to announce our fresh new look store is complete. You'll find our same friendly team and a large fresh food department offering everything from Australian fruit and veg to The Odd Bunch range.

We have a great, convenient range that is easy to shop. You'll fall in love with our new deli, with cured meats sliced to order. We've got everything you need for a party platter, plus a fantastic selection of Australian and imported cheeses.

Walk past our in-store bakery and explore the delicious range of bread, including crusty loaves, sliced white to wholemeal rolls. Our artisan-style breads are divine and are made with Australian wheat flour.

Just a small taste of what you'll discover at our fresh new Woolworths Koo Wee Rup.

You'll find us located at Koo Wee Rup Shopping Centre, 29 - 65 Station St



Bread baked daily for you

Our new bakery offers artisan-style bread and sweet treats every day of the week.



Your local BWS Koo Wee Rup

For trading hours see BWS.com.au



Sensational seafood

Discover your new local seafood market.



From the deli

We can slice or shave your meats the way you like it - thick, thin or shaved.

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Woolworths unveils new look store in Koo Wee Rup

Woolworths has re-launched its Koo Wee Rup store and now offers an expanded fresh food offer and better shopping experience for the local community. After three months of renovations, the supermarket has also welcomed 20 new team members to work alongside the existing store team.

Located on Station Street, Koo Wee Rup Woolworths is stocked with a range of fresh Australian fruit and vegetables. Several departments have received an upgrade, including a new look bakery and a new continental style deli, offering a great range of sliced meats, seafood and cheeses. Customers will also notice a new service area at the front of the store with more self-scanning checkouts, making it a more convenient and quicker way to shop.

Store Manager, Ian Hughes, has worked at Woolworths for over 17 years said: "It's been a journey for our team over the last few months as the store has undergone a renewal process to bring the best of the Woolworths shopping experience to Koo Wee Rup. With a fresh new look store, we're excited to show locals our refurbished supermarket".

Woolworths Koo Wee Rup is also committed to growing greener and reducing its impact on the environment. The store has been fitted out with LED lights to reduce power usage and has introduced electronic shelf labelling system to reduce paper ticket waste.

Store highlights include:

- **Seafood** Woolworths has a great variety of freshly sourced seafood, perfect for a light dinner or an indulgent feast in the new look fish market.
- Brand new customer experience The customers will noticeably see brand new floors, walls, fixtures, fittings and signage throughout the store for an improved shopping experience, with convenience at the heart of the renewal.
- Fresh department The fresh department has been updated with new bunks and shelving and is now a one-stop shop for fresh produce shopping, with an expansive range of fruit and vegetables.

Win a Woolies Gift Card



To celebrate the Koo Wee Rup store relaunch, Woolies have generously donated 5 x \$50 gift cards for Blackfish readers to win. Fill in this form, cut it out and drop it into the box at the Woolies service desk by 12 noon, Friday, 24 November to be in the running.

Name:
Phone number:
Only one entry per person



Opening hours for Koo Wee Rup Woolworths are 7:00am - 10:00pm, 7 days a week.



MILKING

Come and view the milking of our Jersey cows from our viewing room at 2:30pm daily

CAFE & RETAIL

Come on down for breakfast, lunch or morning/afternoon tea - we offer a seniors menu too! Our Jersey products are available onsite along with our housemade jams, relishes & chutney's

around our modern,

FARM TOURS

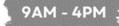
Book a guided tour

fully operational dairy farm & learn all about farm life

GROUNDS

Animal nursery, goat feeding area, highland cows, playground, large garden which is dog friendly









Upcoming November Events:

2nd - Kids Corner (free)

9th - Kids Corner (free)

12th - Bassett Hound Racing (free)

15th - A Night with Lord Ian Botham (\$65+ - Eventbrite)

16th - Kids Corner (free)

17th - Hypnotist Night Comedy Event (\$35+ - Eventbrite)

18th - Market Day with live entertainer (free)

21st - Morning Melodies (free, but bookings essential!)

23rd - Kids Corner (free)

Contact our cafe for breakfast/lunch reservations via - cafe@caldermeadefarm.com.au or (03) 5997 5000 Tickets to shows & future events can be purchased via www.eventbrite.com - search "Caldermeade"

4385 south Gippsland Hwy, Caldermeade VIc 3984



Koo Wee Rup Township Committee Meeting continued from front page

Garry Oates reported his learnings from the Police Community Safety Forum held at the Cardinia Cultural centre in September.

- Crime in Cardinia has dropped percentage wise per 100,000 population
- 95% of youth crime the kids have a family violence history
- Retail theft is on the rise Swarming is new, where a group of kids all enters the shop at once and grab things and run so the business staff can't catch all of them.
- Crime levels are below pre COVID level
- There are over 30 agencies to which police can refer individuals to for guidance, support, rehab, assistance, to look at how to stop that individual going down the wrong path.
- Kids that go into custody become better criminals. Bail is recommended with conditions to modify behaviours. 460 youth follow ups this year.
- Family violence is up 145% across the state Cardinia is down.
- Police manage family and members for 3 months to 3 years. Currently 300 in the system.
- Best interests of the child are always considered.
- Police are happy to see increased family violence reporting, but not repeat offending. Pakenham has 2 family Violence Investigators,
- Alcohol is the biggest driver to family violence.
- Goal is to have police mobile and responding timely, not sitting in the office.
- They are attuned to getting police numbers right in the areas, but it is complex.
- If crimes are not reported, there is no evidence of demand.
- Behind every road death is family trauma to family and friends, they deal with.
- Drugs are a significant issue, care, prevention, stopping imports, harm and minimization of use.
- I could hear when the Police were speaking on this issue the sympathy in their tones for those effected.
- "People come into our care"
- For public drunkenness, the number of people going into cells is down, the number of referrals for help is up.
- Fantastic insight as to what really goes on with policing, unseen.

Special Edition

BREAKING NEWS



Michelle Lunney Licenced Sales Agent Branch Manager 0457 120 277

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Rimpy Singh Licensed Sales Agent 0416 580 927

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New Bulk Billing Medical Centre opens

Rossiter Road Medical Centre has opened in the Hollander House Building on the corner of Rossiter Road and John

Street, Koo Wee Rup. The medical centre joins Diverse Dental, Icarus Skin Clinic and The Wellness Room at Hollander House.

Featuring a welcoming waiting and reception area, children's area and state of the art medical facilities, the practice is owned by a team of experience GPs

The clinic is a bulk billing practice.

Currently open Monday to Friday, 9am-5pm. The practice hours will increase to include after hours in the future.

A team of Allied Health Professionals work with the clinic, including Podiatry, Dietetics and Audiology with further Allied Health practitioners to join the clinic in 2024. Clinical Labs pathology services are located on site and are open Monday to Friday 9am-1pm. With radiology being planned at the rear of the practice in the future, this area will be a well-serviced health hub.



Some of the team at Rossiter Road Medical Centre: Kelsey De Luca (reception), Bridgett Scott (nurse manager), Dr Ehab Mostokly, Tayla Cook (practice manager)

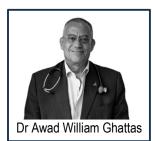
Online appointments can be booked via HotDoc. New patient registration can be done online at rossiterroadmc.com.au or come in and meet our friendly reception staff to register in person.

The team at Rossiter Road Medical Centre are pleased to be joining the Koo Wee Rup community. Their goal, vision and mission is to offer a quality bulk billed medical service to the community.

Rossiter Road Medical Centre is located at 352-354 Rossiter Road, Koo Wee Rup, Phone 5997 9888.

