THE KOO WEE RUP

OCTOBER 2022

opened at

Koo-wee-rup

KWR Senior Citizens' Club 50th Anniversary celebration



The Seniors celebrated their delayed 50th anniversary last month. The club came about at a meeting called by KWR Apex Club to form a committee to establish an Elderly Citizens' Club. A provisional committee was formed on 25th January 1971:

President Mr K Jeffery Vice President Mrs M Robertson Mrs Ivy Smethurst Secretary Treasurer L J Cochran

Annual subs were set at 50c, 37 were present. Meetings to be held on 1st and 3rd Mondays in the Memorial Hall. In 1971 Frank and Florrie Icke very generously donated 3 acres of land for the building of an

elderly village and club rooms. The village was to be 10 singles at \$2.90 per week and 2 doubles at \$4.45 per week. The village eventually opened on 21st April 1978 built at a cost of \$207,000.

In the meantime, the Senior Citizens' Club was floundering, trying to get their club rooms built. After a lot of effort from the committee, especially Edie Dwyer (a great letter writer) the hall was finally built and opened on 7th May 1980, by Barry Simon MHR, built at a cost of \$100,000. 115 members attended the opening of the club rooms.

Pictured left is part of an article from The Kooweerup Sun 13th May 1980.

Prior to the opening of the club rooms, the club had been using the Memorial Hall, St George's Church Hall, Presbyterian Church Hall and, finally, the Scout Hall.

The club was very active with cards, dancing, carpet bowls, a choir, bingo and many visits and outings. A Dutch club was formed in 1991 and continued up until 2015. The club also participated very successfully in the local Potato Festival.

Friday lunches began on 9th November 1979, meals on wheels were also prepared in our kitchen. Val Renchan was the first cook. Diane King and Pat Nunn also cooked at one stage.

In 1971 they participated in Op Shop with the swimming pool committee, this did not last

long, and the shop shut, later reopening as Lions Op Shop. We participate in this to this day, a good fundraiser.

Many activities have fallen by the wayside due to changing interests and age, but the club continues to be strong and stable with many members who help with the running of the club and an active committee.

Koo Wee Rup Township Committee Meeting

The Township held its monthly meeting and AGM on Wednesday, 7 September at the Community Centre. Township Meetings are open to anyone who would like to attend. The next meeting will be held on Wednesday, 5 October at 7:30 pm at the Community Centre. All welcome.

At the AGM the committee for the next year were elected: President - Caroline Roff, Vice President - Garry Oates, Secretary — Gavin Brock, Treasurer — Caroline Roff, General Committee Members — Ellen Brown, Lou Bucello, Frank Crameri, Joyce Light, Lachie McKay, Gus Moore, Geoff Stokes, Trevor Westmore. The President's report to the AGM is on page 7.

VicRoads have sent extensive documentation on what requirements we need to meet to install a new Welcome to Koo Wee Rup near Denhams Road, information regarding the permit requirements was handed to Frank Crameri. We will fix the ones that we still have and work towards installing the new sign. Secretary to contact the Men's Shed. continued p5

Community Bank

Koo Wee Rup



What's on in Koo Wee Rup and District

September

Mon		KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon		CWA Meeting (page 25)	Senior Citizens Club	7.30pm
Mon	3rd	Chair Pilates (page 15)	Eco House - Hospital	5pm
Mon	3rd	Mat Pilates	Eco House - Hospital	6pm
Wed	5th	Coffee Club (back page)	Royal Hotel	10am
Wed	5th	Lions Club Meeting (page 19)	Tooradin Sports Club	7pm
Wed	5th	Township Committee AGM & Meeting (front page)	Community Centre	7.30pm
Thu	6th	Heart Foundation Walking (page 13)	Clocktowers	7pm
Fri	7th	KRHS Ladies Auxiliary Meeting (page 11)	Eco House	9.30am
Fri	7th	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sat	8th	Mat Pilates	Eco House - Hospital	9am
Mon	10th	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon	10th	Chair Pilates	Eco House - Hospital	5pm
Mon	10th	Mat Pilates	Eco House - Hospital	6pm
Tue	11th	RSL Sub-Branch Monthly Meeting	RSL Clubrooms	7.30pm
Tue	11th	Hall Committee Meeting	Community Centre	7.30pm
Wed	12th	KWR Swamp Historical Society Meeting (page 33)	KWR Museum	6pm
Thu		Heart Foundation Walking	Clocktowers	7pm
Fri	14th	CWA Creative Arts Exhibition (continues 15th) (page 25)	Cranbourne Public Hall	10am
Fri	14th	KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sat	15th	Mat Pilates	Eco House - Hospital	9am
Sun	16th	Bayles Fauna Park Working Bee (page 9)	Bayles Fauna Park	9am
Sun		Bayles Fauna Park AGM	Bayles Fauna Park	12.30pm
Mon		KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon		Chair Pilates	Eco House - Hospital	5pm
Mon	17th	Mat Pilates	Eco House - Hospital	6pm
Mon	17th	CWA Craft Meeting (page 25)	Senior Citizens Club	7.30pm
Wed		Coffee Club	Chandelier Café	10am
Wed	19th	Lions Club Meeting	RSL Clubrooms	7pm
Thu		Heart Foundation Walking	Clocktowers	7pm
Fri		KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sat		Mat Pilates	Eco House - Hospital	9am
Sun	23rd	CFA Open Day (back page)	KWR CFA Station	10am
Mon		KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon		Chair Pilates	Eco House - Hospital	5pm
Mon	24th	Mat Pilates	Eco House - Hospital	6pm
Thu	25th	Heart Foundation Walking	Clocktowers	7pm
Thu		Abba Tribute (page 22)	Bayles Public Hall	10.30am
Fri		KWR Senior Citizens Lunch & Bingo (members only)	Senior Citizens Club	11.30am
Sun		Santa Sofia Festival (back page)	St John's Church	9.30am
Mon	31st	KWR Senior Citizens Indoor Bowls (members only)	Senior Citizens Club	11am
Mon	31st	Chair Pilates	Eco House - Hospital	5pm
Mon		Mat Pilates	Eco House - Hospital	6pm
				- 1-
November Fri 11th Remembrance Day Commomoration (1999 2) KWR Constant 11am				
Fri		Remembrance Day Commemoration (page 3)	KWR Cenotaph	11am
Thu		Cardinia Business Celebration (page 27)	Cardinia Cultural Centre	6.30pm
Thu		The Gospel Side of Elvis Presley (page 22)	Bayles Public Hall	10.30am
Sat	26th	RSL Christmas and Craft Fair (page 3)	RSL Clubrooms	10am

