

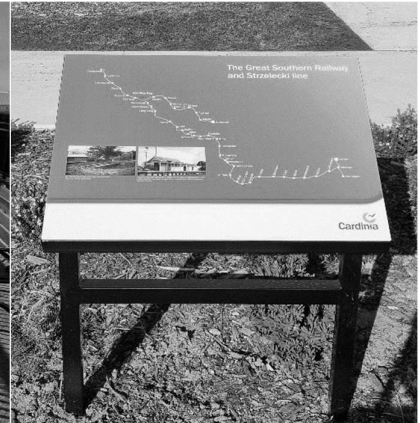
# THE KOO WEE RUP BLACKFISH



SEPTEMBER 2022

## Our Railway Heritage

The Koo Wee Rup Swamp Historical Society, in partnership with Cardinia Shire Council, has created a timeline of Koo Wee Rup's railway history on permanent display at the newly restored railway platform.



## Koo Wee Rup Township Committee Meeting

The Township held its monthly meeting on Wednesday, 3 August at the Community Centre. Township Meetings are open to anyone who would like to attend. The next meeting will be held on Wednesday, 7 September at 7:30 pm at the Community Centre. All welcome.

Secretary to write to Nat and Hannah regarding sign for Koo Wee Rup Community Centre at the entrance to Cochrane Park.

Aaron Brown – Liberal Candidate for Bass addressed the meeting. He told us he is a 4th generation cattle farmer from north of Inverloch. Over the last few months, he has been getting to know the electorate. He is finding out the issues for different parts of the electorate.

Discussion of some of the issues that we would like to see addressed:

- Improved public transport – bus service to Pakenham, more frequent, commuter service, stop at Business Park, on Myki system.
- Improvements around the old PMP site – Town Square proposal for where the tables and seating is opposite the takeaway shops.
- Extension of the Hall to include a stage, and toilet and shower facilities
- The change rooms have been upgraded at the Recreation Reserve, now need to improve the Social Rooms

Cr Kaye Cameron reported:

- Helipad at Cochrane Park has had new markings completed.
- Toured the football and netball clubrooms. The Social Clubrooms are very tired, extensive mould issue.
- Bayles playground is not yet complete, delayed by weather and waiting for playground equipment.
- She has been submitting up to 15 requests a week for road grading on behalf of Westernport Ward residents. Shire has 6 graders available, one in Westernport Ward. 2 new graders on order but one is replacing an old grader. Subcontractors are being engaged. Westernport Ward has greatest length of gravel roads.

*continued page 5*

## Township AGM

Koo Wee Rup Township Committee will hold their Annual General Meeting at 7:30pm on Wednesday 7 September at the Community Centre in Cochrane Park. All committee positions will be declared vacant and new members and officers elected. Everyone is welcome to attend.

*Items printed in this publication do not necessarily reflect the thoughts or beliefs of the Editor. The Editor reserves the right to edit any items, where necessary. All work associated with the production of The Koo Wee Rup Blackfish is done on a voluntary basis. Edited by C Roff email: blackfish@live.com.au*

*PO Box 64, Koo Wee Rup 3981, Tel 5997 2333*

*Printed by KWR Township Committee*

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## What's on in Koo Wee Rup and District

### September

Thu 1st	South West Gippsland Association	Bowls Club	10.30am
Fri 2nd	KRHS Ladies Auxiliary Meeting ( <i>page 5</i> )	Eco House	9.30am
Fri 2nd	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Mon 5th	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon 5th	CWA Meeting ( <i>page 13</i> )	Senior Citizens Club	7.30pm
Mon 5th	Chair Pilates ( <i>page 25</i> )	Eco House - Hospital	5pm
Mon 5th	Mat Pilates	Eco House - Hospital	6pm
Wed 7th	Coffee Club ( <i>back page</i> )	Royal Hotel	10am
Wed 7th	Lions Club Meeting ( <i>page 10</i> )	Degani's Café	7pm
Wed 7th	Township Committee AGM & Meeting ( <i>front page</i> )	Community Centre	7.30pm
Thu 8th	Kays Classic Fashion ( <i>back page</i> )	Senior Citizens Club	10am
Thu 8th	KWR Senior Citizens AGM ( <i>page 19</i> )	Senior Citizens Club	1.30pm
Fri 9th	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sat 10th	Mat Pilates	Eco House - Hospital	9am
Sun 11th	Bayles Fauna Park Working Bee ( <i>page 10</i> )	Bayles Fauna Park	9am
Mon 12th	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon 12th	Chair Pilates	Eco House - Hospital	5pm
Mon 12th	Mat Pilates	Eco House - Hospital	6pm
Tue 13th	Have a Chat Chuesdays ( <i>back page</i> )	UA Church Hall	2pm
Tue 13th	RSL Sub-Branch Monthly Meeting	RSL Clubrooms	7.30pm
Tue 13th	Hall Committee Meeting	Community Centre	7.30pm
Wed 14th	KWR Swamp Historical Society Meeting ( <i>page 35</i> )	KWR Museum	6pm
Fri 16th	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Fri 16th	Skate and Scoot Jam ( <i>page 9</i> )	KWR Skatepark	3pm
Sat 17th	Mat Pilates	Eco House - Hospital	9am
Mon 19th	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon 19th	Chair Pilates	Eco House - Hospital	5pm
Mon 19th	Mat Pilates	Eco House - Hospital	6pm
Mon 19th	CWA Craft Meeting ( <i>page 13</i> )	Senior Citizens Club	7.30pm
Wed 21st	Coffee Club	Chandelier Café	10am
Wed 21st	Lions Club Meeting	RSL Clubrooms	7pm
Thu 22nd	Country Classic Tribute ( <i>page 9</i> )	Bayles Public Hall	10.30am
Fri 23rd	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sat 24th	Mat Pilates	Eco House - Hospital	9am
Mon 26th	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon 26th	Chair Pilates	Eco House - Hospital	5pm
Mon 26th	Mat Pilates	Eco House - Hospital	6pm
Thu 29th	South West Gippsland Midweek	Bowls Club	10.30am
Fri 30th	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am

### October

Thu 6th	Heart Foundation Walking ( <i>page 23</i> )	Clocktowers	7pm
Fri 14th	CWA Creative Arts Exhibition (continues 15th) ( <i>back page</i> )	Cranbourne Public Hall	10am
Fri 14th	Newcomers and Neighbours Dinner ( <i>page 10</i> )	Community Centre	6.30pm
Thu 27th	Abba Tribute ( <i>page 9</i> )	Bayles Public Hall	10.30am
Sun 30th	Santa Sofia Festival ( <i>page 19</i> )	St John's Church	9.30am

### November

Sat 26th	RSL Christmas and Craft Fair ( <i>page 35</i> )	RSL Clubrooms	10am
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#### JUSTICE OF THE PEACE

For document signing and associated services contact:

**GARY KING JP - 0438 663 655**  
**BEVERLEY EDWARDS JP - 0400 584 235**  
*JP duties are a free community service*

#### HAVE YOU GOT SOMETHING TO SAY?

Have you got some news, a photo, or an opinion you want to share with your community? Why not say it in the Blackfish? Just drop me a line at [blackfish@live.com.au](mailto:blackfish@live.com.au) post to PO Box 64, KWR or phone 5997 2333. *Caroline Roff, Editor*

## Koo Wee Rup Over 60s Cricket – Are you interested in playing?

The Koo Wee Rup Over 60s cricket team first played on 9 October 2016 in the Victorian Over 60s Cricket Association (VOSCA), now called Veterans Cricket Victoria (VCV). We are looking to recruit youth, players in their 60s, but anyone from 60 to 100 (or older!) is welcome to come down for a hit. Women are more than welcome to play. It's a great way to stay active.



The club plays Sunday both at home on the Rec Reserve main ground and away. We play around 12 games each season. Pre season training will commence in September at the Koo Wee Rup Nets. The season starts in October and is played until the end of February.

We have social events as well as an annual pilgrimage to Echuca for the state carnival every March. In 2021, after a losing 20 games in a row in the regular season, Koo Wee Rup played at the Echuca carnival and won 2 games and played off in the final, unsuccessfully.

In the 80 plus games that Koo Wee Rup have played in the VCV, 82 different players have played at least one game.

Koo Wee Rup have had 8 players represent Victoria at the Australian National Championships in over 60s or over 70s.

In their first year, the club played 16 games, winning 11, losing 4 with 1 abandoned. Since then, things have slid a little losing a few more each year but having a good time doing it.

If you are interested in finding out more, please contact Steven Nadj 0407 976 445, or Graham Davey 0439 977 453.



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## Koo Wee Rup Township Committee Meeting *(from page 1)*

We have received a grant for next year’s Australia Day. We need to start considering award recipients. AGM next month, people should consider joining the committee or volunteering for an executive role. Men’s Shed is still going well. There have been working bees to tidy up the metal work shed to get it back to operational condition. A new storage area for petrol engines, new chooks in the community garden. Computer lessons have commenced again. The Cafe continues on Fridays, regularly have 20 or so people every Friday for lunch. The signs on the old railway platform look really good but Restore Rup Rail have placed signs on the fence to promote their campaign. Council advised that they will have them removed as no permission to display. There was a discussion regarding reinstating the “Welcome to Koo Wee Rup” signs on the four entrances to town. The Secretary will contact Vic Roads to ascertain what needs to be done to gain approval to erect the signs on the side of the road. Also continue discussions with Men’s Shed about rebuilding the signs. Concrete pad in Cochrane Park is a trip hazard, needs to have soil built up around it to make level with surrounding grassed area. Would be worthwhile to investigate options to get more seating along the rail trail between the connecting path from Cochrane Park and the Boundary Drain crossing point.