Bulk Billing Clinic Now Open

Meet our doctors offering quality bulk billed medical service







Rossiter Road

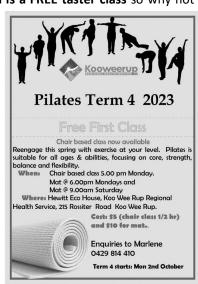
Hollander House 352-354 Rossiter Road (Cnr John Street) Koo Wee Rup Phone: 5997 9888

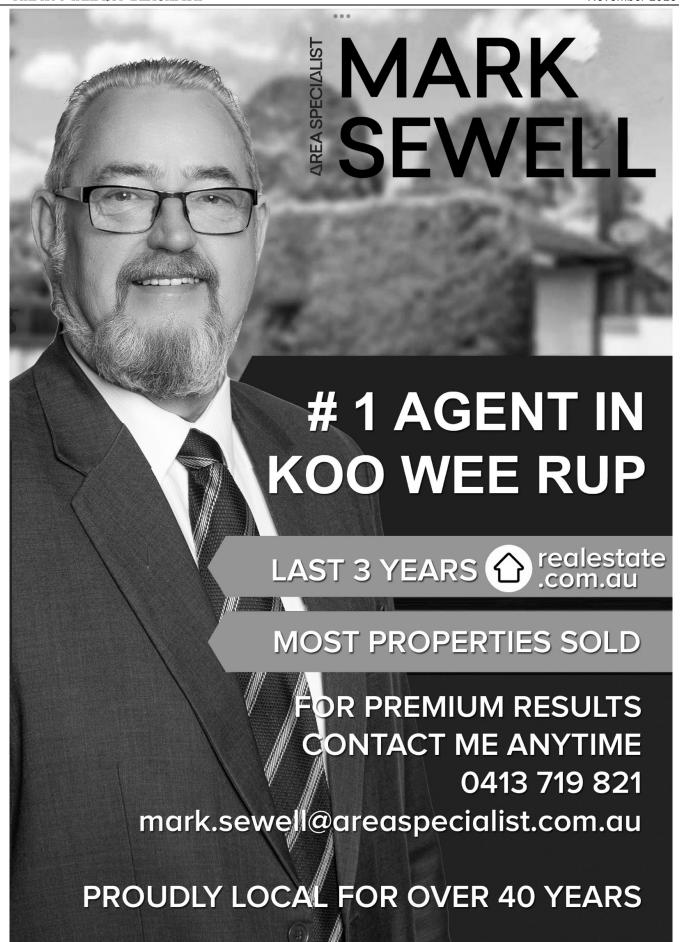
Pilates @ Koo Wee Rup regional Health Service

Both mat and chair classes are continuing at present. Pilates offers gently working at your own fitness level, as it caters really well for injuries and varying abilities. It focuses on core, strength, balance and general fitness by using the resistance of your own body. 30-minute Chair classes are offered at 5 pm Mondays and one hour Mat classes follow @ 6 pm. We also have a 9 am Saturday mat class. The first session is a FREE taster class so why not give it a go.

All classes are in the community room at Koo Wee Rup Regional Health Service with the entrance off Rossiter Rd at the western side of the community garden. Normal classes costs are \$5 chair and \$10 for mat.

Enquiries to Marlene on 0429 814 410





Koo Wee Rup RSL

Things are starting to ramp up in the RSL with the poppy selling for Remembrance Day, as well as our Remembrance Day Service, then our Christmas and Craft Fair on the 25th November 2023.

So, firstly I'd like to let everybody know that our volunteer members will be in the foyer of Woolworths in Koo Wee Rup on Fridays, Saturdays and Sundays between the 27th October and 10th November selling poppies and some other merchandise in support of Remembrance Day (11th November). If you'd just like to pop a few spare coins in a tin then we also have some tins in various business around the Koo Wee Rup/Tooradin area, every little bit counts and we thank all of our local residents for their support over the years with our Remembrance Day appeal.

Moving onto the Koo Wee Rup RSL Remembrance Day Service. As Remembrance Day is on a Saturday this year we hope to see a few more in attendance than when it's held on a weekday. The service commences at 10.45am at the Cenotaph outside the Koo Wee Rup Community Centre in Cochrane Park on Rossiter Road. There will be an informal sausage sizzle afterwards at the RSL, 13-15 Station Street (next to the Shell servo) at about 12.00 midday, so please come along to the service and enjoy a sausage in a bread afterwards. There are also flyers in the windows of local businesses with details of

You may have noticed how good the grounds of the RSL is looking, thanks to a small group of diligent RSL members who have worked tirelessly to keep it all looking spic and span ready and for the RSL Christmas and Craft Fair.

Last year we held the event for the first time, mainly to get everybody in the Christmas spirit after many months of Covid lockdown. Considering it was the first time the event was held we were very happy with the result, it was very well attended – thank you to all the locals who came out and supported us, we had so many positive comments on the day and afterwards so we decided to hold it again this year.

The Koo Wee Rup RSL Christmas and Craft Fair will be held on Saturday 25th November at 10.00am – 3.00pm at the Koo Wee Rup RSL, 13-15 Station Street, Koo Wee Rup (next to Duff's servo). So far we've got nearly 30 stalls confirmed which is a big increase on last year. On the day we will also be holding our Christmas Cooking and Christmas Craft Competition for Juniors (primary school aged children) and Seniors (high school aged and adults), there will be entry forms for this fun competition in some of the shops in Koo Wee Rup or if you'd like one emailed to you please contact Kooweerup.rsl@gmail.com and we'd be happy to send you one – it's free to enter and you never know you might just win a prize card and bragging right! Also the Lions Club of Koo Wee Rup is generously sponsoring the Best Decorated Lions

Article and poem submitted by Joyce Mills

WHAT IS PEACE?



The following was written after seeing particularly horrific programmes on T.V.

Peace is a beautiful word, but when will peace come?

Men fight men fathers and sons. Babies and children cry and are frightened. Mothers daughters search for food ... When will it all end?

What are we doing to our wonderful world? Do you see the dew-drop on the leaf or hear the call of a bird? Do you feel the clasp of a child's hand in your hand? And look down at the trusting face? Those eyes that are watching you ... What are they seeing? Do they see love ... Or do they see hate? Where is the love which joins people in friendship?

If we are friends we will not fight. If we love we will have peace, we will not fight. When will we learn that love is more important than having \dots than wanting \dots than ... than stealing ... than .. killing.

Let us give ... and not take; give and not want; give ... and not

This world of ours is beautiful, the opening flower, the leaves blowing in the breeze, the perfume of the garden after rain, the beauty

of a single fern leaf.

People are beautiful ... a child, the love of a father and mother; The serenity of one at peace with god; Why are we trying to destroy all this?

A child is a child whatever her faith, race or colour. Children trust us. How can they grow up to love when they see no love now? Hate destroys but love renews . . . like the waves of the ocean, coming in, rushing out but always returning like water after a drought, bringing life to the earth.

Let us love the children we guide, give trust and faith to help make this world a better place as we live . side by side.

With love comes peace.

Mary Cabrera, N.S.W.

A Soldier's Prayer

Spare two minutes of your time For the countless years I gave of mine So bombs and bloodshed all would cease, That around the world there might be peace, Honour me by holding your life dear And take care to keep your loved ones near. Find every ounce of hope you can Then share it with your fellow man. And wear the poppy each November, A promise that you will always remember.

Laura Tapper.