JUSTICE OF THE PEACE

For document signing and associated services contact:

GARY KING JP - 0438 663 655

BEVERLEY EDWARDS JP – 0400 584 235

JP duties are a free community service

HAVE YOU GOT SOMETHING TO SAY?

Have you got some news, a photo, or an opinion you want to share with your community? Why not say it in the Blackfish? Just drop me a line at blackfish@live.com.au post to PO Box 64, KWR or phone 5997 2333.

Caroline Roff, Editor

Koo Wee Rup RSL Report

I'm sure like many of you, the Koo Wee Rup and District RSL were extremely saddened by the passing of Her Majesty Queen Elizabeth II who we can proudly say was an ex-service woman – having served in the British Armed Services serving in the Auxiliary Territorial Service in 1945 at the age of 18 and trained to become a mechanic, the only female member of the Royal Family to do so.

The Koo Wee Rup and District RSL has been a little quiet over the past few months. Now that the weather is starting to warm up and we are no longer limited by lockdowns and restrictions we can start to get back to normality.

Firstly, I would like to let everybody know that we will be again holding our usual Remembrance Day Service at 11.00am on Friday 11th November 2022 at the Cenotaph outside the Koo Wee Rup Community Centre. The Remembrance Day Service isn't as large and as well attended as our ANZAC Day Dawn Service but is still a very important day in our country's history and you are all welcome to attend the service.

Remembrance Day is observed on 11th November to recall the end of First World War hostilities. Hostilities formally ended at the 11th hour of the 11th day of the 11th month in 1918. The tradition of wearing a remembrance (red) poppy is to honour all men and women of the armed forces who have died in the line of duty or now the practice of wearing a purple poppy for animals serving in war. Therefore, we ask that you support the Poppy Appeal by purchasing a poppy from one of the RSL volunteers selling poppies this November. All monies raised by the Koo Wee Rup & District RSL will assist any ex-service men and women and their families in the area should they need assistance of any kind.

Secondly, I'd like to tell you about the Koo Wee Rup RSL Christmas and Craft Fair being held on Saturday 26th November (four weeks before Christmas) at the RSL Clubrooms on Station Street.

The fair promises to be a great opportunity to get out and support your local RSL as well as the stallholders selling their homemade wares – a perfect opportunity to pick up something nice for Christmas. If you would like a stall, please contact Joyce Mills on 5997 1571 or kooweerup.rsl@gmail.com for more information.

The Lions Club will be selling their Christmas Cakes and Puddings and the Koo Wee Rup Scout Group will have their

Christmas Trees for sale. The Bendigo Bank "Wishing Tree" will be launched on the day, where you can bring along a new gift wrapped or unwrapped (no secondhand items please) for a young person who otherwise might go without this Christmas and the bank will see that the gifts are suitably distributed in time for Christmas. There will be a colouring competition for the local kids - entry forms will be available at your school as well as at the Bendigo Bank and Chandelier Café. There will be a Craft and Cooking Competition open to all children and adults in the area, entry forms will be available at the Bendigo Bank, Chandelier Café or Koo Wee Rup RSL by emailing kooweerup.rsl@gmail.com - entry is free for the colouring competition and the craft and cooking competitions - look out for entry forms available from mid-October onwards. The Koo Wee Rup Lions Club is kindly sponsoring the Best Decorated Lions Club Cake section by offering a \$100.00 cash prize to the winner. Lions Club cakes can be purchased at the Bendigo Bank, Chandelier Cafe or the Lions Club Op Shop from mid-October onwards. Finally, the best 'til last - Santa will be there, kids come along to meet Santa and have your photo taken, we also encourage photos of Santa with your "Fur Babies" – well behaved pets most welcome for a photo too!!! Please consider either entering something in the competitions or coming along on the day to support the fair as people put a lot of work into organising these events in their spare time. That's all for now.

Rodney Edwards, President





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Koo Wee Rup Township Committee Meeting (from page 1)

Gus and Caroline attended the Lang Lang District Business and Community Group meeting and agreed to work together on similar issues that impact both towns.

Cardinia Shire matters - Hannah Milne

- Shire Australia day Awards are open for nominations.
- Christmas Grant has \$528 unspent, if unspent this year this should be refunded to council.
- Beautification Grants are open for applications, up to \$2,000 available for improvements to public open space and council owned or managed land.
- Matthew Everson presented on the lighting concept for the Clock Towers. One option was quoted at
 approximately \$26,000 an alternative proposal has been costed at approximately \$4,000 and would require a
 dollar for dollar input from the Township Committee. Garry will work with Matthew and Hannah Milne to finalise
 the detail, prepare a beautification grant application for \$2,000 and have everything ready for approval at the
 October meeting for approval by the committee.