## Koo-Wee-Rup Regional Health Service - Ladies Auxiliary

The annual general meeting of the KRHS Ladies Auxiliary was held on August 5th 2022. The office bearers elected at the meeting were :-

- President:* Marlene Weston
- Vice-president:* Joy Kay
- Junior Vice-president:* Joyce Mills
- Secretary:* Olive Stokes
- Assistant Secretary:* Barbara Leeson
- Treasurer:* May Ridgeway
- Assistant treasurer:* Susan Potter
- Auditor:* Marlene Dalziel
- Op Shop coordinator:* Joy Kay.

‘Kay’s Classic Fashion’ parade this year is on September 8th commencing at 10:00 am. It will be held at the Senior Citizens’ Club in Icke Road, KWR. There is an entry fee of just \$5.00 and this includes morning tea and refreshments. There will be a Door Prize, Raffles, and a Trading Table.

We always welcome new members with new ideas to help us raise funds for essential hospital equipment to be used by the KRHS. Our meetings are held on the first Friday of each month at 9:30 am; so come along join us and make some new friends. If you need any information just call Olive Stokes on 0435 034 101 or Marlene Weston on 5997 1339.

Olive Stokes



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*Family Medicine Physician*  
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- ⊙ Pain Management
- ⊙ Wound Care

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*Family Medicine Physician*  
**Specialises In:** Pain Management, Addiction Management, Headaches, Diabetes, Chronic Disease Management

**Occupational Medicine**

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- ⊙ Fitness for Duty Assessment
- ⊙ Driving Medical
- ⊙ Medical Review Officer
- ⊙ Rail Medical
- ⊙ Medical Review Officer
- ⊙ Driving Medical
- ⊙ Travel Medicine
- ⊙ Aviation Medical

**Dr Daryl Christian**  
*Family Medicine Physician*  
**Specialises In:** Skin Cancer Checks Treatment & Surgery, General Skin Surgery

**Allied Health**

- ⊙ Physiotherapist
- ⊙ Psychologist
- ⊙ Diabetic Educator

**Dr Faizah Jabeen**  
*Family Medicine Physician*  
**Specialises In:** Chronic Disease Management, Antenatal Shared Care, Gynaecology & Obstetrics, Children’s Health, Women’s Health

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- ⊙ Pathology: Australia Clinical Labs
- ⊙ Pharmacy
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## Yay, Spring Is Finally Here!

I'm sure, just like us at **Nutrien Harcourts Koo Wee Rup**, you have been hanging out for some warmer weather which comes with the spring season. Even though the weather has not really warmed up yet, we know it eventually will!



Other than the promise of days over 20 degrees, spring is the season of change and transformation - from shades of grey to bursts of colour, from shorter days to longer days. The spring season brings sunshine, new growth, and a fresh outlook. We all shift out of hibernation and start getting out and about.



Not only does spring represent a shift in weather, lifestyle and attitude, it also means the real estate market starts to heat up! It traditionally heralds a marked increase in the number of buyers looking for that special property to enable them to move in before Christmas.

If you are thinking about selling and taking advantage of the spring real estate season, the first thing you need to do is find out just what your property is worth in the current market.

Call the team at **Nutrien Harcourts Koo Wee Rup** today to book an appraisal. Not only will you receive a professional, factual, no B\*S\* opinion, we can give you advice about how to attract buyers and more importantly get offers.

**Choose a 'well-seasoned' agent to sell your home not a spring chicken.**

**We are not spring chickens when it comes to selling your home.**



**Nutrien Harcourts**

**5997 2425**

## What was that siren?

### August 2022

It was the Koo Wee Rup Fire Brigade back up siren to alert all the volunteers to attend the station for a turn out call. It's also used to let the local community know we are about to be out and about on a call.

Our calls since the last report were:

- 1/7/22 – Rescue, vehicle into structure – Station St Koo Wee Rup
- 3/7/22 – House fire – Beatties Rd Koo Wee Rup
- 3/7/22 – Incident – Rossiter Rd Koo Wee Rup
- 15/7/22 – Car fire resulting from collision - Bass Hwy Jam Jerrup
- 20/7/22 – Motor vehicle collision - South Gippsland Hwy Monomeath
- 27/7/22 – Vehicle into structure – Ballarto Rd Bayles
- 1/8/22 – Incident/Fire – Station St Koo Wee Rup
- 9/8/22 – Fuel spill clean up – South Gippsland Hwy Lang Lang
- 15/8/22 – Motor Vehicle Collision – Ballarto Rd Koo Wee Rup



### Bendigo Bank Koo Wee Rup – We love you

Koo Wee Rup Fire Brigade Captain and Treasurer attended the annual Koo Wee Rup Bendigo Bank branch dinner this month. We were presented with a \$5,000 cheque. This greatly appreciated ongoing support to our brigade is used towards our support vehicle replacement program.

Some of the activities our support vehicle is used for is to transport our crews to and from large fires in summer, attend fire with additional equipment such as a quickfill pump or positive pressure fan and it actually has enough equipment on it to fight a fire in town as an initial response if necessary.

### Location of Smoke Alarms

Did you know you can't smell smoke when you're asleep? All homes should have interconnected working smoke alarms installed in every bedroom and living area. It could save your life.

### Register Your Burn-Off

Before you carry out your planned burn, make sure you check and follow local regulations or laws set down by your local council.

Please also notify CFA to register your burn so we don't have to drop everything and check out your burn-off for no reason.

Go <https://firepermits.vic.gov.au> online or phone 1800 668 511 to register your burn.

### Contact Us



You can contact Koo Wee Rup Fire Brigade for non-emergency enquiries via facebook @KooWeeRupFireBrigade



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# Celebrate Koo Wee Rup's upgraded skate park this September

To start the school holidays with a bang, Council has partnered with the YMCA to deliver a skate and scooter competition from 2.30pm to 5pm on Friday 16 September.

There will also be a free BBQ and Aligned Leisure's Street Team will be in attendance to offer a wide variety of activities on the afternoon!

Council is excited to celebrate the completion of significant upgrades to this popular skatepark with the community. Council engaged Grind Projects, who partnered with one of Australia's best-known skate park designers Baseplate, to design and construct the skate park in Cochrane Park, Koo Wee Rup.

For more information about the great skate, BMX and scooter facilities in the shire, visit Council's website at [www.cardinia.vic.gov.au/skatebmx](http://www.cardinia.vic.gov.au/skatebmx) or call the Active and Connected team on 1300 787 624.



FRIDAY 16 SEPTEMBER 2022

## KOOWEERUP SKATE & SCOOT JAM

255 Rossiter Rd, Koo Wee Rup

Compete for heaps of prizes in both 12 and under / over 12 categories

Free BBQ  
Bring your own helmet

**Scout Jam 3:00 pm**    **Skate Jam 4:00 pm**

To register go to link in bio or visit [skatepark.ymca.org.au/all-aboard](http://skatepark.ymca.org.au/all-aboard)

All Cardinia Shire Youth Services events are fully supervised, drug, alcohol, vape and smoke free



## MORNING MELODIES

... Appearing at ...

# BAYLES PUBLIC HALL





## COUNTRY CLASSICS TRIBUTE

**Starring ...Gavin Chatelier**

**THURSDAY 22nd Sept.**  
Showtime 10.30am to 11.30am  
**ADMISSION: \$10 per head**  
includes Free Morning Tea


Bayle Public Hall—660 Kooweerup Longwarry Road, Bayles  
**BOOKINGS: 9704 7304 or 0428 712 783**  
JAMES LEIGH ENTERTAINMENT PROMOTIONS  
email: jamesleighpromo1@bigpond.com



## MORNING MELODIES

... Appearing at ...

# BAYLES PUBLIC HALL



SAMANTHA POTER and SIMONE PEREIRA

## ABBA TRIBUTE

**Starring ...SISTER DIVA**

**THURSDAY 27th Oct.**  
Showtime 10.30am to 11.30am  
**ADMISSION: \$10 per head**  
includes Free Morning Tea

Bayle Public Hall—660 Kooweerup Longwarry Road, Bayles  
**BOOKINGS: 9704 7304 or 0428 712 783**  
JAMES LEIGH ENTERTAINMENT PROMOTIONS  
email: jamesleighpromo1@bigpond.com



# Koo Wee Rup and Districts Lions

Written by Linda Sanders

### Lions Meetings

Koo Wee Rup Lions have meetings on the first Wednesday of the month at Degani's Café, Station Street and on the third Wednesday of the month at the RSL rooms, Station Street, Koo Wee Rup at 7pm.

We are committed to serving our local, national and international communities.

If you would like to join our merry team, please come along to a meeting to see how things are run or call Ron Payne on 0429 042 911.

### Newcomers and Neighbours Dinner

If you are new to the area and would like to find out what your new community has to offer, come along to the Koo Wee Rup Lions Newcomers and Neighbours dinner. This is an annual event, where local groups speak about what they do. This year we will have six guest speakers.

This will be held at the Community Centre, Rossiter Road on Friday 14<sup>th</sup> October 2022 at 6.30pm. Cost is \$25 for a two course meal. Drinks at bar prices. We will have lucky door prizes, raffles and other fun things to get involved in.

Steve: 0408 487 990 Etelka 0412 487 990  
Phone/Fax: 5997 7652



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## Bayles Fauna Park

### Working Bee

Sunday,  
11 September  
9am start  
followed by a  
BBQ lunch

Please bring  
own bottled  
water, wear  
long pants and  
closed in shoes

**All welcome**

## Koo Wee Rup and Districts Lions

### Shitbox Rally Fundraiser

**Shitbox Rally 2022 Spring** will be held October 15th to October 21st 2022, travelling from Mackay to Darwin via the Savannah Way.



Shitbox Rally is the adventure of a lifetime challenging participants and their cars, worth no more than \$1000, on a 7 day drive across Australia to raise money for cancer research.