Club Cake to the tune of \$100.00 for the winner – cakes must be a Lions Club cake with a portion of the packaging attached to the entry. There will be the colouring competition open to children between the ages of 5 – 11, entries available at the five local primary schools or the Koo Wee Rup Scout group. The Lions Club will be there with their "Great Sausage Sizzle". Finally and best of all Santa will be there for that lovely photo opportunity with your children, your well behaved doggies or both - what a great photo to give to Nanna or Pop or for doting "fur parents" to keep! We look forward to seeing many of you again this

year. EVERYBODY IS WELCOME - Don't be shy, please come in !!!

Anyway, that's about it from me for this month. Rodney Edwards - President

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Russell Hobbs water urn 8.8ltrs.

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Koo Wee Rup Senior Citizens

We welcome new members at an annual fee of \$10. Come and give us a try at Icke Road, Koo Wee Rup (next to the

Police Station). If you would like more information, please contact Andrew on 0420 326 691 or Leonie on 0477 249 000.

Activities include:

Monday: Indoor Bowls: 11am -3pm

Friday: Lunch followed by Hoy (a card game): 11.30am for

12pm lunch

4th Wednesday of the month: Activities morning: 10am – 1pm

We also have monthly outings/ entertainment / activities.



Let's celebrate National Recycling Week!

The community is encouraged to brush up on their recycling knowledge and attend local events on offer as part of National Recycling Week.

Planet Ark's National Recycling Week kicks off Monday 13 November, with the aim of educating the community to

take up better recycling habits. In recognition of the week, Cardinia Shire Council is running a 'Rethink' Recycling' education station, community pop-up sessions, and a clothing swap event for the local community.



'Rethink' Recycling' education station

The community can access educational resources to rethink their current recycling habits and submit these new habits to the pledge board at Pakenham Library from Monday 13 November to Sunday 19 November.

Recycling pop-up stalls

Speak to council's friendly Waste Services team about all things recycling at the community pop-up stalls. These sessions are being held on:

- Monday 13 November, 2-4pm at Village Lakeside Shopping Centre (9 Lakeside Boulevard, Pakenham)
- Friday 17 November, 10am-12 noon at Pakenham Marketplace (50, 54 John St, Pakenham)

Clothing swap event

Community members can refresh their wardrobe in a thrifty and fun way at the Clothing Swap event.

This free event will be held on Saturday 18 November, 11am-1pm at James Bathe Community Hub (67 Caversham Drive, Pakenham). Participants can bring up to 6 items in total of pre-washed clothing or accessories. These are then traded in for tokens to use as 'currency' for the swap.

According to council's last recycling bin audit, nearly 29% of items found in an average kerbside recycling bin didn't belong in that bin. When we place incorrect items in our recycling bins, it often means everything in the recycling bin is sent to landfill. By building better recycling habits and refreshing your knowledge on what goes in your recycling bin, you'll help reduce waste and keep valuable materials out of landfill.

To learn about how to recycle better and dispose of your household items go to our A – Z waste guide at www.cardinia.vic.gov.au/atozwasteguide

For more information about the upcoming events for National Recycling Week go to www.cardinia.vic.gov.au/wasteworkshops



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- Business financial statements and tax Returns.

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Phone 9708 2688

Some odd tales from the 1990s (Part 1) by Geoff Stokes

It's a few years ago now since I started writing stories for 'Blackfish' about my adventurous life, be it about work or pleasure. Scattered in between these monthly tales I also wrote some amusing facts and situations that other people had experienced over the years. This month I am writing about some separate standalone family stories and some unique experiences from my working days.

In 1993 Olive and I were living in a suburb of Perth, W.A. and during the month of March we flew over to Melbourne for the wedding of our son: a wonderful experience for us. When the wedding was over, we used the rest of our time in Melbourne to visit old friends. I do have an amusing story of a visit to two of our original Aussie friends whom we met when we lived in our first house in Templestowe after arriving from the UK in 1970. At that time Diane was a member of the local baby-sitting club as was Olive. Bill, her husband, was a professor at Melbourne University and in later years had lectured our son Jonathan in biochemistry during Jonathan's degree studies. It was during this trip to our son's wedding that they asked us over for dinner at their new house in Clifton Hill. They had moved from Templestowe and had almost finished renovating a beautiful old two-story house in this up-market suburb. We were really looking forward to seeing them again.

When we were invited, she told us that they had other friends coming over as well so we had to tell Diane that we also

SLOW CLOSURE

Oct 2023

Hidden by winter's slow closure, the Magnolia's branches now peppered with novel exploding buds are bursting forth like unknown heavenly forms offering atonement with sprinkled divine blood.

Against a Southern sky, pewter dull and dark leafless trees still rise in rows and encroach radiant and mute, appearing greedy for light rising majestic, coated in pearly white bark.

Southward the horizon grins wide and glows yet cramped by a weighty brim of rain cloud. Jagged treetops seen from a local lookout tower are swamped in sea-mist, like high-tide rocks.

The wide heavy sky bends like river willows lowering its attentive mind and appealing eyes while the heavenly armies prepare for total war clouds open, for now only light pierces through.

I look, but see only distraction and contentions. Heavy diesel trucks power through the little town the main road at night, marked by streaking tyres the signatures of youth's prayerless desperations.

Darkness scratched by the screech of cockatoos. Silence stroked by rolling wheels upon wet roads street lights in ringing rows shed jewellery sparks like pulpited priests spray and preach good news.

Above the farms, shops, the jewellery of the world currents of deep longing wrap the dark countryside. Night skies rush unseen over our heads as sea tides the glorious foamy spray, the angelic realms pride.

Births and deaths arrive like torrents of heavy rain down steep church roofs or into New York subways. Here, darkness descends on a quiet by-passed town all the elderly citizens are dreaming in quilted beds

Warren Breninger

had Olive's mother Amy with us, but Diane said that we must bring her along with us. So, on one evening of our visit to Melbourne we found ourselves sitting alongside some prominent guests at a very formally laid table. There were two other university Dons, a doctor, a real estate agent and a lady writer or news correspondent, as I recall. I was asked what profession I practised and the answer of a 'fluid flow engineer' saw eyes flick with unbelief that Olive, Amy, and I should be allowed to be among such an elite group of guests. Were we out of our depth here their conversation now seemed to suggest. And so, the talking went on about their overseas holiday jaunts, the prestige cars they drove, the treasures they owned and, most of all, the famous people they had met along the way. The talking went on and on for ages with Olive, Amy, and me listening and looking on with eyes wide open in amazement at these self-promoting conversations about themselves, their pseudo altruistic deeds and their celebrated and prominent friends.

During all this chat about the famous people that they knew, previously silent Amy pipes up with, "I have met the Queen you know!" There was absolute silence and Olive, and I froze because we knew it wasn't so. Nevertheless, Amy had the floor, and all the others were now in complete awe of this elderly lady, who, by the way was 90 at the time! Amy told them that it was Ascot races where she had met the Queen and she then continued to describe in detail what the Queen wore and what she did and what she said. After this horse racing story, the evening was very different with everyone now listening to every word Amy said and now also, their obvious forbearance to us.

When we returned to wherever we were staying – I can't remember exactly – we took Amy to task and asked her about her story of meeting the Queen. She said she had been extremely annoyed at the way these people were treating Olive and me as if we were nobodies and we had nothing to add to their experiences with anything that we had done over the years.

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"I fixed it," she said, "I did meet the Queen at the races – I saw her quite close, she waved to us from the Royal Carriage. I didn't say to them that we had been introduced, and I really did hear her speak. I could not stand back and see the embarrassment they were causing you, and this story of mine worked. They think we are somebody now". We did laugh at this, and, over the years, we have often chuckled at Amy's rescue of us as a family with her tale to these slight snobs of her brief association with royalty.