Police report – Kevin Isles

Koo Wee Rup members have spent a lot of time supporting Pakenham as have been struggling with staffing. Kevin has been stationed here for 12 years and now service Cardinia and Casey not just the local area.

There are five officers allocated to Koo Wee Rup, pushing to have the station open every Tuesday.

Crime Report:

- Theft from cars
- Theft from vacant properties
- 3 family violence reports in Koo Wee Rup
- 10 family violence reports from Lang Lang

Crime needs to be reported to police not just posted on social media. Posts on social media do not get counted in official figures and cannot be used to build a case for more police or a permanent presence in the town.

Police are covering the area during night shifts.

Koo Wee Rup has some camera coverage.

State Government – Jordan Crugnale

Jordan thanked Kevin for his report.

There have been some concerns voiced locally (especially on social media) regarding the Community Emergency Response Team based in Lang Lang. The CERT is still operating in Lang Lang and is continuing to be supported by Ambulance Victoria.

Spoke about the road improvements in the area.

Andrew asked about Koo Wee Rup Rail, is Clyde rail being updated?

Jordan responded that the rail was planned to be upgraded and re-opened to Clyde.

Andrew questioned the timing of the rail upgrades, all crossings are closed at the same time and therefore cannot get back and forth from Pakenham in timely manner.

Ellen Brown advised that the new football pavilion will be officially opened on 22ND September at 5pm. Frank Crameri advised that both council and state government are aware of the need to update the social clubrooms.

The Community Hall needs an upgrade: more meeting rooms, stage, and dressing rooms.

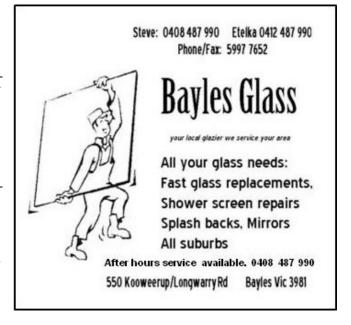
Works on the Bowling Club are due to start soon.

The proposal for a mural on the back wall of Woolworths is ongoing. Joyce will follow up address to contact the owner of the Woolworths complex.

Lachie spoke about the Koo Wee Rup Swamp Historical Society and the book written by Bob Newton "Train Track to Rail Trail". Bob will be speaking about his book at the Historical Society on 18th September at 1:30pm.

Lachy thanked Melbourne Water for cleaning the drains along McDonald Drain Road. Council has also graded the road but needs further work (Cr Cameron said they are due to comeback to do more work), however the trees have not been cut back.

Frank raised that one of the new signs on the old railway platform has been damaged.



Yay, Spring Is Finally Here!

I'm sure, just like us at **Nutrien Harcourts Koo Wee Rup**, you have been hanging out for some warmer weather which comes with the spring season. Even though the weather has not really warmed up yet, we know it eventually will!



Other than the promise of days over 20 degrees, spring is the season of change and transformation - from shades of grey to bursts of colour, from shorter days to longer days. The spring season brings sunshine, new growth, and a fresh outlook. We all shift out of hibernation and start getting out and about.



Not only does spring represent a shift in weather, lifestyle and attitude, it also means the real estate market starts to heat up! It traditionally heralds a marked increase in the number of buyers looking for that special property to enable them to move in before Christmas.

If you are thinking about selling and taking advantage of the spring real estate season, the first thing you need to do is find out just what your property is worth in the current market.

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5997 2425

Nutrien Harcourts

President's Report to the 2022 Township Committee AGM

Koo Wee Rup has changed significantly in the time I've lived here. I judge the size of the town in Blackfish distribution numbers. When I first took over as editor around 15 years ago, we produced 700 copies each month, that is now 1400 copies, which indicates an additional 700 houses being built in those 15 years.

The demographic is changing as well. We recently had a journalist from The Age contact the committee for help finding a millennial couple who could be interviewed for an article about the suburbs that had moved from Baby Boomer or Gen X dominated to Gen Y dominated. That's Koo Wee Rup. The largest group in our population is now in the 26-41 year old age group.

We are no longer a small country town largely populated with people who have lived here all their lives; these days we are a dormitory town where young couples and families move to find a nice 3 or 4 bedroom house with a garden in a safe and pleasant community.

Getting adequate public transport so that people can commute without needing a car is a high priority for the area. I have been advocating for a Myki accessible service and inclusion Metro Zone 2 for a long time. We know from Covid lockdowns that we are considered a part of metropolitan Melbourne; it would be nice if our public transport reflected this.

It is fantastic to see the progress on the duplication of the KWR-Pakenham Road. It's pleasing to see that Major Road Projects Victoria has begun communicating its plans for the duplication of the road from Livestock Way to Peet Street including a second bridge over the freeway and walking path connections. Also included in that project is the completion of the McGregor Road/Princes Freeway access road diamond.

Improvements in the town in the last year include the upgrade of the skatepark, which is getting a lot of use. The

upgrades of the netball and football pavilions at the Rec Reserve are complete and there is discussion under way about upgrading the social club rooms. The bowls club rebuild is funded and planned to commence soon. The helipad in Cochrane Park has been resurfaced.

Thank you to our Ward Councillor, Kaye Cameron, who has been such a positive advocate for our community.

Thank you to the Australia Day subcommittee and all who helped out on Australia Day who contributed to an important celebration of our local volunteers.