The Rally is not a race – it’s a fun, colourful, unpredictable adventure with participants travelling at their own pace in smaller groups. Vehicles often break down but “we never leave anyone behind” and each night I spent camping beneath the stars and celebrating the day’s achievements. It all adds up to an incredible opportunity to see Australia’s vast and beautiful countryside and make lifelong friends, many brought together after experiencing cancer themselves or seeing cancer impact family and friends.

Our friends Ingrid and Cameron will be participating in the Shitbox Rally and I would like to do my bit in raising money for cancer by having a fundraiser to help Ingrid and Cameron raise funds to compete in this adventure of a lifetime challenge.

### ***Ingrid and Cameron’s Story....***

Our team’s name #Forever14 is in memory of our beloved Son and Brother Jordan #Forever14 using my mums shitbox, Ford Falcon in her memory.

Jordan passed away in 2011, after a 7 year battle with Medulloblastoma, and my mum Wilma passed away with pancreatic cancer in 2014.

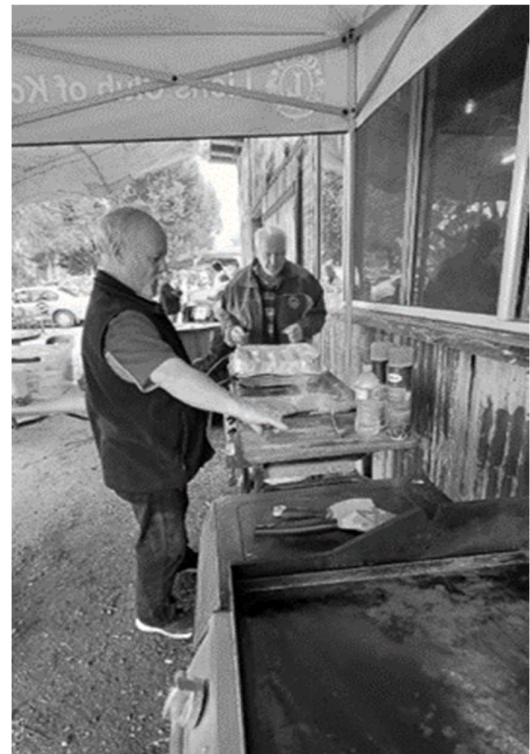
I think doing this Shitbox Rally is a great way to honour those who are no longer with us, and a great way to use mum’s car, instead of it ending up in a scrap yard

So, with this being said, we are mega excited to decorate mum’s car, the sky’s the limit.

On Saturday 20<sup>th</sup> August some of our Lions helped cooked sausages for the Shitbox Rally Fundraiser at Fincks Road, Bayles. Rex, Shirelle, Geoff, Audrey and John attended Anita Whiteside’s farm where they were holding the fundraiser.

The Day was packed with fun for everyone in the family with games such as mini golf, guest the weight of the little piggy.

With the Rustic back drop for Music, Raffles, (One of the prizes an hour drive in the General Lee), Silent Auction, with other fabulous prizes donated by organizations & general public from the surrounding areas.





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## Updates on the KWR CWA

Winter is always unappealing to 'socialise' let alone spend your weekends volunteering in questionable weather but that is what we, a number of landcare members, the Koo Wee Rup Scouts and other local citizens committed to on August 14<sup>th</sup> for Planet Arks National Tree Day.

Luckily enough the weather gave us a break for a couple of hours to plant 400 trees at Orchard End Farm in what will be a wildlife corridor running in farming paddocks between Koo Wee Rup and the Bayles Fauna Park on KooWeeRup-Longwarry road. Quite literally, as the last tree was in, the heavens opened and we all scrambled back to the homestead for warm food, homebaked apple cake, cookies and coffee/tea.

The 'Healthy Rivers, Healthy Bay' Swinburne University educational outreach initiative came showcasing an educational diorama of the effect of clean rivers and their impact on fauna and the westernport bay for the children (and adults) present on the day, settling in one of the farm sheds to protect themselves from the rain and also present was the Western Port BioSphere, researching what was in the local drains on the farm, which turned out to be loaded with native fauna, something that we all were excited to see.

We also had independent candidate for Bass, Jeni Jobe assist throughout the event. She had no qualms in getting muddy, planting trees and assisting where needed. Definitely showing how some politicians can actually walk the walk, not just talk the talk.

Albeit cold and quite a miserable day, which resulted in a number of less (understandably) volunteers, was still very much a success. We all look forward to watching these plants grow over the years, and please keep your eyes on the growth between number 5 drain road Bayles towards the Bayles township in years to come.

### COMING UP:

**September/October:** The grade 6 Win Pankhurst Memorial Scholarship for a student who will be moving into Year 7 will be available to apply on the first week of the return of school for Term 4. This scholarship is available to all Grade 6 students in the Koo Wee Rup and Bayles Primary schools, for more information please speak with the your schools administration team in term 4.

At the end of September, we start our "New Year". If you are considering joining a women's club who advocates for the community, focuses on fundraising for local primary schools and if you enjoy craft, policy, and politics please come to find out what we are all about. Our current age range of membership is 35-75.

We will be competing amongst other members of the CWA in the West Gippsland Craft exhibition. This will be held at Cranbourne Public Hall, Cnr. Clarendon & High Streets, Cranbourne on the 14<sup>th</sup> and 15<sup>th</sup> of October (10-4pm).

Admission is \$5 (children free), there will be stalls, food (baked by CWA throughout the region), demonstrations as well as the exhibition.

### Meeting Dates

Our next meeting will be on Monday 5<sup>th</sup> September at 7.30pm.

Our next craft meeting will be on Monday 19<sup>th</sup> September at 7.30pm.

We meet at the Senior Citizens, Icke Road, Koo Wee Ru p. If you would like to join our great team of friendly ladies, please call President Courtney Manks on 0432 067 448 for more details, or just turn up on the night.

For more information on how you can become a member of the KWR branch: contact the branch secretary at [kwrcwa@outlook.com](mailto:kwrcwa@outlook.com), or through our Facebook page.





**Rotary Club of Koo Wee Rup-Lang Lang**  
Community

**Who can we help?  
How can you help us?**

For more information  
facebook page (Rotary Club of Koo Wee Rup-Lang Lang)  
or our website

Email: [rckooweeruplanglang@gmail.com](mailto:rckooweeruplanglang@gmail.com)  
Phone: 0499 101 953



## NOTICE TO RESIDENTS

### Current Market Appraisals when you need them.

This will give you an idea of what price your property might attract in today's market. You may well be amazed.

This opinion is completely **FREE OF CHARGE** and there is **NO OBLIGATION**.

We won't take up too much of your time, so if you have 15 minutes and would like to know the current market value of your property please feel free to contact us.

For Property Management please call Michelle Lunney, Brooke Webster or Natalie Hudson **03 5997 2133**.

For Sales Michael Hodges 0434 492 036 or Jodie Diwell 0429 347 422.

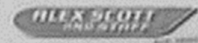
## BAKING FOR LYMPHOMA

**Come join us for morning tea from 10am - 12pm on the 15th of September 2022.**

**Great raffle prizes to be won!**

**Everyone welcome, gold coin donation**

**PROUDLY HELD BY ALEX SCOTT & STAFF LEONGATHA**



# WORLD LYMPHOMA AWARENESS DAY

**15 SEPTEMBER**

TO MAKE A DONATION PLEASE VISIT ALEX SCOTT & STAFF OR ONLINE AT <https://donate.mycause.com.au/charity/1232>

## CareFirst Physio

I hope all of you had a good August. Thank you to those who came in and mentioned the Black Fish newsletter. I was pleased to see how many people read my page. Some patients significantly improved after treatment, and some patients are in the process of recovering from injuries/pain.

As a physiotherapist, I want everyone to move and feel better after an initial treatment session, but it doesn't always be that way. When the outcome is not what I have expected, I question myself, "Am I making a difference?", "What else can I do for this patient?". I believe self-reflection is one of the most important ways to provide a higher quality of treatment, and I want to provide good quality of treatment to our community.

After long thought, I decided to talk about the most common condition that people see their GP - **osteoarthritis**. Over 2 million Australians have hip or knee osteoarthritis, and over 1.5 million consultations at GP each year.

### What is osteoarthritis?

- It is a lifelong disease.
- The most common reason for not being active as people age
- Osteoarthritis is often described as a "wear and tear disease". This description should be avoided since it leads many people to think that they cannot and should not be physically active. This is wrong; cartilage needs moderate load through physical activity to regenerate itself.

### Signs of osteoarthritis

- Stiffness, especially in the morning or after sitting down for some time
- Red, hot, swollen joints
- Pain with weight bearing

### First line treatment

- Understanding the possible causes of osteoarthritis, what can be done, and the importance of self-management since it is a lifelong disease.
- Exercise: Different types of exercise, like walking and strength training, are effective in relieving pain. Walking is a simple activity. Start with small distances and gradually increase. Later you may like to also try to increase speed.
- Weight reduction

### Self-management tips

- Stay active (aim for daily exercises), find things you enjoy
- Don't sit for too long < 20 minutes
- Get strong and stay strong (thigh, hip and trunk muscles)
- Strive for optimal body weight: For every kilo, you lose, the load is reduced by at least 2-3x
- Avoid limping, aim for good joint control with exercise
- Listen to your body
- Use relaxation techniques

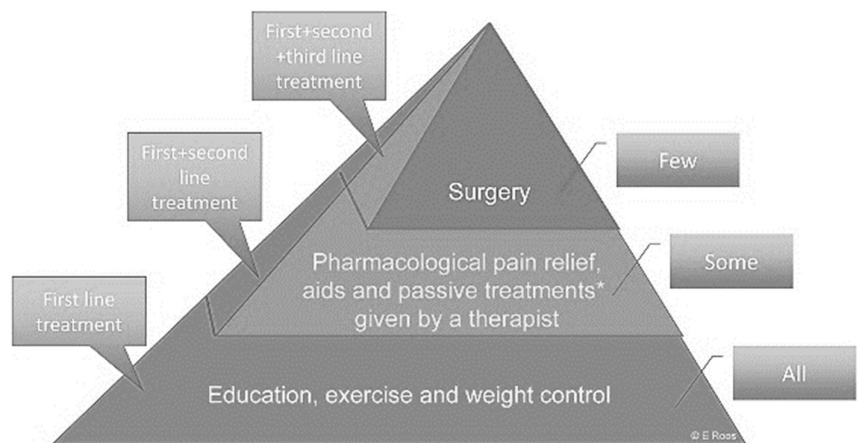
### Try aim to be physically active for 30 minutes a day!