At work my manager and friend John, told me of his plans to get more orders from the Kalgoorlie-Boulder area. It had the country's largest gold mines with gold and the associated minerals of tantalum, spodumene, lithium and tin further north at Leonora. We planned this trip for July 1993, and I would, this time, be alone. John, my manager, would not be accompanying me. The Sons of Gwalia Mine at Leonora is 236km north of Kalgoorlie and Kalgoorlie is 596km from Perth, quite a long trip by road and just north of Kalgoorlie it's all dirt road. To cut a long story short Olive and I decided that she would come with me, and our own money would pay Olive's expenses. John also said I should take with me one of these new mobile satellite phones so that we could keep in touch with each other. Enquiries found that such a phone would cost over \$3,000 including an installation in the car's boot! So that plan fizzled out. Fast forward to today and we all have

a mobile phone costing a fraction of that amount and no car boot installation required! How times change.

We had an excellent trip which brought in many orders over the coming months for specialist valves, but it also gave my dear Olly an insight into the sort of work/travel that I did. I do recall she helped with the driving on the day we travelled to Leonora, starting well before dawn for an 8.30 am appointment. I think the guy I was visiting was a bit of a sadist to suggest that time, but we did it, we arrived on time, and I picked up some orders after explaining and demonstrating the technical advantages of our unique valves and valve actuator equipment. Have a look at my car after this day out at Leonora and the mines.



Whilst we were in Kalgoorlie, I also caught up with some of my ex-colleagues from another company I had worked with a couple of years before. I also remember we had dinner one evening with the area manager who had been the office manager in Perth when I was with them. She now drove a large four-wheel drive wagon, absolutely necessary for the terrain around this area of WA. It was an excellent trip and Olly loved it. Today I cannot remember what time of the year it was, but it was certainly way after the July 1993 visit to Kalgoorlie and Leonora, when yet another life changing event took place. A colleague and fellow rep, who had been visiting our Melbourne head office for some training or other, came to me the morning he arrived back and told me that our Managing Director, had been on the same plane as he, albeit in business class, and was bringing us some bad news. Indeed, he did, and within half an hour of arriving and talking to John, I was called into the inner sanctum.

The MD didn't beat about the bush and explained that although our WA sales figures were good overall, the Company needed to reduce costs. As I was the last one to be employed, he had decided to let me go — whatever that meant at the time. He said he was very sorry, but I could keep my company car until I got another job, and I could have the standard one month's notice. I have to say he seemed very embarrassed having to tell me this. I was flabbergasted but somehow not surprised. It's so long ago now that I can't recall my feelings at the time, but I do remember I didn't fret too much at all. Within a week I had another job, even though at that time I was 61 years old.

I joined yet another valve, piping, and petroleum industry products company. I was recruited as a technical rep directly by the state boss whose name I now can't recall. It was a privately owned company and the sole owner lived in Sydney and took a very active part in the Company's sales effort and running of the show. Both he and our Perth boss were completely into personality training with all the modern hype of self-motivation programs etc. We were all given CDs on the subject to listen to in our spare time. The products they sold were first class and I enjoyed this new challenge, and these pipe work items and valves were very well accepted by the industries.

My visits to my regular customers albeit under another company name, went off very well. Everyone seemed to understand my situation and the orders came in well and regularly. Here is a brief look at this Company's range viz: Safety and relief valves, ball valves, butterfly, gate, and globe valves. Together with control valves, steam parallel slide valves, pump re-circulating valves, solenoid valves, de-superheating equipment, and electric and pneumatic valve actuators. Quite a range of top-class products to be involved with.

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The office manager was another fellow I had known when we both worked for the same WA Company, not all that long ago. I was with this new firm for about four or five months, and, in the penultimate week of my employment, the Sydney boss and owner came over to conduct some motivational training. Unfortunately, no one told me he was coming so I just sauntered in one morning after a visit to the Western Mining Company and already this motivational training was in full swing. He was not amused and wouldn't believe that no one had informed me of his pending arrival. He reverted to cynical sarcasm about my age and capabilities; it was an uncomfortable situation I had never experienced before (or after!). In the middle of all this angst and serious threats by the Sydney boss that I must improve or else, I actually received a phone call on his Company's land line from my previous managing director, the same man who had sacked me four months ago. He said, to my utter disbelief, that he now realised he had sacked the wrong man! He would like me to rejoin the Company and move to their head office in Melbourne as the Australian Manager responsible for all engineering training with a bigger salary, all removal expenses paid, and a company car. Would I join him for dinner in Perth tonight? To cut a long story short I accepted his offer and planned to join the company in Melbourne in April 1994. All this, of course, after long talks and deliberations with my dear Olive who from the beginning thought it a great opportunity to once again be close to our children and family whom we had both missed very much over the last five years. They were all growing up very quickly and we were missing out on such a lot that was happening to them - good and bad. So, the decision was made, and once more the Stokes' would be on the road. Continued next month

Heart Foundation Walking Evening Group

We had a very wet start for the walking group this year. Not just having to contend with early dusk for the first month but we were totally washed out in Week One having to walk under the shop veranda's and then constantly watching the sky for the next downpour in week 2. Never the less we have some dedicated walkers which is fantastic. It didn't dull the conversations either. So why not join us for this **FREE** local activity. We meet at 7 pm at the bus interchange/clock towers in Rossiter Rd every Thursday night during daylight saving and welcome all fitness levels.

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Our highly skilled skin cancer doctor, Dr Bruce Lim, has a comprehensive understanding of skin cancer and treatment, acquired from years of additional study beyond a medical degree. His experience gives you confidence that he will accurately diagnose and treat skin concerns in a safe medical environment. His breadth of knowledge and treatment of patients, and expertise ensure the highest standards of professionalism and safety.

Bruce has undertaken significant further training in the field of skin cancer medicine and is accredited by the <u>Skin Cancer College of Australasia</u>. He has developed skills in skin cancer surgery including facial surgery, skin flaps (including nose, ears and lower leg repairs) and skin grafting. He is also passionate about promoting sun awareness and <u>skin cancer prevention</u> with his patients

Technology

Using dermatology software powered by artificial intelligence (AI), we can capture high quality digital images of your skin and record exact detail for future comparison monitoring suspicious lesions for any changes, resulting in earlier diagnoses so you can avoid unnecessary procedures.

Need a skin check?

Anyone with changing spots, or spots that look very different to others on their body, should have them assessed by an accredited skin cancer doctor as soon as possible.

Even if you are unsure if your spots have changed, it's worth having a doctor check your skin to ensure nothing is amiss. If you have a history of sunburn, multiple spots, previous skin cancer, or a family history of melanoma, you are at risk of skin cancer. The same is true if your family has light-coloured skin, even if you yourself have darker skin.

Remember that the damage may have been done when you were young, so just because you don't get sunburnt any more doesn't mean you're safe from skin cancer.

Early detection and treatment is essential

Melanoma is the third most common cancer in Australia, and more people are being diagnosed with skin cancer every year.

The good news is that, if detected early, there is approximately a 99% chance of survival as the melanoma can be confined to the skin. Delayed diagnosis, however, may result in the melanoma spreading to other parts of the body. Once this occurs, it becomes a highly aggressive cancer which makes it difficult to treat.

Unfortunately, melanomas don't present symptoms so the only way to find them is to examine your skin.

A full-body skin check by an accredited skin cancer doctor is the best aid in early diagnosis.

To make an appointment call 59 252 000 or book online

Koo Wee Rup Bowls Club

Finally, there is some good news on the Clubhouse/Community hub project. The Shire has opted for the modular building and preliminary work should begin before the end of the year. The Federal Government has extended their grant to 31st December 2024 but the Shire are hoping for completion within 12 months.