Thank you to Gavin Brock and Garry Oates for taking on the workload of Secretary and Vice President. Gavin unfailingly has the minutes ready to publish in each month's Blackfish and deals with the correspondence with calm efficiency. Garry has subbed as Chair at meetings and has encouraged us to look at the committee in a different way, questioning our role and working towards developing a mission for the committee.

Thank you to Gus Moore and Garry Oates (again) for taking on the somewhat thankless task of attempting to upgrade the town's Christmas decorations. And a huge thank you to Bev and Rod Edwards for the work they did last year with decorations at the RSL and in some of the local shop windows. I understand there will be further upgrades this year.

And to the members of the Township Committee and to others who come along to our meetings, thank you for your support, your interest in the welfare of our community and your regular attendance throughout the year.



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Lions Club Junior Public Speaking Competition

Way back in 2013 then Lions Club president Sheryl Blay suggested we take an idea from Lions Clubs in the north of Victoria and run a public speaking competition designed to improve the self-confidence of primary school students. The idea was for grade 3 and 4 students to prepare a speech on a subject nominated by Lions and speak for 3 minutes. The 5 and 6 grade students would prepare a speech on a different subject and speak for 4 minutes. In the first instance all students prepare and present a speech in their classroom. The best of these are then invited to present their speech to the entire school assembly. A Lions member and two teachers judge those speeches to determine which students advance to the Lions Club final where one student in each category would move up to the next level. In o ur area we have five primary schools, Cardinia, Koo Wee Rup, Bayles, St.John the Baptist and Lang Lang. At that 2013 club competition one student was so nervous she went to the toilet 4 times in the half hour before her competition, but when it was her turn to present her speech, she did remarkably well. When we saw the look of accomplishment on her face and the look of pride on the face of her mother, we knew we had discovered something really worthwhile. Something that made a genuine contribution to the students involved. The competition has run each year since, even last year despite covid.

This year the grade 3 and 4 students were asked to speak about: "A place other than in your home state, that you would like to visit. Tell us why you would like to visit this place, how you would get there and what you would like to see when you arrived". (3 minutes) Grade 5 and 6 students were asked "to introduce a famous person who lived it.

Bayles Fauna Park

Working Bee

Sunday, 16 October 9am start followed by a BBQ lunch

Please bring own bottled water, wear long pants and closed in shoes

AGM

Sunday, 16 October 12.30pm

All welcome

and 6 students were asked "to introduce a famous person who lived in the 20th century. eg: Charlie Chaplin, Florence Nightingale, Helen Keller, Alexander Bell, Louis Pasteur etc. Tell us about this person, what they did and how they became famous". (4 minutes)



Junior Public Speaking competition on the 7th of September at the Tooradin Sports Centre Function Room. The standard was incredibly high.

Our Judges, Leonie McGinley, Laura McBride (Healey) and Maurice Schwennesen had the difficult task of selecting a winner from an excellent group of finalists. We congratulate Oscar McGeachin and Chloe Harris on winning their way through to the District semi final to be held on the 10th of October, again at the Tooradin Sports Club.





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Koo Wee Rup Senior Citizens' Club

Icke Road, Koo Wee Rup

This month we celebrated the club's 50th Anniversary at a special luncheon attended by invited guests and members. 4 members Gwyneth, Diane K, Dianne I and Dianne D were awarded life membership for their many years of service to the club in various ways.

Friday lunches and Monday bowls are well attended.

If you would like to participate in these activities plus outings, new members are most welcome at an annual subscription of \$10.

Enquiries to: Dianne D 0419 405 404 Leonie 0477 249 000

News from the KRHS Ladies Auxiliary

The Ladies Auxiliary held a fashion parade on September the 8th and it was a great success. We would like to thank all the ladies who came along and joined us for a very happy morning. All were very pleased with the new fashion items they had purchased.

The Ladies Auxiliary raises funds in all sorts of ways to purchase equipment for the Koo-Wee-Rup Regional Health Services. This equipment is usually items that are not provided for or for free by our state or federal governments. This month we are purchasing: -

- A transfer assist trolley
- Kingston Bridge chairs
- A breast feeding 'baby'

Our next large fund raiser will be on November the 26th - 'The Christmas Fair'. Together with the KWR RSL we are presenting a Christmas Fair at the RSL Hall and grounds in Station Street. There will be lots of stalls; food, craft, a cake decoration competition, a children's cooking competition and a colouring in competition for children aged 4 to 8 years old and 9 to 12 years old, together with face painting and a visit by Father Christmas! The Ladies Auxiliary are providing a Devonshire Tea all day for you to enjoy at your leisure and will also have a 'White Elephant' stall for you to browse.

Entry forms for the children's cooking and the colouring in competition will be delivered to all schools and entry forms for cake decorating and craft competitions can be collected from the Bendigo Bank or the Chandelier Café in Station Street. So ... come along, have some really good fun and you will have plenty of time because the Fair runs from 10:00 am until 3:00 pm. See more details of all this on the RSL report for this month's 'Blackfish'.

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A couple of interesting questions for you and the answers

You have been reading my monthly contributions here in Blackfish for a couple of years now, and I have been writing extracts taken from my memoirs, telling you stories about the very adventurous and exciting life I have led over the past years. This month my story is totally different in that I will tell to you about some interesting and extensive research I have been doing on a few seemingly obvious everyday questions and answers. Here is the first.

Who invented the sandwich? Well ... surprise, surprise ... it wasn't the Earl of Sandwich!