If it's too much, try 10 minutes, as most people with severe knee osteoarthritis can complete 10 minutes of moderate-intensity walking per day without increasing their pain.

Have a Happy September!

Kunho

GLA:D® (Good Life with osteoArthritis: Denmark) certified physiotherapist.



[www.carefirstphysio.com.au](http://www.carefirstphysio.com.au)

**Advantage Medical and Dental- Tooradin**  
Ph 5998 3140

**Koo Wee Rup Medical Centre**  
Ph 5997 1222 or 0477 062 963

ADVERTISEMENT



**Projects being delivered in our local Cardinia community**

**COST OF LIVING SUPPORTS**



- \$250 Power Saving Bonus - for ALL households
- FREE 3+4 year old kindergarten in 2023 saving families up to \$2,500 per child.
- Guaranteed Sick Pay up to 38 hrs for casual and contract workers in certain jobs visit [www.service.vic.gov.au](http://www.service.vic.gov.au)
- Councils have rate payment plans available
- State School Relief Fund to help with uniforms, footwear, educational items Contact your government school for assistance.
- 50% discount on car registration for Trade Apprentices



Need help with your Power Saving Bonus?  
Call my office, your local Neighbourhood House or visit [compare.energy.vic.gov.au](http://compare.energy.vic.gov.au)

**EDUCATION and Early Years**



- Koo Wee Rup PS – New competition grade gym and classroom upgrades
- Lang Lang PS - new learning areas and amenities block upgrade
- Bayles PS - outdoor undercover area, running track and play area.
- Pakenham Consolidated – upgrade, modernisation incl new dedicated learning area.
- Mental Health Professionals in all State Secondary Colleges.
- Officer Specialist School - \$3.7 million upgrade
- Three year old funded Kinder
- 10,000 more places and more free courses at TAFE

**HEALTH CARE**



- Pakenham Community Hospital - a small public hospital providing a range of services including urgent care, chronic disease management, diagnostic services, primary health care, mental health, specialist appointments (2024)
- Casey Hospital Emergency Department – Major expansion incl. dedicated Children's area.

**ROADS and RAIL**



- Healesville/Koo Wee Rup Rd - upgrade including extra lane in each direction
- Level Crossing Removals at McGregor, Main and Racecourse Rd - underway.
- New Pakenham Station with Bus interchange, accessibility improvements, more parking.

**COMMUNITY** \*funded in partnership, delivered by Cardinia Council



- Over 200 Sport + Rec Clubs supported with around \$890,000 in grants for recovery, programs, capacity building, skills development, uniforms and equipment across Bass.
- Koo Wee Rup Recreation Reserve – upgrade including new pavilions, courts\*
- Koo Wee Rup Bowling Club - New community pavillion\*
- Cardinia Youth Hub - My Place Pakenham\*
- Catani Cricket Club - new 4 training lanes, nets\*
- Pakenham Orange Door - Family Violence and Family wellbeing support service
- 1,980 Cardinia businesses received \$39 million in covid supports.



**jordan crugnale mp**  
STATE MEMBER FOR BASS

P 03 5672 4755 JordanCrugnaleMP  
[jordan.crugnale@parliament.vic.gov.au](mailto:jordan.crugnale@parliament.vic.gov.au)  
9 McBride Avenue Wonthaggi VIC 3995



## The latest Info about the Community Advisory Committee get-together

The Community Advisory Committee (CAC) met on August 16th and warmly welcomed aboard two new members, Audrey Mills, a resident of Westernport Nursing Home and Garry Oates who is also Vice-president of the Koo-Wee-Rup Township Committee. There are some more new faces who will be joining us but details about them next month. Tributes were also paid to Fran Genoni and Jasmine Sadler who have stepped down from their committee duties. Both ladies were warmly thanked for the time and effort they have given to the committee over the past years.

Our guest speaker was Naomi Rendall, the Unit Manager District Nursing and Infection Nurse. Naomi gave an enlightening talk about the 'Care in the Home' programmes that are carried out by our District Nurses based here at the Koo-Wee-Rup Regional Health Service; KRHS is an approved local provider. This was followed by her illustrated presentation of infection control procedures for various maladies and a Covid news update. The CEO of KRHS, Noni Bourke, then talked to the committee about the involvement of the CAC at the bimonthly orientation sessions for all new hospital personnel. As chairperson, Geoff Stokes gives them an outline description of how the CAC is involved with all aspects of the day to day procedures of the hospital and its involvement with residents, patients and staff. Noni followed this talk with information about the different services now available at KRHS and every member took a copy of the new brochure/leaflet, available to the public, detailing the many items of service offered by the hospital.

Annie Barwise, the KRHS Quality Manager, gave the committee some information on the forthcoming Aged Care Accreditation Survey program to be carried out by the Aged Care Standards and Accreditation Agency within the coming weeks. There is no warning or notification of when the Agency members will come knocking on our door. It is known however that the inspectors will want to speak with several of our committee members to get an idea of the ongoing relationship between the KRHS Board of Management and the advocacy of the committee members on behalf of any complainants. Annie also went into detail about the simpler Aged Care Quality Standards that are now required. Noni endorsed these comments with some advice on how the Agency will operate during the time they are on site. She closed her talk by reminding us all that in May next year, 2023, it will be the hundredth anniversary of the opening of the hospital and we should now plan to celebrate this important day. Noni suggested we come to the next meeting with ideas to commemorate this important event.

To our regular readers of these CAC reports, the next paragraphs you see you will have read them before I am sure but, remember, the population of KWR is increasing rapidly and our new residents and friends might not know what the CAC does or what it set up to do. For those of you who are not quite sure, or maybe you really are a newcomer to the town, the aim of the Community Advisory Committee is to provide the KRHS with feedback and

advice to improve and strengthen their services, information, forward planning, and the future policy development of the KRHS. The Committee will offer advice to the KRHS Board of Management about problems that could be upsetting a Patient, a Resident or a Carer, and also, maybe, from an individual Koo-Wee-Rup resident or, indeed, from the Community's point of view. The Community Advisory Committee will listen closely to these consumers and acknowledge their concerns and aspirations so that these alternatives that they offer are consistently understood and seriously considered. This advice, and the recommendations developed, will be broadened into balanced information to assist the complete understanding of a particular topic by the KRHS Board of Management. If you as a consumer/customer, have a suggestion or some nagging thoughts about your difficulties, or your dependant's comforts or problems with any aspect of the KRHS, then get in touch with the KRHS CA C. Simply phone KRHS on 5997 9679 or Geoff Stokes on 0435 085 002. Or you can email: [geoffreystokes@geoffstokes.com](mailto:geoffreystokes@geoffstokes.com). Your email will be acknowledged. The next meeting of the committee is planned for the 15th of November 2022 at 10:00 am. Before then we shall have informal meetings with each other to check on any problems that may have arisen.

Geoff Stokes



## SEEKING YOUR SUPPORT TO REPRESENT KOO WEE RUP IN STATE PARLIAMENT



Exploring Bayles Fauna Park on a rainy day

It has been a pleasure getting to know many Koo Wee Rup locals and hearing about the wonderful community groups in Koo Wee Rup. I enjoyed a bowl at the **Koo Wee Rup Bowls Club** and learnt about their upcoming upgrades and plans to expand their offering by improving the green. It was fantastic to see the new **Football Club** rooms and discuss plans for the netball club. Meeting with **CFA members** gave me an insight into how the stations work together to service this area. The **Township Association** is a wonderful organisation supporting the groups and businesses of the area and I suggest anybody who is interested in the development of this town get involved. The **Bayles Fauna Park**, which has been operating for over 30 years, is an amazing little gem of this region. If you have any concerns or aspirations for your area, please do not hesitate to contact me.

aaron.brown@vic.liberal.org.au  
0437742724

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# Aaron BROWN

LIBERAL FOR BASS

A strong local  
voice for Bass



AaronBrown.com.au

Authorised by C McQuestin, Level 12, 257 Collins Street, Melbourne



REAL SOLUTIONS  
for all Victorians.

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VICTORIA

## Koo Wee Rup Bowls Club

The Mornington Peninsula Bowls Region held the A.G.M. on 24<sup>th</sup> July and are seeking somebody to take the position of President Bill Johnson did not seek re-election to the position after a very trying 12 months through Covid-19 etc. Sec. Gaby Shepperd [Hastings], Treas. Steve Batty [Dromana], Board members John Adams [Dromana], Pam Dind [City of Frankston] & Peter Susovich [Karingal] were all re-elected with John Curtain [Karingal] joining the board.

Pennant season is due to commence mid-October and our Club is desperately needing players to fill the teams we have nominated. Any past players would be very welcome and we would also extend a welcome to new players wishing to try the game. New players usually begin in the lower teams so generally you play against players of similar experience. Coaching is available. If you are interested in playing, please contact the Club on 5997 1266 or Bryan Walker 0447 862 150.

There is a new Club joining the MPBR this season in Casey Grange [Retirement Village] which is in Evans Road Cranbourne West and they are entering a side in the Tuesday pennant competition.