The next round of Friday Triples has been played in cool conditions with the Winning rink being Luke Monckton [Garfield], Charles Poulsen & Joe Barlow [KWR] with 35 pts & 21 shots up. Runner Up team was Dennis Throap, Denise Hamilton & Lynne Thomas [Phillip Is.] also with 35 pts & 6 shots up. Best 1st game was won by Trevor Kitchin, Ken White [Longwarry] & Noel Speight [KWR] with 19 pts. & best 2nd game to Neville Kitchin, John Williams & Don Jeffery [Lang Lang] on 16 pts. Most "touches" for the day was won by Denise Hamilton [Phillip Is.] with 7. In perfect conditions we had 5 teams with 2 wins. Winning score was Vince Bevilacqua, Lindsay Stephenson & Luis Aquilera (Pakenham) with 36 pts. The Runner Up rink with 34 pts. was Trevor Kitchin, Ian Peterson & Ken White (Longwarry). Best 1st game with 18 pts. was Ken Clifton, Ned (Pakenham) & Tina Courtin (Carrum) and best 2nd game was won by Keith Harding, Colin Scales & Max Adams (Lang Lang) also with 18 pts. The coveted most "touches" award was won by Luis Aquilera (Pakenham) with 8 touches.

Pennant season "kicked off" on Saturday Oct. 14th and after many anxious days we were able to just field 2 teams. Our line-ups included newer players Bec & Jimi Watts, Cam Davey, Mel Alexander, Erin Price, Mav Katz together with Rob Matthews (rejoined), Steven Jenkins (Murrumbeena), Ian Richardson (South Oakleigh) & Wayne Stevens (former member & Karingal). After some wheeling & dealing with MPBR we were placed in Divisions 8 & 9. Div. 8 were at home to Hastings & Div. 9 away to Dromana.

Mixed results from the 1st round with Div. 8 at home to Hastings & Div. 9 making the trip to Dromana. With 2 rinks having big wins, Div. 8 had a 88-30 win and collected all 16 pts. All rinks had good starts to their game with Brett Condron, Peter Butera, Bec Watts & Daniel setting up a 35-8 win with a scoreline that looked like14-3 & 28-7 at various stages. A steady start followed by a run of 19 shots was the catalyst for Steven Jenkins, Ian Richardson, Jimi Watts & Jim Jenkins to win 35-5. Our other rink started well [16-1 after 9 ends] but somebody forgot to inform Wayne Stevens, Rob Matthew, Rex Alexander & Jacqui Butera that the game is played over 21 ends. They managed to hold on to win 18-17. All the new players/recruits acquitted themselves very well which was pleasing to see. Playing at Dromana, Div. 9 copped a lesson in the game losing11-66. Tim Katz "skipping" a very inexperienced rink of Cam Davey, Mav Katz & Mel Alexander [only 10 games between them] were never in the game losing 5-40. Our other rink of Margaret Royle, Jill Roissetter, Peter Stevens & Erin Price started steadily but then lost the 6 ends & 18 shots losing 6-26.

Tuesday 17th Oct. was the starting date for Tuesday Pennant with Div. 4 playing Beleura at home. The 2 teams had never played against each other before and a close game was a good result for us to win 53-49 for the 1st game. We only managed to win 1 rink but the other 2 kept within touch for an overall win. Unable to guide her rink to a win Joy Jenkins, Betty King, Jacqui Butera & Stephen Payne after giving their opponents to big a start and finished with had a narrow 14-18 loss. Very much the same story for Jim Jenkins, Charles Poulsen, Pauline Gray & Joe Barlow in a close game with the biggest margin all game was 2 shots before being defeated 14-16. A comfortable 25-15 with a good finish resulted in a win for Trevor Kitchin, Margaret Royle, Jill Roissetter & Julie Walker ensured an overall win. We have a number of players that can still fit into this team so it should get stronger as the season progresses.

The 2nd round of Saturday has been played with Div. 8 travelling to Karingal for a rare game on grass and managed a comfortable 79-52 win to maintain the solid start to the season. With a lead [11-1 after 5 ends] this time the rink of Wayne Stevens, Rob Matthews, Rex Alexander & Jacqui Butera built on the start to win 27-12. A slow start and an outstanding finish was the story of the day for Brett Condron, Peter Butera, Bec Watts & Daniel Price. Trailing early [6-15 after 12 ends] they scored 14 shots over the last 3 ends to win 29-17. In a close game the rink of Steven Jenkins, Ian Richardson, Jimi Watts & Jim Jenkins scored 3 shots on the final end to draw 23-23. Div. 9 playing at home against Mornington Civic opened their account for the season with a 40-40 draw. Both rinks had a close game with a margin of 2 shots on each one. Margaret Royle, Jill Roissetter, Peter Stevens & Erin Price were beaten 18-20. A 22-20 win for Tim Katz, Cam Davey, May Katz & Mel Alexander was sufficient to draw the game on the day. This was an excellent effort considering the "belting" they received in the 1st round.



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1st Koo Wee Rup Scout Group

Group Leader - Brooke

Contact 0457 171 039-or 1stkwrscouts@gmail.com

With the countdown to Christmas fast approaching Scouting in Koo wee Rup has not slowed down. There is only one month left to buy your Monster Raffle ticket. Over 100 prizes to be won and 1st prize it a car.

Joey scouts have been learning about air this term.

Cub Scouts went for a visit to the Op Shop and brought some outfits for an 80's Disco night.

Scouts are practicing their campfire cooking and our Venturers joined in on the worldwide Jamboree on the Internet. They talked to scouting members all around the world.









Do you have a child that would like to come along and see what we do? Or are you an adult that has some free time and would like to help shape our future leaders? We have space available in all sections, so if you are aged 5 to 25 get in touch, we would love to meet you.



Joey Scouts 5 to 7 year old Monday 6:30 - 7:30



Cub Scouts 8 to 11 year old Tuesday 7:00 - 8:30



Scouts 11 to 14 year old Wednesday 7:00 - 9:00



Venturers 14 to 17 year old Friday 7:00 - 9:00



Rovers 18 to 25 year old Thursday 7:00 - 9:00



EVERY THURSDAY!

Community Hall, Nar Nar Goon (opposite the primary school)

Special Bingo Dates:

Easter Bingo - 6th April 2023 Birthday Bingo - 24th August 2023 Christmas Bingo - 21st December 2023

Bigger game prize wins! 2 x additional raffle draws

Heated / Cooled venue. Canteen. EFTPOS available. 1st Session - books sales from 6:30pm (\$2 games), or 2nd Session - book sales from 8:00pm (\$4 games) 2 Bingo flyers plus Rays Raffle (win \$50 cash or \$50 meat tray from The Butcher With the Chef, NNG) \$1,000 in the final Jackpot (if sufficient books sold)

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The latest news from the Community Advisory Committee.

The next meeting of the Community Advisory Committee (CAC) will be held on Tuesday the 21st of November 2023. Details of our previous meeting held in August were published in the September 'Blackfish'. However, no time is ever wasted because all our members are active on most days, contacting each other to discuss any problems which have or could arise in connection with the users of the Koo-Wee-Rup Regional Health Service (KRHS).

In August, Geoff Stokes representing the KRHS CAC, attended the Cardinia Seniors' Network meeting and this time the meeting was held in Koo-Wee-Rup at the Senior's club rooms. The meeting enabled representatives of the Cardinia Shires' Seniors' Clubs and Associations to get together and discuss the many varied activities and associated problems that occur with all Seniors as they age and mature. Also, details were given of the activities to be held across the Shire to celebrate the Seniors' Festival during the month of October '23.