People have almost certainly been putting food between pieces of bread for as long as bread has existed, but even the oldest documented sandwich predates the famous Earl by more than 2000 years. The sandwich in question was of unleavened bread made in the first century BC by a rabbi called Hillel the Elder, and the filling consisted of lamb, horseradish and chutney made of chopped nuts, apples and spices marinated in wine. Variants of the 'Hillel sandwich' are still used by Jewish people today to celebrate the Passover. Hillel was born in Babylon, but lived in Jerusalem at the time of King Herod, Jesus and Emperor Augustus. He was a radical religious leader and a wise and good man: several of his sayings are repeated almost word for word by Jesus in the Bible. And he invented something better than a sandwich - 'The Golden Rule', which is at the heart of all religions, expressed as 'Do as you would be done by' or, in the words of Jesus, 'And as ye would that men should do to you, do ye also to them likewise'.

During the <u>Middle Ages</u> in Europe, thick slabs of coarse and usually <u>stale bread</u>, called <u>'trenchers</u>,' were used as plates. After a meal, the food-soaked trencher was fed to a dog or to beggars at the tables of the wealthy and eaten by diners in more modest circumstances. The immediate culinary precursor with a direct connection to the English sandwich was to be found in the Netherlands of the seventeenth century, where the naturalist <u>John Ray</u> observed that in the taverns beef hung from the rafters "which they cut into thin slices and eat with bread and butter laying the slices upon the butter"— explanatory specifications that reveal the Dutch *belegde broodje*, <u>open-faced sandwich</u>, was as yet unfamiliar in England. Initially perceived as food that men shared while gaming and drinking at night, the sandwich slowly began appearing in polite society as a late-night meal among the <u>aristocracy</u>.

The man who didn't invent the sandwich was John Montegu, Fourth Earl of Sandwich (1718-92). According to the myth, he was a compulsive gambler who ordered meat wrapped in bread to keep one hand free to play cards. But his biographer, N.A.M.Rodger, says this story is not only untrue but unfair. The story dates from 1786, a year when Montagu was very busy as First Lord of the Admiralty. It seems much likelier that his fondness for convenience food was due to the fact that he often had to eat a rushed lunch at his desk. He did supply the name though. Before he came along, sandwiches didn't have one. They were just called 'bread and meat' or 'bread and cheese'. Montagu came from a long line of gastronomic innovators. His great-great-grandfather, Sir Edward Montague, First Earl of Sandwich (1625-72) was a keen collector of recipes. One recommended chocolate, snow and salt to be shaken together. The result was basically a Mocha Frappuccino, 335 years before Starbucks registered their trademark. According to the story, following the Earl of Sandwich's request for beef between two slices of bread, his friends began to order, "The same as Sandwich". The first written usage of the English word appeared in Edward Gibbon's journal, in longhand, referring to "bits of cold meat" as a "sandwich". He wrote "... supping at little tables covered with a napkin, in the middle of a coffee-room, upon a bit of cold meat, or a sandwich, and drinking a glass of punch ...". The current Earl of Sandwich, Orlando Montagu - the eleventh recently opened a sandwich restaurant called 'The Earl of Sandwich'. His first restaurant was opened on March 19, 2004, located in Downtown Disney (now known as Disney Springs) on the property of the Walt Disney World Resort outside of Orlando, Florida. The Earl of Sandwich has franchising plans in the United States and the United Kingdom, including the Planet Hollywood Resort and Casino in Las Vegas, Nevada. The first Earl of Sandwich franchise opened in Sugar Land,



Who can we help? How can you help us?

For more information facebook page (Rotary Club of Koo Wee Rup-Lang Lang) or our website

Email: <u>rckooweeruplanglang@gmail.com</u> Phone: 0499 101 953 <u>Texas</u>, and is owned by an investment group which includes <u>Nolan Ryan</u> and <u>Roger Clemens</u>. Additional locations have opened since, in various states across the U.S.A. The first Earl of Sandwich restaurant outside of the United States opened on April 18, 2011, in <u>London</u>, but closed on February 28, 2014. The chain has since expanded to the <u>Disney Village</u> at <u>Disneyland Paris</u>, in addition to locations in <u>Kelowna</u>, <u>Calgary</u>, <u>Edmonton</u>, and <u>Winnipeg</u> in <u>Canada</u> and five in the <u>Philippines</u>.

As a final comment, the first Earl was given a choice of towns to name himself after when he was offered a peerage. He picked the coastal town of Sandwich because his fleet was anchored nearby. It wasn't his first choice - he wanted to be Earl of Portsmouth. If there hadn't been an existing Earl of Portsmouth at the time, we might now all be eating cheese and tomato portsmouths!

Continued next page

Heart Foundation Evening Walkers will be back with daylight saving

Winter is behind us and summer just around the corner, so no excuses to not get moving again. Koo Wee Rup is lucky to have 3 FREE Heart Foundation Walking Groups in operation. In addition to the 2 day time groups at 9 am Mondays and Thursdays from the Rossiter Rd Bus Interchange and Clock Towers, we also have an evening group. This only runs during daylight saving as we walk at 7 pm every Thursday evening from the same starting point at the Clock Towers. The evening group recommences on Thursday 6th October so get those walking shoes ready and be prepared to hear about what's happening around town whilst you walk. We've clocked up 11 years as a walking group, so we are there for the long haul. A few years ago we walked past the old railway station platform, with the pine tree growing through the ashfelt. Then we heard that it was to be rebuild as a commemorative feature and within months we can now walk past the new refurbished and historic platform. We undertake a few more adventurous walks in Pakenham and surrounds with a social evening meal afterwards. Plus the usual Christmas dinner and season end celebrations. So for a mix of social and physical energy opportunities, this is a great way to get out and about as all ability level can be catered for.

We are fortunate to have the Heart Foundation Branding and some added opportunities as a result of being part of this national walking program.