The Club has had an informal meeting with Jason Woods [Federal member], Tom Ellis [Grants Manager] at Jason's office & Aaron Brown [Liberal candidate for Bass] when we discussed a wish list for the Club in the future. As there has been a change of Federal Government Jason explained that the criteria for funding etc. has changed but he will support any project the Club may consider if he can.

### Koo Wee Rup Senior Citizens

Members had a good outing to Gumbuya World for morning tea and then on to Warragul Golf Club for lunch. The day started out wet and windy but cleared later.

The AGM set for August has been postponed to September 8<sup>th</sup> at the club rooms at 1.30pm. Members are encouraged to attend and have their say.

In September the club will celebrate its 50<sup>th</sup> anniversary with a lunch and entertainment.


We welcome new members at an annual fee of \$10.

All enquiries


Dianne D 0419 405 404

Leonie 0477 249 000

Sunday 30<sup>th</sup> of October 2022 – St John's Church, Koo Wee Rup



## 50<sup>th</sup> Celebration of the St Sofia Festival



**9:30 am - Mass concelebrated by Bishop Greg Bennet, Fr Frank Bertagnolli, and Fr Avinash George**

**10:45am – Fireworks followed by procession via Gardner St, Moody St, Henry St and back to St John's**

FOOD TRUCKS

LIVE ENTERTAINMENT

GELATI

SAUSAGE SIZZLE – AUSSIE STYLE & ITALIAN (WITH OR WITHOUT ASPARAGUS)

CUTTING OF 50<sup>TH</sup> CELEBRATION CAKE – DONATED BY BROADWAY TRAVEL


JUMPING CASTLE

FIREWORKS

PIZZA TRUCK

### ENTERTAINMENT SCHEDULE

- 11:45am- Lunch & Cutting of Celebration Cake
- 12:15pm- Tony Villella
- 12:50pm- Dean Canan
- 1:25pm- Sicilia Bella Folk Group
- 2:00pm- Live Auction
- 3:00pm- Dean Canan
- 3:35pm- Drawing of Major Raffle
- 4:00pm- Tony Villella
- 4:30pm- Closure





# July & August Report

## Sold

**Koo Wee Rup**  
\$530,000 - 242 Rossiter Road

**Lang Lang**  
\$795,000 - 19 Clarks Rd

**Tooradin**  
\$990,000 - 18 Makitti Close

## Coming Soon

**Koo Wee Rup**  
28 Sybella Avenue  
5 Osborn Road  
123 Moody Street

**Tooradin**  
139 South Gippsland Hwy

## Currently On Market

**Koo Wee Rup**  
25 Silver Way  
19 Gardner Street

**Lang Lang**  
20 Westernport Rd  
5 Cole Avenue

**Tooradin**  
3210 South Gippsland Hwy  
47 Bayview Road

## Sold Awaiting Approval

**Tooradin**  
18 Walmac Close

Well things are certainly changing in the local marketplace, with consecutive interest rate rises recently it has seen a slight softening in prices and an extending days on market, that being said the market is still buoyant with buyers still making solid offers on well presented properties

In the past year I have sold in 32 homes in Koo Wee Rup for local home owners plus numerous other properties in the surrounding areas.

Why choose me? I'm honest, reliable, skilled and most of all I'm invested in Koo Wee Rup & surrounding areas having been a local for over 40 years. I genuinely care about what happens in our area so if I can help you in any way in your real estate journey call anytime on 0413 719 821



**Agent of the Year**  
**Koo Wee Rup**



**Mark Sewell**  
OBrien Real Estate  
Cranbourne  
0413 719 821  
mark.sewell@obre.com.au



## Book a market appraisal with us for your chance to win!

From 1st July to 31st October 2022, OBrien is giving away a \$10,000 Flight Centre voucher to spend on a dream holiday. The voucher can be used to book a wide range of travel, accommodation, car hire and tours through Flight Centre.

Scan the QR code to book your appraisal and be in the running to win this great prize!





- 14 September
- 7:00pm
- KWR  
Community  
Center

# VICROADS

KOO WEE RUP –  
PAKENHAM ROAD  
INFORMATION NIGHT



If you would like to attend simply use the QR to link you to our facebook event page.  
Or email/call  
suellen@ziggyhair.com  
Malcolm on 0403 997 831

**JOIN US AND TWO VICROADS ENGINEERS AT A FREE PUBLIC INFORMATION MEETING. SPONSORED BY THE KOO WEE RUP BUSINESS ASSOCIATION.**

## Heart Foundation Evening Walkers will be back with daylight saving

Winter is behind us and summer just around the corner, so no excuses to not get moving again. Koo Wee Rup is lucky to have **3 FREE Heart Foundation Walking Groups** in operation. In addition to the 2 day time groups at 9 am Mondays and Thursdays from the Rossiter Rd Bus Interchange and Clock Towers, we also have an evening group. This only runs during daylight saving as **we walk at 7 pm every Thursday** evening from the same starting point at the Clock Towers. The evening group **recommences on Thursday 6<sup>th</sup> October** so get those walking shoes ready and be prepared to hear about what's happening around town whilst you walk. We've clocked up 11 years as a walking group, so we are there for the long haul. A few years ago we walked past the old railway station platform, with the pine tree growing through the ashfelt. Then we heard that it was to be rebuilt as a commemorative feature and within months we can now walk past the new refurbished and historic platform. We undertake a few more adventurous walks in Pakenham and surrounds with a social evening meal afterwards. Plus the usual Christmas dinner and season end celebrations. So for a mix of social and physical energy opportunities, this is a great way to get out and about as all ability level can be catered for.

We are fortunate to have the Heart Foundation Branding and some added opportunities as a result of being part of this national walking program.

**Enquiries to Marlene on 0429 814410**

## Join in the fun of Biodiversity Blitz this September!

Celebrate Biodiversity Month and contribute to citizen science by taking part in the 2022 Biodiversity Blitz!

Biodiversity Month is held in September each year and aims to promote the importance of protecting, conserving, and improving biodiversity both within Australia and across the world.

For the second year, Cardinia Shire Council is partnering with several of our neighbouring councils to hold the Biodiversity Blitz.

The competition encourages residents to record local species throughout September using **iNaturalist** – a free app that helps you identify the plants and animals around you.

This is a great way to get out and about in nature and learn and share about the amazing biodiversity Cardinia Shire has to offer.

The competition also helps create quality research data for scientists working to better understand and protect nature, and there's prizes on offer for local participants who make the most observations during the competition.

## Ways to participate

### **Biodiversity Blitz competition**

Download the free **iNaturalist App**. **Join the Biodiversity Blitz 2022 - Cardinia Shire project**. From Thursday 1 September start recording your observations.

Please respect our plants and wildlife when taking photos. Spring is nesting season for many birds and flowering time for many orchids and herbs so try not to damage or disturb our plants or animals. If you see young birds on the ground, please leave them unless they are obviously injured. They are fledging the nest and learning to fly, and their parents will be close by.

For more information visit **RSPCA Victoria**. If you come across injured wildlife, please contact Wildlife Victoria on **8400 7300**.

### **Free online webinar: Using iNaturalist**

There will be a free online training webinar on **Wednesday 31 August from 7pm** showing people how to use the smartphone App 'iNaturalist'. **Registration to attend is required: [bit.ly/iNaturalistWebinarAug22](https://bit.ly/iNaturalistWebinarAug22)**.

The webinar will be hosted by iNaturalist enthusiast Luis Mata, an ecologist and entomologist, who will present the basics of iNaturalist and answer any questions residents may have.

For more information, visit **Environment events and workshops** on our website.

For enquiries, please call our Environment and Heritage team on 1300 787 624.

For more information about iNaturalist, visit **[www.inaturalist.org](http://www.inaturalist.org)**.



There's a fun, FREE and easy way to feel happy and healthy.

It's walking – and everyone is welcome to take part.

Come along to our regular walks, meet new friends and exercise.

**What: Thursday Evening Walkers.**

**When: 7.00 pm every Thursday during daylight saving.**

**Starting Thu 6th October 2022 until April 2023**

**Where: Koo Wee Rup Clock Towers Rossiter Rd KWR**

**FREE daylight saving group.**

**Ring Marlene 0429 814410**

Visit [walking.heartfoundation.org.au](http://walking.heartfoundation.org.au) for more information



## Icarus Skin Cancer Clinic



**Phone:** 59 252 000

**Address:** Suite 4, Ground Floor, Hollander House, 352 Rossiter Road, Koo Wee Rup VIC 3981

**Email :** [reception@icarusskincancerclinic.com.au](mailto:reception@icarusskincancerclinic.com.au)

**Website :** [www.icarusskincancerclinic.com.au](http://www.icarusskincancerclinic.com.au)

**EARLY DETECTION AND TREATMENT OF SKIN CANCERS IS ESSENTIAL**

### Experienced doctor

Our highly skilled skin cancer doctor, Dr Bruce Lim, has a comprehensive understanding of skin cancer and treatment, acquired from years of additional study beyond a medical degree. His experience gives you confidence that he will accurately diagnose and treat skin concerns in a safe medical environment. His breadth of knowledge and treatment of patients, and expertise ensure the highest standards of professionalism and safety.

Bruce has undertaken significant further training in the field of skin cancer medicine and is accredited by the Skin Cancer College of Australasia. He has developed skills in skin cancer surgery including facial surgery, skin flaps (including nose, ears and lower leg repairs) and skin grafting. He is also passionate about promoting sun awareness and skin cancer prevention with his patients

### Technology

Using dermatology software powered by artificial intelligence (AI), we can capture high quality digital images of your skin and record exact detail for future comparison monitoring suspicious lesions for any changes, resulting in earlier diagnoses so you can avoid unnecessary procedures.