As mentioned above the next meeting of the Community Advisory Committee will be held in November. But, in the meantime, any of our members will be available to help you if you want to communicate with the Koo-Wee-Rup Regional Health Service Board of Management about problems that could be upsetting you, as a patient, a resident or a carer, and also, maybe, as an individual Koo-Wee-Rup resident or, indeed, from the whole community's point of view. Any Community Advisory Committee member will listen to you closely and acknowledge your concerns, so that any problem you may have is understood and seriously considered. We are your advocates always.

If you as a consumer/customer, have a suggestion or some nagging thoughts about your difficulties, or your dependant's comforts or problems with any aspect of the KHRS, then get in touch with the KHRS CAC. Simply phone KRHS on 5997 9679 or Geoffrey Stokes on 0435 085 002 Or you can email: <code>geoffreystokes@geoffstokes.com</code> Your email will be acknowledged. As stated above, the next meeting of the committee is planned for the 21st of November 2023 at 10:00 am. Before then we shall have informal meetings with each other to check on any problems that may have arisen or are arising.

Geoff Stokes.





Need a friend?

Recently retired?

New to KooWee?

Join us for,



HAVE A CHAT CHUESDAYS

WHERE? Uniting Church hall, 348 Rossiter Rd. WHEN? Tuesday 14th November. 2pm-4pm.

This month's theme is CHRISTMAS PREPARATIONS

Help us make some simple CHRISTMAS DECORATIONS, play christmas games and puzzles, and HAVE SOME FUN, all whilst having a cuppa and some afternoon tea.

All free.

New faces always welcome. We are a non threatening friendly group. If you think we will all be strangers, we are not. We are friends you just haven't met yet.

For more info please contact.... $Jenny \, o409009529$

KOO WEE COFFEE CLUB



Catching up with locals to have a coffee and a chat from 10am onwards on the following days:

November	1	Royal Hotel
	22	Chandelier Café
	29	Degani
December	6	Royal Hotel
	20	Chandelier Café
January	3	Royal Hotel
	17	Chandelier Café
	31	Degani





Enquiries ph Jo on 0428 557 411



Koo Wee Coffee Club

Getting to know your Family History: The final of a series of talks.

Presented by

Jane Rivett-Carnac, President
of the Narre Warren & District Family History Group
and Heather Arnold, President of the Koo Wee Rup Swamp Historical Society.
Venue: Koo Wee Rup Swamp Historical Society Museum, 325 Rossiter Road,
or Henry Street, Koo Wee Rup.

Talks run from 11.00am to 12 noon.

Programme

November 16

Bring your questions, road blocks, success stories from your family history research

Gold coin donation appreciated. No bookings required.

Parking available at rear of Museum.

More information - Jane 0412 084 671 or Heather 0407 521 637



These talks are brought to you by the Narre Warren and District Family History Group and the Koo Wee Rup Swamp Historical Society



Get ready for happy summer days at the outdoor pools

Cardinia Shire's outdoor pools will open again in November.

The pools at Koo Wee Rup, Pakenham and Garfield will open on Saturday 11 November, with the wading pool in the Emerald Lake Park Precinct scheduled to open on Thursday 23 November.

In a change to operating days across the entire opening season, pools will open if the temperature reaches 26 degrees in the pool's location, as forecast by the Bureau of Meteorology at 4pm the day prior.

To check if their local pool is open on a particular day, residents can visit the Cardinia Leisure website homepage during pool operating months, anytime from 4pm the day prior to their planned visit. Pool opening information will also be

posted daily on the Outdoor Cardinia **Pools** Facebook page.

The decision to open the shire's outdoor pools on days 26 degrees or warmer was made after reviewing pool attendance data over the past few years. This data showed that low or no attendance was quite common on days under degrees.

Maintenance, cleaning and upgrade works have taken place on all outdoor pools in preparation for summer 2023-24.

For outdoor pool dates, season operating hours and entry fees visit the **Outdoor** Pool season 2023-24 page on the

Cardinia Leisure website.

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Free green waste drop-off in December!

Residents are encouraged to prepare for the 2023-24 fire season at the FREE green waste drop-off event this December. Cardinia Shire Council's green waste drop-off events are a free service accepting residential amounts of green waste including garden prunings, tree branches and trunks (up to 30 centimetres wide and 1 metre long), weeds, grass clippings, leaves, and flowers.

Residents must present photo ID as proof of residence within Cardinia Shire to access the free service.

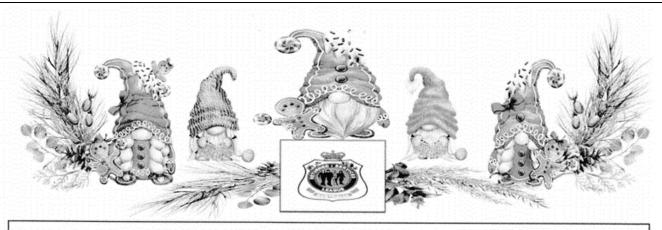
Waste will only be accepted from residential vehicles and trailers; commercial business operators cannot use this service.

Friday 1 to Monday 4 December 2023

Future Recycling Transfer Station 30-32 Exchange Drive, Pakenham

All days: 9am to 4pm

For more information about Council's waste drop-off events, visit www.cardinia.vic.gov.au /dropoff



Craft & Cooking Competition at the RSL Christmas & Craft Fair

9-15 Station St Koo Wee Rup (Opposite News Agency)

Saturday 25th Nov 2023 10:00am to 3:00pm

Email for Entry Forms kooweerup.rsl@gmail.com Or pick up form from Senior Citizens, KWRup Lions Op Shop, Craft Quarters, KWRup Mens Shed, & KWrup Regional Health

Junior Section (P.S School Age) Best overall exhibitor Rosette

Senior Section Best overall exhibitor Rosette

Lions Christmas Cake Best Decorated Cake, 1st Prize \$100 Donated

by Koo Wee Rup Lions Club (SPECIAL/LC)

(must have portion of cake packaging box attached as proof of Lions Christmas Cake)

JUNIOR Section Cooking:

- 01 Decorated Cake Christmas Theme
- 02 Christmas Themed Cup Cakes x 6
- 03 Christmas Theme Biscuits x 6
- 04 Decorated Gingerbread Man
- 05 Christmas Themed Chocolates x 6

JUNIOR Section CRAFT:

- 06 Handmade Christmas Decoration for tree or table
- 07 Hand drawn or Painted Christmas Card
- 08 Other piece of handmade Christmas Craft



All Entries RECEIVED Between 4- 6pm Friday 24th November '23

At RSL Station St Koo Wee Rup (opposite News Agency)

For more info Contact: RSL Secretary Bev Edwards 0400 584 235

SENIOR Section Cooking:

- 01 Decorated Cake
 - Tradition Theme
- 02 Decorated Cake Novelty Christmas Theme
- 03 Christmas Themed Cup Cakes x 6
- 04 Christmas Themed Biscuits x 6
- 05 Shortbread 6 pieces
- 06 Decorated Gingerbread House

SENIOR Section CRAFT:

- 07 Decorated Christmas Stocking
- 08 Christmas Runner or Placemat
- 09 Handmade Christmas Item -
- Your Choice Max. size 1m x 0.5m,
- NO LARGE QUILTS
- 10 Christmas Table Centrepiece
- 11 Dressed Doll/Toy -
- In Christmas Themed Clothing

Shire's Australia Day Award nominations now open

Nominations are now open for Cardinia Shire's 2024 Australia Day Awards.

Nominations can be made in the following award categories:

- Citizen of the Year
- Senior Citizen of the Year
- Young Citizen of the Year
- Community Event of the Year

The Australia Day Awards recognise excellent contributions that individual citizens and community events make to the Cardinia Shire community.