Enquiries to Marlene on 0429 814410



There's a fun, FREE and easy way to feel happy and healthy. It's walking – and everyone is welcome to take part.

Come along to our regular walks, meet new friends and exercise.

What: Thursday Evening Walkers.

When: 7.00 pm every Thursday during daylight saving.

Starting Thu 6th October 2022 until April 2023

Where: Koo Wee Rup Clock Towers Rossiter Rd KWR FREE daylight saving group. Ring Marlene 0429 814410

Visit walking.heartfoundation.org.au for more information





A couple of interesting questions for you and the answers from previous page

And the second question is: - Who wore the first high heels?

Men Soldiers, in fact!

High-heeled shoes were invented in the Middle East - probably in Persia (now called Iran), where they date back to the ninth century. They were designed for horsemen to keep their feet firmly in the stirrups and were so effective that riders could stand upright and fire a bow and arrow at the gallop. (American cowboys still wear boots with raised heels). Heels made their way to Europe in the sixteenth century, when men started to wear them as fashion statements. Louis XIV of France (1638-1715) wore shoes with 100 mm (4 inch) heels to look chic and to boost his height. To show they were manly, he had them decorated with battle scenes. His courtiers were allowed to wear high-heeled shoes with red soles to show they belonged to the court - so heels became a status symbol. Charles II of England (1630-1685), first cousin of Louis XIV, wore an enormous pair of heels to his coronation in 1661, despite being 1.85 m (6 feet) tall. Women only started wearing heels as part of a 1630s fashion for imitating men: they also cut their hair, took up smoking pipes and wore men's hats. Even children started wearing heels. In seventeenth century Europe everyone was wearing them. In the eighteenth century the 'Enlightenment' declared that men were inherently rational, so they should wear rational clothing. By the 1730s they'd abandoned high heels; part of a fashion shift called the 'Great Male Renunciation'. They also stopped

wearing make-up and lacy tops. Women hung on to their heels for another 50 years, but even they gave them up after the French Revolution. It wasn't until the advent of photography and the rise of erotic postcards that heels came into fashion again. Platform shoes are even older than high heels. They have been traced back to ancient Greece, where the goddess Aphrodite often clumped around in them! In the Renaissance, Venice women wore 'chopines' (pictured) - platform shoes several inches high; some even as high as 20 inches (500 mm)!! They needed two servants to prop them up to walk in the street. Wildly impractical shoes signify wealth and privilege. If you're wearing 150 mm (6 inch) stilettos, there's no way you could work in the fields - so the fact you are wearing them shows you're not expected to!

Finally a little bit of fun arithmetic.

11,111,111, x 111,111,111 = 12,345,678,987,654,321



Geoff Stokes



Projects being delivered in our local Cardinia community

COST OF LIVING SUPPORTS



- · \$250 Power Saving Bonus for ALL households
- FREE 3+4 year old kindergarten in 2023 saving families up to \$2,500 per child.
- Guaranteed Sick Pay up to 38 hrs for casual and contract workers in certain jobs visit www. service.vic.gov.au
- · Councils have rate payment plans available
- State School Relief Fund to help with uniforms, footwear, educational items Contact your government school for assistance.
- · 50% discount on car registration for Trade Apprentices



Need help with your Power Saving Bonus? Call my office, your local Neighbourhood House

or visit compare.energy.vic.gov.au

EDUCATION and Early Years



- Koo Wee Rup PS New competition grade gym and classroom upgrades
- · Lang Lang PS new learning areas and amenities block upgrade
- · Bayles PS outdoor undercover area, running track and play area.
- Pakenham Consolidated upgrade, modernisation incl new dedicated learning area.
- · Mental Health Professionals in all State Secondary Colleges.
- Officer Specialist School \$3.7 million upgrade
- · Three year old funded Kinder
- · 10,000 more places and more free courses at TAFE

HEALTH CARE



- Pakenham Community Hospital a small public hospital providing a range of services including urgent care, chronic disease management, diagnostic services, primary health care, mental health, specialist appointments (2024)
- Casey Hospital Emergency Department Major expansion incl. dedicated Children's area.

ROADS and RAIL



- · Healesville/Koo Wee Rup Rd upgrade including extra lane in each direction
- · Level Crossing Removals at McGregor, Main and Racecourse Rd underway.
- · New Pakenham Station with Bus interchange, accessibility improvements, more parking.

COMMUNITY *funded in partnership, delivered by Cardinia Council



- Over 200 Sport + Rec Clubs supported with around \$890,000 in grants for recovery, programs, capacity building, skills development, uniforms and equipment across Bass.
- Koo Wee Rup Recreation Reserve upgrade including new pavilions, courts*
- Koo Wee Rup Bowling Club New community pavillion*
- Cardinia Youth Hub My Place Pakenham*
- Catani Cricket Club new 4 training lanes, nets*
- Pakenham Orange Door Family Violence and Family wellbeing support service
- · 1,980 Cardinia businesses received \$39 million in covid supports.



P 03 5672 4755 JordanCrugnaleMP jordan.crugnale@parliament.vic.gov.au 9 McBride Avenue Wonthaggi VIC 3995



St John's Primary School

What a fantastic end to Term Three we had at St John's. Our Foundation students celebrated 100 days at school by dressing up as 100 year old people. The students enjoyed a variety of activities throughout the day with the theme of each activity being 100. We had Book Week where students were involved in a number of activities throughout the week. Adam Wallace author of some of our favourite books did a drawing session with the students. After a few years off the reading line was brought back with the junior students reading with our senior students, due to the weather it became a reading circle. Our junior students had a Teddy Bears Picnic, a dress up day for Book Week and we finished the week off with maths games in the classroom after our Father's Day breakfast.