### Need a skin check?

**Anyone with changing spots, or spots that look very different to others on their body, should have them assessed by an accredited skin cancer doctor as soon as possible.**

Even if you are unsure if your spots have changed, it's worth having a doctor check your skin to ensure nothing is amiss. If you have a history of sunburn, multiple spots, previous skin cancer, or a family history of melanoma, you are at risk of skin cancer. The same is true if your family has light-coloured skin, even if you yourself have darker skin.

Remember that the damage may have been done when you were young, so just because you don't get sunburnt any more doesn't mean you're safe from skin cancer.

### Early detection and treatment is essential

Melanoma is the third most common cancer in Australia, and more people are being diagnosed with skin cancer every year.

The good news is that, if detected early, there is approximately a 99% chance of survival as the melanoma can be confined to the skin. Delayed diagnosis, however, may result in the melanoma spreading to other parts of the body. Once this occurs, it becomes a highly aggressive cancer which makes it difficult to treat.

Unfortunately, melanomas don't present symptoms so the only way to find them is to examine your skin.

A full-body skin check by an accredited skin cancer doctor is the best aid in early diagnosis.

**To make an appointment call 59 252 000 or book online**



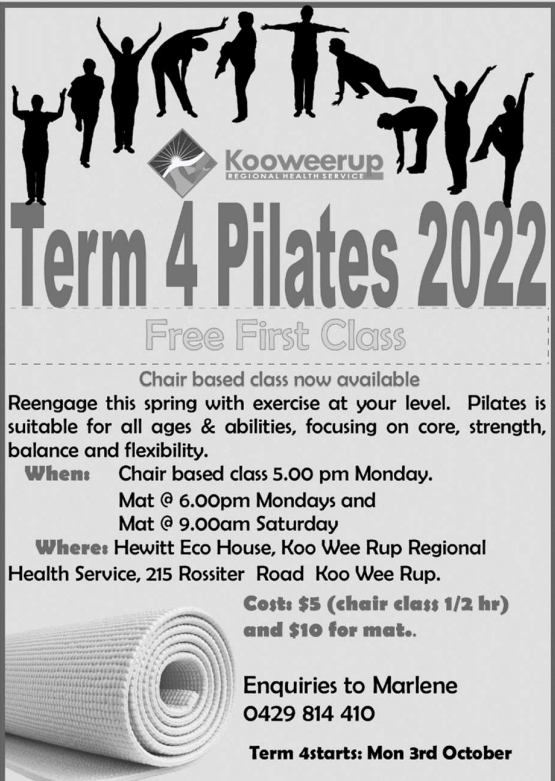
## Pilates at Koo Wee Rup Regional Health Service

Term 3 is being cut short, but we will be up and running again **first day of Term 4 on Monday 3<sup>rd</sup> October**. We are now offering 2 mat Pilates classes which are mostly on the floor, and one chair based class, which uses similar principles without having to get down. The basics of Pilates are to develop flexibility, core strength, general resistance and balance. This can be achieved through a variety of exercises which use the resistance of your own body to achieve results. Joseph Pilates, in his traditional 34 exercises, which have now been modified to several hundred, focused on using springs on the beds of rehabilitation patients, to interact with the resistance of their own bodies.

Modern Pilates uses these principles in the clinical reformer bed setting. But in our mat and chair work, we can adapt with resistance bands, chi balls, hand weights and just the resistance of our own bodies. That's why it's become a versatile and popular form of exercise. Each participant works at his/her own level progressing exercises. This is probably less understood than yoga, but as Joseph Pilates adapted many yoga moves to his repertoires, there are strong similarities. Why not give it a try. **FREE first session**. I've now been teaching at the health service for 9 years and we are certainly a small but friendly group focusing on correct technique and listening to our own bodies telling us what we can and can't do.

Costs are \$5 for 30 minute chair session every Monday at 5 pm and \$10 for a 1 hour mat class 6 pm Mondays or 9 am Saturdays, during school term time.

**Enquiries to Marlene on 0429 814410**



**Term 4 Pilates 2022**

**Free First Class**

Chair based class now available

Reengage this spring with exercise at your level. Pilates is suitable for all ages & abilities, focusing on core, strength, balance and flexibility.

**When:** Chair based class 5.00 pm Monday.  
Mat @ 6.00pm Mondays and  
Mat @ 9.00am Saturday

**Where:** Hewitt Eco House, Koo Wee Rup Regional Health Service, 215 Rossiter Road Koo Wee Rup.

**Cost: \$5 (chair class 1/2 hr) and \$10 for mat.**

Enquiries to Marlene  
0429 814 410

**Term 4 starts: Mon 3rd October**

## An update on August happenings at the Men's Shed

Hello Koo Wee Rup Community.

### **Every day at the shed**

The Men's Shed is open on Mondays to Fridays from 9:00am to 3:00pm and on the weekend 9:00am till 1:00pm. We have free internet access, relaxed games, wood work and metal work facilities available. But you don't have to be old or a man to join in on most of our activities, while Wednesdays are reserved for the Men's Shed Members to get together and have lunch. On other days all members of the community are welcome to attend and participate. Membership is \$25.00 each year, so a small price to pay to join this magnificent establishment.

### **Every day in the Community Garden**

We are still very busy with planting in the spring crops, with many students from Kooweerup Secondary College coming along to lend a hand. As they come into season, our vegetables are available for sale. You can get some on a Friday while at the Café, or come into the shed between 10:00am and 2:00pm any day to see one of our members. They'll get you a bag of wonderful fresh vegies straight from the garden at a small cost to your hip pocket. There's also plenty of opportunities to get your hands dirty and join in. Our garden crew are a great bunch, friendly and engaging and always looking for people to jump in and help.

### **Friday Café**

Our Men's Shed café is a cheap and popular option for your Friday lunch-time culinary delights. With many community people now attending regularly, it can be a good opportunity for a social catch up too. Open from 11:00 am until 2:00 pm, we have our regular (made in house) pies, pasties, sausage rolls, vegie rolls and apple or apple and rhubarb pies. Then each week we also have a special meal deal of fish or roast, sometimes pizza. As we come into spring and the community garden provides more fresh vegetables, we include these in our meals.

### **Tuesday Computer Class**

Are you getting the most out of your smart phone, tablet or computer? Are there things you want to do with your technology, but don't know how? One of our members, Andrew, runs a computer class every Tuesday morning from 9-30am to 11-30am. Andrew and his assistant Marie are happy to help you with all your technology needs.

### **Other happenings**

The Men's Shed have been gifted a number of treated pine fence poles of various sizes from the KWR road project. If you would like some for a home project, let us know. Please contact Brian on 5997 9687 to arrange.

# Black Fish MEDICAL CLINIC

RECEIVE FRIENDLY, CARING,  
PROFESSIONAL SERVICE AT  
BLACK FISH MEDICAL CLINIC.



Our experienced GP's, Psychologist and Health Professionals can help you with a wide range of medical needs to ensure your maximum wellbeing.

**Come to Black Fish Medical Clinic for:**

- Check-ups
- Health assessments
- Skin checks
- Children's health & family planning
- Immunisation & vaccinations
- Pathology
- Cryotherapy for warts and benign skin lesions
- Injectable anti wrinkle treatment & dermal fillers
- Ear syringing
- Development of care plans
- Admitting rights to Kooweerup Regional Health Service beds
- Women's wellbeing
- Men's health
- Diabetes education
- Mental health plans
- Stop smoking plans
- Pharmacotherapy

**Our Kooweerup Regional Health Service Allied Professionals include:**

- Dietician
- Dementia Care advisor
- Podiatrist
- Social Worker
- Palliative Care specialist

To ensure you receive the very highest level of care in the delivery of our services, we maintain excellent facilities and equipment.

**Bulk Billing**

We bulk bill for concession card holders and under 18s.

## WANT TO KNOW MORE

To see one of our GP's or Health Professionals, please call ahead to make an appointment. We do accept walk-ins although you may have to wait.

## HOURS

Monday to Friday  
8.30am to 6pm  
Saturday - 9.30am to 4pm  
Closed public holidays  
Same day appointments usually available

## CONTACT

215-235 Rossiter Road  
Koo Wee Rup Vic 3981

**5997 1819**

reception@blackfishmedicalclinic.com.au  
www.blackfishmedicalclinic.com.au



## Koo Wee Rup Community Centre

247 Rossiter Road, Koo Wee Rup

The Community Centre is used by a wide range of groups to bring people together and foster a positive community spirit in our local area. From birthday parties to weddings, conferences to community seminars, the Community Centre caters for many different events in its three function rooms. The centre is fully equipped with 250 padded seats, 25 tables that each seats 10 guests, a portable stage, kitchen facilities and crockery – so you have everything you need to ensure your function runs smoothly.

### MAIN FUNCTION ROOM

Cocktails, conferences and seminars  
– 250 seat capacity

Banquets, weddings, and birthday parties  
(must be 21 or over) – 200 seat capacity

SWAMP ROOM 25 seat capacity

TOWER ROOM 10 seat capacity

Enquiries to kwrhall@gmail.com or 5997 2001

*\*Bookings subject to Committee approval*

## Lang Lang United Soccer Club



# COME JOIN THE EAGLES

*Play for Fun, Fitness and Friendship*

Mini Roos:  
U6, U8 & U10  
Mixed

U12 & U14 Mixed

U17 Mixed & Girls

Senior Women

Senior & Reserve  
Mens

# ONCE UNITED ALWAYS UNITED!

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FOR MORE INFORMATION CONTACT INFO@LANGLANGUNITED.COM.AU



# Bayles Regional Primary School

## OUR SCHOOL

- Small Community School
- Strong Connection to Families
- Supportive Staff
- Engaging Learning Programs



OSHC – After School Care  
Provided by Windermere  
Onsite

Before school 6.30am – 8.30am

After school 3.30pm – 6.30pm

Breakfast Club

Offering a nutritious breakfast  
for all students.