Nominees must be Australian citizens and live, work or study in Cardinia Shire. They need to have made a noteworthy contribution to the shire during 2023.

Cardinia Shire Mayor Cr Tammy Radford encouraged community members to take the time to nominate deserving local volunteers and local events.

If you know someone who's contributed to our community this year, or you've been to a great community event in Cardinia Shire, then head to Council's website and make a nomination.

It's a really meaningful way to show your appreciation, and to highlight the wonderful work being done to strengthen and benefit our local community.

To be eligible, nominees for Young Citizen of the Year must be aged 25 or under on 26 January 2024. Senior Citizen of the Year nominees must be aged 70 years or over on 26 January 2024.

Community events must have be en held between November 2022 and November 2023 at a physical location in Cardinia Shire or hosted online by a not-for-profit organisation based in Cardinia Shire. Previous award winners are not eligible to win an award in the same category for at least 5 years.

For more information and to make a nomination visit <u>www.cardinia.vic.gov.au/australiaday</u> Nominations close at midnight on Sunday 12 November 2023.





November to provide you and your friends/family with some valuable knowledge and ideas. Term 4 continues with a wide range of courses an inclusive society for all including Computers, a Post Covid Parent Support Group and our inclusive All Together Choir and much more.



To view our complete Term 4 Program Guide visit www.outlookaust.org.au, drop in for a booklet or scan the QR code. If you need some assistance, please don't hesitate to give us a call.

HOW TO ENROL IN A PROGRAM:

In Person: 24 Toomuc Valley Road, Pakenham, Online: www.outlookaust.org.au/book-online, Telephone: 5940 4728, Email: communitycentre@outlookaust.org.au, Payment: Credit Card - online, over the phone or in person, Cash, cheque or EFTPOS

Outlook Community Centre will present FREE information sessions in

Bring Your Bills Days

Need help to beat the rising cost of living?

South East Community Links (SECL) provide this opportunity to speak with a financial counsellor and access information and support from a range of organisations. If you are experiencing financial challenges brought on by cost of living

pressures then this event is for you.

Cost FREE

SOUTH EAST

COMMUNITY

LINKS

Monday 27 November, 11.00am - 3.00pm (drop in any time)

Financial Preparedness for Retirement Learn about planning for all stages of retirement:

- How to contribute to superannuation while working, then accessing your superannuation when retired.
- How does tax change pre and post retirement?
- What accommodation options do you have in retirement?

Cost FREE Tuesday 21 November, 6.30pm - 7.30pm Presented by Financial Information Service, Services Australia

Better Financial Decisions

Build your knowledge to make better financial decisions

Most of us have felt the strain of the increased cost of living. This session will help you to understand your bills, create a budget, learn to control your money and find the right support services for you.

Eligibility to attend session: you need to be receiving a pension, Commonwealth allowance or payment.

Tuesday 21 November,

1.00pm - 2.30pm OR 6.00pm - 7.30pm Cost FREE Presented by Good Shepherd

All Together Choir

Singing can improve health, happiness and confidence

Come and join our fun inclusive choir. If you enjoy singing and want to meet new people then this is the group for you.

Thursdays commencing, 5 October for 10 sessions, Cost \$7 per session 10.30am - 12.00pm

Wills and Power of Attorney Information Session Are you wanting to make or change a simple will and have questions to ask?

South-East Monash Legal Service presents an information

session on Wills and Power of Attorney with an opportunity for Q and A at the end.

SOUTH-EAST **MONASH** LEGAL

Wednesday 15 November, 10.00am - 11.00am

Cost FREE

Computer Maintenance, Internet Safety and File Management

Keep your PC running smoothly and your data secure

This course covers several maintenance tools and options, managing your files and folders (including backups), staying safe on the internet, avoiding online scams, managing passwords and much more.

BYO USB stick. (Note: Some of the course content is specific to computers running Microsoft Windows - ie. not Apple/Mac/iPad).

Mondays commencing 13 November for 3 sessions, 9.30am - 1.00pm Cost \$15

Canva

Free online graphic design platform

Learn to create professional social media posts, business cards, invitations, flyers. Make the most of this attractive platform to utilise for business needs and pleasure.

Mondays commencing 20 November for 2 sessions, Cost \$30 9.30am - 12.30pm

Post Covid Parenting Support Group For parents and carers struggling with children and teenagers in the world after lock-down

Supporting each other through issues such as adolescent mental health issues, school avoidance and life in general after lock-down.

Hosted by a qualified Nutritionist and wellbeing coach to support and provide strategies and tips for the whole

Meets Fridays once per fortnight: 10 November, 24 November and 8 December, 10.00am - 11.30am Cost \$5 per session

KOOWEERUP REGIONAL HEALTH SERVICE

235 Rossiter Rd. Koo Wee Rup. Vic. 3981 Phone: 5997 9679
Email: info@krhs.net.au Website: www.kooweeruphospital.net.au

November 2023

Find us on



Forget-Me-Not Café

The Forget-Me-Not Café is an opportunity to make new friends and nurture old ones, share experiences and create new ones in an environment of support and understanding.



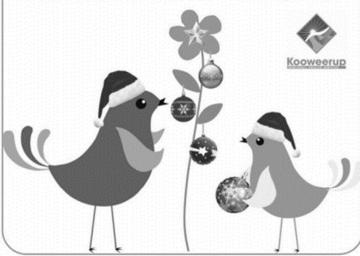
Join us at the Forget-Me-Not Cofé
Hewitt Eco House Community Room
215 Rossiter Road, Koo Wee Rup
Tuesday 28th November 2023
10.00am - 12.00pm



The Café aims to bring together people living with dementia and their loved ones in Koo Wee Rup, and surrounding areas.

The Café is a nurturing space that offers enrichment, support and understanding, where you can share experiences with others living with the challenges of dementia.

Contact Joanne for more information 5997 9655 Joanne.Cain@krhs.net.au





Pictured here helping on the day is Charlea, Blake and Pat who also enjoyed finding this carrot in the Community Garden.

Building a Bandicoot Backyard

What fun was had in the Community Garden building bandicoot habitat on Saturday 21st Oct. KRHS joined forces with Cardinia Councils Natural Resource Planner Rob Jones for Mental Health Month. Aileen Thoms, Director of Primary Health shared some research on the benefits for mental wellbeing on Nature Dosing - The deeper the green the greater the benefit, however, each and every one can benefit from looking at nature, tasting, touching, smelling. Even virtual nature images can help us to relax - we need at least 20mins a day or 2 hours a week to improve our health. Check out People and Parks Live Nature Wise. Live Nature Wise | People & Parks Foundation (peopleandparks.org)

Rob told us about Bandicoots and where they have been located around the local area. He showed us the Biolink plan then we went outdoors and got dirty planting up various plants that bandicoots love.

A big thanks to everyone who came along and to the Mens Shed who cooked up a delicious







We provide a range of centre and community based services: Acute Care, Early Parenting Unit, Transitional Care Program, Respite and Residential Aged Care, Community Health, District Nurses, Home Care, Pathology and Allied Health for example: Physiotherapy, Occupational Therapy and Social work. There is also Specialist Medical Services such as Podiatry and a Diabetes Clinic. KRHS is a member of the 'International Health Promoting Hospitals Network' and 'Global Green and Healthy Hospitals'.