Towards the end of Term Three we had National Child Protection week where the theme focused on 'Every child in every community deserves a fair go'. Classes discussed what a safe community looks like and the students revised their safety hand with the 5 trusted adults they can speak to if they feel unsafe. Our Grades 4-6 students participated in a state-wide webinar discussing the importance of being safe online.

A big congratulations to Oscar McGeachin and Charlotte Hughes for representing St John's at the Lions Speech Competition. They both did an amazing job and we wish Oscar all the best as he moves onto the next round.

We finished off the term with Footy Day. All the students enjoyed dressing up in either their favourite footy teams colours or a team they support in another sport. It was great to see so many different guernseys, with Richmond having the highest amount of supporters. Footy activities were held in the classrooms.



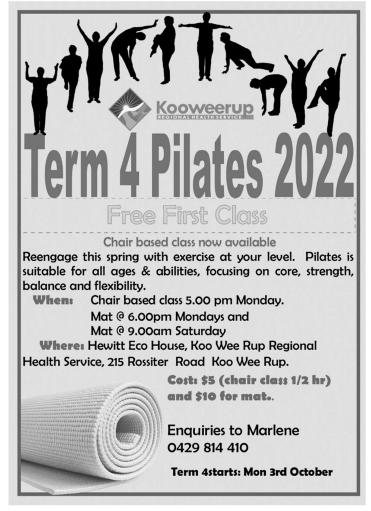
Pilates at Koo Wee Rup Regional Health Service

We will be up and running on **first day of Term 4 on Monday 3rd October**. We are now offering 2 mat Pilates classes which are mostly on the floor, and one chair based class, which uses similar principles without having to get down. The basics of Pilates are to develop flexibility, core strength, general resistance and balance. This can be achieved through a variety of exercises which use the resistance of your own body to achieve results. Joseph Pilates, in his traditional 34 exercises, which have now been modified to several hundred, focused on using springs on the beds of rehabilitation patients, to interact with the resistance of their own bodies.

Modern Pilates uses these principles in the clinical reformer bed setting. But in our mat and chair work, we can adapt with resistance bands, chi balls, hand weights and just the resistance of our own bodies. That's why it's become a versatile and popular form of exercise. Each participant works at his/her own level progressing exercises. This is probably less understood than yoga, but as Joseph Pilates adapted many yoga moves to his repertories, there are strong similarities. Why not give it a try. **FREE first session.** I've now been teaching at the health service for 9 years and we are certainly and small but friendly group focusing on correct technique and listening to our own bodies telling us what we can and can't do.

Costs are \$5 for 30 minute chair session every Monday at 5 pm and \$10 for a 1 hour mat class 6 pm Mondays or 9 am Saturdays, during school term time.

Enquiries to Marlene on 0429 814410



Icarus Skin Cancer Clinic



Phone: 59 252 000

Address: Suite 4, Ground Floor, Hollander House, 352 Rossiter Road, Koo Wee Rup VIC 3981

Email : reception@icarusskincancerclinic.com.au Website : www.icarusskincancerclinic.com.au

EARLY DETECTION AND TREATMENT OF SKIN CANCERS IS ESSENTIAL

Experienced doctor

Our highly skilled skin cancer doctor, Dr Bruce Lim, has a comprehensive understanding of skin cancer and treatment, acquired from years of additional study beyond a medical degree. His experience gives you confidence that he will accurately diagnose and treat skin concerns in a safe medical environment. His breadth of knowledge and treatment of patients, and expertise ensure the highest standards of professionalism and safety.

Bruce has undertaken significant further training in the field of skin cancer medicine and is accredited by the <u>Skin Cancer College of Australasia</u>. He has developed skills in skin cancer surgery including facial surgery, skin flaps (including nose, ears and lower leg repairs) and skin grafting. He is also passionate about promoting sun awareness and <u>skin cancer prevention</u> with his patients

Technology

Using dermatology software powered by artificial intelligence (AI), we can capture high quality digital images of your skin and record exact detail for future comparison monitoring suspicious lesions for any changes, resulting in earlier diagnoses so you can avoid unnecessary procedures.

Need a skin check?

Anyone with changing spots, or spots that look very different to others on their body, should have them assessed by an accredited skin cancer doctor as soon as possible.

Even if you are unsure if your spots have changed, it's worth having a doctor check your skin to ensure nothing is amiss. If you have a history of sunburn, multiple spots, previous skin cancer, or a family history of melanoma, you are at risk of skin cancer. The same is true if your family has light-coloured skin, even if you yourself have darker skin.

Remember that the damage may have been done when you were young, so just because you don't get sunburnt any more doesn't mean you're safe from skin cancer.

Early detection and treatment is essential

Melanoma is the third most common cancer in Australia, and more people are being diagnosed with skin cancer every year.

The good news is that, if detected early, there is approximately a 99% chance of survival as the melanoma can be confined to the skin. Delayed diagnosis, however, may result in the melanoma spreading to other parts of the body. Once this occurs, it becomes a highly aggressive cancer which makes it difficult to treat.

Unfortunately, melanomas don't present symptoms so the only way to find them is to examine your skin.

A full-body skin check by an accredited skin cancer doctor is the best aid in early diagnosis.