## SPECIALISTS AT BAYLES

- Arts (Visual and Performing)
- AUSLAN
- STEM (Science, Technology, Engineering, Mathematics)
- Physical Education
- Grow for Growth

## ACCEPTANCE, ACHIEVEMENT, RESILIENCE & RESPECT



**Call us today for more information.**

**Phone 5997 7261**

**Website: <https://baylesps.vic.edu.au>  
3730 Ballarto Road, Bayles**

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*The Home of Patchwork*

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*Specialising In*

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**SERVICING GARFIELD, PAKENHAM, KOOWEERUP,  
BERWICK AND SURROUNDING AREAS**

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**Mob: 0409 010 106**

***For Quality Carpet Care!***

*\* IICRC Certification \* SCRIA Member*

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KOO WEE RUP 3981  
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Industrial Electrical Work**

✓ Supply and install split system  
air conditioners



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✓ LED products

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**[tfgray@dcsi.net.au](mailto:tfgray@dcsi.net.au)**

REC 23734



# 1<sup>st</sup> Koo Wee Rup Scout Group

1 Middle St, Koo Wee Rup VIC 3981

Contact –  
Group Leader – Shane Worthington  
[1stkwrscouts@gmail.com](mailto:1stkwrscouts@gmail.com)  
Or 0427 770 781

Joeys – 6:30 to 7:30pm Monday  
Cubs – 7:00 to 8:30pm Tuesday  
Scouts – 7:00 to 9:00pm Wednesday  
Venturers - 7:00 to 9:00pm Friday  
Rovers - 7:00 to 9:00pm Thursday



This last month has seen a lot of adventures happening at our Scout Group. Cub Scouts have been travelling around the world every Tuesday visiting places such as Italy, America and even Africa. We went on an African Safari and saw monkeys, a tiger, a panther and even an elephant. Did you see them as well? Scouts have had an engineering night where they worked as a team to build a flagpole. Venturers have been discovering extraterrestrial life and needed to safely repair a UFO to help them get home.

Rovers have had their AGM, and appointed a new committee for themselves. Congratlutions to all members that took on a new role. They also had a great night out bowling.

Our group also held our Annual Reports and Awards Presentation. It was great to have so many families in attendance. We had some new parents join some parent patrols to help out around our hall. As we are all volunteers many hands make light work.

If you are interested in coming along and seeing what we get upto with either a child to look at youth section or as an adult to become a leader or part of our committee then get in touch with Shane (Group Leader). New people are always welcome.



SCOUTS & SCHOOLS

## MONSTER RAFFLE

**1<sup>st</sup>**  
Mitsubishi XD ASN ES  
Valued at \$26,114  
(incl. on-road costs)

**2<sup>nd</sup>**  
Family Holiday with accommodation for four  
days. Night numbers  
included.  
Valued at \$4,380

**3<sup>rd</sup>**  
Overland Track Hike w  
quinn and private  
accommodation for two  
valued at \$4,295

**\$2**  
Per ticket

Scan the QR Code to enter



## Over 100 prizes to be won!

Including a car, family holiday, Overland Track hike, holidays, kite boarding lessons, an electric scooter, bikes, Tiger Moth joy flight, wireless speakers, headsets and so much more!



**BRENDON'S**



**FIREWOOD**

**Quality Dry, Split firewood**

**Mixed Local Gum \$110 per Meter Or 5 meters - \$500**

**Redgum \$190 per meter plus delivery**

**Local family business supplying the local communities with quality firewood for over 10 years**

**Ph Brendon 0437192402**

**BJ & DM O'HEHIR CONCRETING**



**Faux Brick & Colour Stencil  
House & Garage Slabs  
Driveways & Paths**

Mobile: 0417106342  
Home: 5997 1185  
Fax: 5997 1420

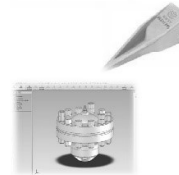
**No job too big  
or too small**

**ALL YOUR CONCRETING NEEDS**

**Lang Lang Engineering**

General Engineering Services:

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- > Drafting
- > 3D Modelling
- > Product Design
- > Tooling Design
- > Project Management



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Please call Andrew on **5997 5999** to discuss your needs or for a competitive quote.

30 Cherry Tree Road, Nyora, 3987

**Koo Wee Rup Tilt Tray Services Pty Ltd**



Owner Operator  
**Mick Crowley - 0411 647 595**

Heavy Duty Tilt Slide Tray Machinery - Forklifts - Site Huts - Containers

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- Mowing
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**Call Matt: 0411 881 814**

[www.westgippslandlawnandgarden.com.au](http://www.westgippslandlawnandgarden.com.au)

- Lawn and garden fertiliser
- Lime and gypsum
- Organic fertilisers
- Agronomy advice
- Soil testing
- 25kg bags to bulk loads



**Open to the public**  
8am-5pm Monday to Friday

150 Sybella Avenue, Koo Wee Rup



**Ph: 5997 2203**



Conveyancing Resolutions is excited to announce their new office at **150 Station Street, Koo Wee Rup.**

We are able to assist you with all of your conveyancing needs including:

- Section 32 Vendor's Statements
- Auction Contracts
- Contract & Section 32 reviews
- Related Party Transfers
- Subdivisions
- Residential & Commercial transactions

If we can be of any assistance to you with any general queries, please do not hesitate to call **Rose Brady** on:

**1300 764 773 or [info@conveyancingresolutions.com.au](mailto:info@conveyancingresolutions.com.au)**

# KOOWEERUP REGIONAL HEALTH SERVICE

235 Rossiter Rd. Koo Wee Rup. Vic. 3981 Phone: 5997 9679  
 Email: [info@krhs.net.au](mailto:info@krhs.net.au) Website: [www.kooweeruphospital.net.au](http://www.kooweeruphospital.net.au)

September 2022

Find us on



## Circle of Friends Cookbook

Bendigo Bank invited KRHS to their recent Grants Night, where we very gratefully received a grant to collaborate on producing more of the very popular Circle of Friends Cookbooks.

A fabulous feast by the Bendigo Bank created from the cookbook recipes was enjoyed by all who attended. Thank-you again!

If you would like to purchase this wonderful cookbook, they are available from KRHS Reception, the Chandelier Café or by contacting Jenny on 5997 9704 [jenny.bayliss@krhs.net.au](mailto:jenny.bayliss@krhs.net.au)




## Community Advisory Committee

Recently we put the call out to the community inviting expressions of interest and we are very pleased to welcome two new members. One from our volunteer group Garry Oates, as well as one of our residents here at KRHS Audrey Mills (pictured). Both have extensive experience in supporting various community groups and have been long term residents of Koo Wee Rup and surrounds.


We would also like to again thank our outgoing members Fran Genoni and Jasmine Sadler for all they have done to support KRHS during their years on the committee.

We are always interested in recruiting new volunteers to help support our current ones and boost the numbers, to assist with the many activities, resident visits and community work we do here. If anyone reading this thinks they might be interested in joining our wonderful team of volunteers, please get in touch with Jenny (contact above) to arrange a time to chat about the many and rewarding opportunities we have at KRHS.




We provide a range of centre and community based services: Acute Care, Early Parenting Unit, Transitional Care Program, Respite and Residential Aged Care, Community Health, District Nurses, Home Care, Pathology and Allied Health for example: Physiotherapy, Occupational Therapy and Social work. There is also Specialist Medical Services such as Podiatry and a Diabetes Clinic. KRHS is a member of the 'International Health Promoting Hospitals Network' and 'Global Green and Healthy Hospitals'.

**Please visit our website for the latest information on KRHS and Covid restrictions**




# BRAVE YOUTH



FRIDAYS | 6PM - 8PM | \$3 per child or \$5 a family  
HIGH SCHOOL AGES  
BASED AT THE KOO WEE RUP MEN'S SHED

Speak to Ty for more information 03 5997 2217  
[www.turningpointchurch.org.au/kooweerup](http://www.turningpointchurch.org.au/kooweerup)




# KW4K

KOO WEE 4 KIDS





FRIDAYS | 6PM - 8PM | \$3 PER CHILD OR \$5 A FAMILY  
PRIMARY SCHOOL AGES  
Turningpoint Koo Wee Rup Church  
335 Rossiter Road, Koo Wee Rup

Speak to Jon and Patrina for more information 03 5997 2217  
[www.turningpointchurch.org.au/kooweerup](http://www.turningpointchurch.org.au/kooweerup)



## KOO WEE RUP CONNECT FOOD RELIEF SERVICE

EVERY FRIDAY 10am - 2pm  
116 Denhams Road, Koo Wee Rup

- A friendly team to support you
- Pantry items, refrigerated items, frozen foods
- Seasonal fresh produce (subject to availability)

03 5997 2217  
[www.turningpointchurch.org.au/kooweerup](http://www.turningpointchurch.org.au/kooweerup)

## Waterline Ex-Service

Are you wanting to meet new people, Make new friends, and participate in a variety of social activities and excursions?

Waterline Ex-Service, Family and Friends is a socially interactive group of ex Service, Partners, Widowed, and Friends. We are a small group of people that have been around for about ten years. We meet at 11am on the last Wednesday of every month at Tooradin Sports Club for a short meeting followed by lunch, if you choose.

Throughout the years members have enjoyed both day and overnight trips to Mildura and Mansfield, Musicals, Concerts, Melbourne Zoo, Coal Creek, Museums, Robert Gordon Pottery, Christmas in July and BBQ's, and more recently the Elvis Presley Exhibition, to name a few. Most members still vote our Barefoot Bowls days as the funniest of days.

A ten dollar annual fee will have us welcoming new members to our small fun group.