The Better Farming Train

By Heather Arnold Koo Wee Rup Swamp Historical Society

The Better Farming Train was established in 1924 by the Victorian Railways and the Department of Agriculture. The train travelled around Victoria, stopping for a day or so at various country railway stations, and provided lectures and demonstrations to farmers to improve farming techniques and therefore raise agricultural production. If agricultural production was raised then the Railways would also benefit as nearly all produce was moved by rail. The train made 39 tours of country Victoria between 1924 and 1935 and stopped at over 390 towns. Over 250,000 people attended these lectures. Most of the trips were made before 1930, and due to the Depression, only one trip per annum was made after that. During World War Two the carriages were converted to recruiting trains.

The train initially consisted of fifteen carriages and three extra carriages were later added; it was very distinctive as it was painted a bright orange-yellow colour. Once the train arrived at the Station the various displays were set up. Each carriage contained information and exhibits about different areas of agriculture such as potatoes, dairy, bee keeping, poultry. The train actually carried livestock such as cattle and pigs, enabling a hands-on approach to the subject. There was also a pasture carriage, which had various plant varieties growing. The train had expert lecturers from the Department of Agriculture and the Education Department to provide information on various topics and demonstrate new techniques.

Carriages were also provided for lectures and demonstration to women on cookery, needlework, child welfare and home nursing. Between April 1925 and November 1929 the women's section of the Better Farming Train operated separately. To maximise the audience these carriages were attached to regular trains, either passenger or goods, and taken to a town where they might stay for a day or two and then be moved on by another train to the next location. An additional carriage, the Public Health Car, was later added and this was staffed by members of the Public Health Department. The Mothercraft and Child Welfare carriage could seat 80 people and the 'Domestic economy' car, could accommodate 60 people.

The inaugural stop was at Bunyip, where the train arrived at 9.20am on Monday, October 13, 1924. It was met by the Berwick Shire President, Cr J. Dore and other members of the Council. Also present was the Prime Minister, Mr Stanley Melbourne Bruce, and the Railways Commissioner, Mr Harold Clapp. As reported in *The Herald*, the Prime Minister said *I have taken the opportunity of inspecting the train at its first stopping place. I cannot speak too highly of the manner in which the train has been made up nor of the immense value of the work it will do.*

Over 800 people inspected the train and listened to various lectures including - Horse Breeding Act; Examination of stallions; Jersey and Red poll cattle; Friesian and Ayrshire cattle; Grading cows; Pigs; Herd

A group of residents at the train at Koo Wee Rup
Weekly Times, November 19, 1927

testing; Milk grading; Grasses and top dressing; Feeding cattle; Bees and honey; Feeding pigs and Potatoes. For the women, there were demonstrations in needlework and lectures on mothercraft and child welfare. In the evening, Amalgamated Wireless Limited had a set attached to the train and district residents had the opportunity of hearing Dame Nellie Melba in Grand Opera.

The Better Farming Train was at Koo Wee Rup on November 14, 1927. The Argus reported that the main topics of agriculture discussed were potato growing and dairying. As the article pointed out, the Koo Wee Rup region produced one fifth of Victoria's total potato production with Carmen being the principal variety grown with yields of five tons to the acre. The potato lectures covered seed selection, storage, cultivation, manure application and disease control. The other focus of the visit was dairying and *The Argus* reported that 600 cans of milk were sent daily from Koo Wee Rup.

At Koo Wee Rup, over 100 women attended the Better Farming Train demonstration on cookery and needlework, clothing design and an infant welfare nurse was also available to examine babies. The Women's Section of the train had also visited Koo Wee Rup on February 8, 1926.

The Koo Wee Rup Sun of November 17, 1927, also reported on the visit of the Better Farming Train -

Better Farming Train Visits Kooweerup - Thousands of farmers have not had the privilege of attending agricultural colleges or experimental farms, with the object of securing the latest scientific results of research work, therefore, the ideals of the Agricultural department in collaboration with the Railways department in sending expert lecturers and demonstrators to the country is a highly commended action. This is performed per medium as what is known as the Better Farming Train. Every centre visited by this train attracts large attendances, which amply demonstrates that the rural population appreciates the short course of training.

Continued next page

The Better Farming Train (from previous page)

By Heather Arnold Koo Wee Rup Swamp Historical Society

On Monday the train, composed of 17 cars and trucks, equipped with wonderful exhibits and accompanied by trained demonstrators, visited Kooweerup, and a large number of farmers and their families displayed keen interest and delight in the lectures and exhibits. The lectures were delivered in a tent pitched on the reserve. The first lecture was delivered on "Stock Feeding" by Mr J.M. Kerr, senior dairy supervisor. He pointed out the merits of the composition of various produce and their action in production of flesh and milk. Mr W.J. Yuill, senior dairy supervisor, next dealt with "Herd Improvement," and emphasized the value of breeding from the purest stock, also the benefits derived by having herd testing associations

General View in Station yard, Koo Wee Rup - Weekly Times, November 19, 1927

At 1.30p.m., a stock demonstration was held, and the splendid animals exhibited were greatly admired. Mr J.T. Ramsay, potato expert, gave an address on "Potato Culture," and showed the wonderful improvements effected by following up-to-date scientific methods. He stressed the value of proper seed selection, correct

in dairying districts.

storage, treatment for the prevention of disease, grading for market, etc. The value of top dressing was next demonstrated by Mr Ryan, followed by an edifying lecture in "Pig Breeding" by Mr R.T. Archer, senior dairy supervisor.

For the womenfolk very educational addresses were delivered as follows — Sister Peck, "Mothercraft" and "Home Nursing," Miss N. Cader, "Cooking."

In the evening Mr Pederick had a large audience for a discourse on "Poultry," and he showed many defects which are committed by poultry keepers. He also by means of lantern slides copiously illustrated his points and strongly urged careful selection and packing in sending birds to the market. Afterward the exhibits in the cars were examined and admired by many persons who were unable to attend during the day.

Other visits to the Koo Wee Rup Swamp area and surrounds include Lang Lang on November 10 1924 on way to South Gippsland and Cranbourne on Saturday November 15, 1924 on the return journey. It went to Berwick on Friday July 3 1930, where 1,000 people inspected the train

Women residents of Koo Wee Rup outside Cookery and Needlework cars waiting for lectures to begin - Weekly Times, November 19, 1927

including students from the local State Schools and Dandenong High School. The train stopped at Clyde on Tuesday July 21, 1930 and the next day at Yannathan and then continued on to South Gippsland. Over 700 people attended the visit of the Better Farming Train to Clyde and they came from Cardinia, Dalmore, Tooradin, Devon Meadows, Lyndhurst and Cranbourne.

The Better Farming Train is an interesting aspect of our history and reflects the importance of the railway in people's life at a time when most people didn't have a car and, until the 1960s, nearly all the farming produce (milk, potatoes other vegetables, cattle) from the area was dispatched by train to market.

A version of this story with full references can be found here https://kooweerupswamphistory.blogspot.com/2022/01/better-farming-train.html

The Koo Wee Rup Swamp Historical Society meets on the second Wednesday of each month at Mallow house in Rossiter Road, corner of Henry Street. The next meeting is on November 8, 2023 at 7.30pm. New members welcome. The Museum is open the second and fourth Sundays from 1.30pm until 4.00pm or by appointment. Heather Arnold harnold@dcsi.net.au mailto:m







1st Kooweerup Scout Group

Christmas Tree sales

Last weekend of November

1st and 2nd weekend of December

9am to 3pm

On-site Station St Kooweerup opposite Kooweerup Newsagency

Pre-orders are welcomed – see contact details below.

5ft, 6ft, and 7ft trees available

Tree stands available

Local delivery available for \$10
January tree pick up available for \$10
Contactless payment options are available



Enquiries please contact:

1stkwrscouts.christmastrees@gmail.com

OR phone: 03 5997 1879