Any inquiries please contact Gus Moore 0404 185 210

## KOO WEE RUP turningpoint CHURCH

# CHURCH Services Times

Every Sunday Morning | 10:30AM  
Sunday Evening Services TBC  
335 Rossiter Rd, Koo Wee Rup  
Church Manse  
365 Koo Wee Rup - Longwarry Road, Koo Wee Rup

Office Open Mon, Wed & Fri | 9.30AM - 3.00PM  
(03) 5997 2217





For more information visit  
[TURNINGPOINTCHURCH.ORG.AU/KOOWEERUP](http://TURNINGPOINTCHURCH.ORG.AU/KOOWEERUP)



## Grosby Slipper Factory at Koo Wee Rup

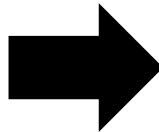
*By Heather Arnold, Koo Wee Rup Swamp Historical Society*

In December 1947, the *Koo Wee Rup Sun* announced that the Grosby Shoe Co. P/L had purchased the Flax Mill buildings in Koo Wee Rup. They planned to specialize in the manufacture of slippers and open operations in early 1948. The Flax Mill had operated from December 1940 until November 1946. Grosby also operated a factory at Beaconsfield, which had opened in May 1945 and operated until around 1953.

There were various advertisements in the newspapers over the next few years for staff at the factory –

### SHOE FACTORY TO START IN KOOWEERUP.

Having purchased the recently vacated flax mill premises, representatives of Grosby Shoe Co. Pty. Ltd., of Flemington road, North Melbourne, were in Kooweerup last week with a view to making alterations to the building to accommodate the necessary plant and for the convenience of employees. This company has for the past two years been successfully operating a branch factory at Beaconsfield, and the management anticipates starting operations in Kooweerup early in the new year, specializing mostly in the manufacture of slippers. At least 30 employees, mostly females, will be required at the start, and as labor increases, the management states, the factory will be extended. Applications for employees will shortly be advertised in the "Sun."

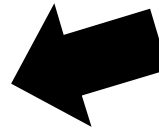


The Grosby Shoe Company purchase the old flax mill at Koo Wee Rup.

*Koo Wee Rup Sun December 3, 1947*

### APPLICATIONS CALLED FOR CLIPPERS.

In this issue the Grosby Manufacturing Co. Pty. Ltd. call applications for male clickers. This well-known slipper and shoe manufacturing company, of North Melbourne, intends opening a branch in Kooweerup early in the new year in the recently vacated flax mill buildings, and, besides requiring experienced clickers, will require at the commencement of operations at least 25 employees, mostly females. Applications should be forwarded to the company's city address, 371-403 Flemington road, North Melbourne.



An article in the same issue of the *Koo Wee Rup Sun* informed the locals that applications for employment at the Koo Wee Rup factory should be sent to Grosby in North Melbourne.

*Koo Wee Rup Sun December 10, 1947*

**Grosby Manufacturing  
Co. Pty. Ltd.**

**Kooweerup Branch**

WILL REQUIRE THE SERVICES OF MEN WHO ARE EXPERIENCED CLICKERS.

Apply by letter to—

GROSBY MANUFACTURING  
CO. PTY. LTD.

371-403 Flemington Road,  
NORTH MELBOURNE. N.I.

Advertisement for experienced clickers. A clicker cuts the leather required for making shoes, into pieces.

*Koo Wee Rup Sun December 10, 1947*

*Continued next page*

# Grosby Slipper Factory at Koo Wee Rup *from previous page*

*By Heather Arnold, Koo Wee Rup Swamp Historical Society*

## Wanted For Sewing Machines

**MECHANIC — EXPERIENCED OR INEXPERIENCED**

**(For full or part-time work)**

If you are inexperienced at this trade, you will be trained at full wages

Convenient hours, from 8 a.m. to 4.30 p.m. Free morning and afternoon tea. No Saturday work.

**Phone or Call  
Grosby Manufacturing Co. Pty. Ltd.**

**KOOWEERUP — PHONE 127**

Advertisement for Sewing machine mechanic in 1949  
*Dandenong Journal, June 22 1949*

**MANAGER,  
MANAGER,  
MANAGER.**

**For Decentralised Slipper Factory  
At Koo-wee-rup, Victoria.  
Located 42 Miles From Melbourne.**

**Excellent Salary for Right Man.**

**Apply by Letter to  
GROSBY SHOE CO.,  
GROSBY SHOE CO.,  
GROSBY SHOE CO.,  
371 Flemington Rd., North Melb.**

Excellent salary for the right man at the Grosby decentralised slipper factory at Koo Wee Rup.  
*The Argus, April 15, 1950*



The Staff at the Grosby factory were featured in a Weekly Times special on Koo Wee Rup in July 1952.  
*Weekly Times July 23, 1952*

*Continued next page*

## Grosby Slipper Factory at Koo Wee Rup *from previous page*

*By Heather Arnold, Koo Wee Rup Swamp Historical Society*

Less than a month after the photo appeared in the *Weekly Times*, the *Koo Wee Rup Sun* on Wednesday, August 20, 1952 announced that the Grosby factory would be closing that day. The employees were redeployed to the North Melbourne factory. The building was auctioned on December 13, 1952. What happened to the building after Grosby left? One building, an army hut, was erected on land adjoining St John's Catholic School in Koo Wee Rup, I don't know the date; and in 1964 the old amenities building was purchased and used as the Scout Hall. That's all I can tell you at the moment.

### SLIPPER FACTORY TO CLOSE DOWN.

We regret to report that the Grosby Manufacturing Company has decided to close its branch slipper factory at Kooweerup from to-day. Many of the 20 odd employees, however, have accepted employment at the company's Melbourne factory.

The closure of the Grosby factory at Koo Wee Rup.  
*Koo Wee Rup Sun August 20, 1952*

## Final Reminder AUCTION SALE

On the Property: Railway Yards  
**KOOWEERUP**  
Saturday, 13th December  
AT 11 A.M.

Under the favoured instructions of the Grosby Manufacturing Co. Pty. Ltd., —

**N. N. WEBSTER—Auctioneer** will offer for sale by public auction—

### Substantial Factory Building

Containing 31,310 square feet on Leasehold Site.  
Suitable any class of Industry, Storage or Removal.  
Further details as previously advertised, or from—

**N. N. Webster**

**AUCTIONEER,**

**Main St., Pakenham East Ph.111**

Auction of Koo Wee Rup Grosby factory.  
*Dandenong Journal, December 10 1952*

From February to November, the Koo Wee Rup Swamp Historical Society meets on the second Wednesday of each month at 7.30pm at Mallow house in Rossiter Road, corner of Henry Street. Our next meeting is on Wednesday, September 14 at 7.30pm. The Museum generally opens on the 1st and 3rd Sundays of the month from 1.30pm to 4.00pm or by appointment. Heather Arnold  
harnold@dcsi.net.au 0407 521 637

*"Look What's Coming"*

## RSL Christmas & Craft Fair

Saturday 26<sup>th</sup> November 2022

10am -2pm

at Koo Wee Rup RSL, Station St – Koo Wee Rup

Face Painting (Opposite newsagent)  
Live Entertainment  
Colouring Competition  
Raffles Galore  
Scout Christmas Trees  
Bendigo Bank Wishing Tree  
Craft Stalls



Christmas Craft & Cooking Competition Senior & Junior Champion  
Craft Stalls (Stall Holders Welcome), Food,  
Lions Cakes & Puddings plus Sausage Sizzle  
**"SANTA"** Bring your pooch along for a photo with Santa

Colouring Competition  
5-8yrs. & 9-12 yrs. entry  
forms available at  
Schools & Bendigo Bank

Entries received at RSL  
Fri 25th Nov between  
4-6pm No Late Entries

Entry Forms for Cooking &  
Craft Sections available at  
Chandelier Café, Bendigo  
Bank & Lions Op' Shop

*Kooweerup Health Service  
Ladies' Auxiliary presents*

## Kays Classic Fashion

Thursday, 8 September  
at 10am

KWR Senior Citizens' Club  
Icke Road, KWR

\$5 entry includes morning tea



\$1 raffles

Trade Table

**Need a friend?**

*Recently retired?*

*New to Koo Wee?*

Join us for,



**HAVE A CHAT CHUESDAYS**

*WHERE?* U.A Church hall, 348 Rossiter Rd.

*WHEN?* Tuesday 13<sup>th</sup> September, then monthly on second Tuesday.

*TIME?* 2pm-4pm.

*This month's theme is*

**MASTERS MOVEIT OLYMPICS**

*Come and have afternoon tea and some fun with us, This month we are hosting our own Olympics with teams from different countries competing in our seniors style activities, YOU CAN DO IT. Then tell us what you would like to do next month. We are a non threatening friendly group. If you think we will all be strangers, we are not. We are friends you just haven't met yet. PS this month we could also do with some adults to help with activities. Not too much laughing !!!*

For more info please contact.... **Jenny 0409009529**

## KOO WEE COFFEE CLUB



*Catching up with locals to have a coffee and a chat from 10am onwards on the following days:*

September	7	Royal Hotel
	21	Chandelier Café
October	5	Royal Hotel
	19	Chandelier Café
November	2	Royal Hotel
	16	Chandelier Café
	30	Degani



Enquiries ph Jo on 0428 557 411



Koo Wee Coffee Club



Country Women's Association of Victoria Inc.  
West Gippsland Group

## 2022 Creative Arts Exhibition

Cranbourne Public Hall,  
Cnr. Clarendon & High Streets,  
Cranbourne

14 October 10.00am - 4.00pm  
15 October 10.00am - 3.30pm

Admission: Adults \$5.  
Children accompanying an adult free.

• Stalls • Raffle • Demonstrations  
• Refreshments available

Enquiries: Joan Graham 0411 640 223  
Find us on facebook:  
CWA West Gippsland Group