To make an appointment call 59 252 000 or book online

1st Koo Wee Rup Scout Group

1 Mickle St, Koo Wee Rup VIC 3981

Rovers -

Contact -Group Leader - Shane Worthington 1stkwrscouts@gmail.com

Or 0427 770 781

Joeys -6:30 to 7:30pm Monday Cubs -

7:00 to 9:00pm Wednesday VICTORIA Scouts -Venturers -7:00 to 9:00pm Friday

7:00 to 9:00pm Thursday

Rover Scouts have had a busy month. They dressed up as Dads and had a BBQ to celebrate Fathers Day. They also had a great night out at MARB -

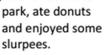
Metropolitan Area Rover Ball. This years theme was Turn Back the Clock, and they all looked fantastic.

Venturer Scouts went to Armstrong 500, a competition hike weekend. We had a team of 4 participate and finished in 8th place. Fantastic effort by all after not hiking over the last couple of years.

Our Cub Scout section have done bike maintenance at the hall and celebrated the Moon Festival. We joined 1st Lang Lang Cub Scouts and enjoyed a day in the city. We visitied the Melbourne Museum, went to ACMI, had lunch in the













Over 100 prizes to be won!

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Rover **Scouts**



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- · Women's wellbeing
- Men's health
- Diabetes education
- Mental health plans
- · Stop smoking plans
- Pharmacotherapy

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- Podiatrist
- Social Worker
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Hours

Monday to Friday 8.30am to 6pm Saturday - 9.30am to 4pm Closed public holidays Same day appointments usually available

CONTACT

215-235 Rossiter Road Koo Wee Rup Vic 3981

5997 1819

reception@blackfishmedicalclinic.com.au www.blackfishmedicalclinic.com.au







Koo Wee Rup and Districts Lions

Written by Linda Sanders

Lions Meetings

Koo Wee Rup Lions have dinner meetings on the first Wednesday of the month at Tooradin Sports Club, Tooradin and Supper meetings on the third Wednesday of the month at the RSL rooms, Station Street, Koo Wee Rup at 7pm.

We are committed to serving our local, national and international communities.

If you would like to join our merry team, please come along to a meeting to see how things are run or call Ron Payne on 0429 042 911.

Newcomers and Neighbours Dinner Cancelled

This was to held at the on Friday 14th October 2022 at the Koo Wee Rup Community Centre.

Unfortunately, due to unforeseen circumstances, this event has had to be cancelled. It is planned to have the event again in March 2023. Apologies for any inconvenience cause.

Generous Donation to the Op Shop

The volunteers at the Op shop received a nice surprise on Tuesday the 13th September when they were presented with a donation of \$500 to be put to use by community groups.

This was presented by the management of Seymour Whyte, the company with the responsibility for completing the duplication of the Healesville Koo Wee Rup Road.

Once a month the company runs a lunch time safety meeting combined with a gold coin donation BBQ. The donated monies are a result of their recent BBQs. The donation has been banked and will be distributed with the usual distribution in December next.

Nominations open for Australia Day Awards – celebrate what's great!

If you know an outstanding person or event in the municipality, then Cardinia Shire wants to hear from you.

Council's Australia Day Awards recognise and honour the outstanding achievements of citizens and community events that made an important contribution to the local community.

Nominations can be made online in the following award categories:

- Citizen of the Year
- Senior Citizen of the Year
- Young Citizen of the Year
- Community Event of the Year

Nominating someone for an Australia Day Award is an excellent way to acknowledge their contribution to the local community.

Nominees must be Australian citizens and live, work or study within Cardinia Shire. They must have made a noteworthy contribution during the current year.

Nominees for Young Citizen of the Year must be 25 years of age or younger on 26 January 2023.

Nominees for Senior Citizen of the Year must be at least 70 years of age on 26 January 2023.

Community events must have been hosted onsite or virtually in the shire between November 2021 and November 2022 by a not-for-profit organisation. Previous award winners are ineligible to win an award in the same category for 5 years.

For more information, visit www.cardinia.vic.gov.au/australiaday

Nominations close midnight Sunday 13 November 2022

Applications now open for 2022-23 weed control grants

The grants are available to help landowners and community groups control noxious and environmental weeds on private property and bushland reserves. Funding is available for disposing of weeds, hiring equipment, hiring contractors, and purchasing herbicide.

A maximum of \$350 per landholder or \$750 for community groups, within Cardinia Shire.

Applications for Weed Control Grants will remain open until the funds are fully allocated. We recommend you apply as soon as possible.

To apply, visit <u>www.cardinia.vic.gov.au/weedcontrolgrants</u> or for more information call Council's Biodiversity Officer on 1300 787 624.

- Identify common weeds with our online weed directory at www.cardinia.vic.gov.au/weeddirectory
- For tips on removing weeds and suggestions for plants to replace them with, visit www.cardinia.vic.gov.au/removingweeds

Applications will close on 31 May 2023 or earlier if the funding allocation for the program has run out.

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ENATIONALS for Regional Victoria



Cardinia Shire's young people recognised with Good Choice Awards

Cardinia Shire's annual Good Choice Awards have been celebrated with an awards ceremony held at the Pakenham Hall on Tuesday evening.

The awards recognised young people who have demonstrated resilience, kindness, and strength in their decision making throughout 2022.

"The last couple of years have really drawn on our reserves of resilience and determination, particularly for young people whose lives have been turned upside down. They may have had to endure school disruptions, social isolation, uncertainty around family situations, mental health and employment issues," said Cardinia Shire Mayor Councillor Jeff Springfield.

"During the pandemic, when the going got tough, it may have been easier to bury our heads in the sand. These awards celebrate young people who met the challenge head on.

"Congratulations to all the nominees. Often, it's your leadership that has shown older members of our community how it's done. We're inspired by your ability to make the sometimes hard and uncomfortable choices to reach your goals and aspirations. You do Cardinia Shire proud."

The annual Good Choice Awards recognise and celebrate the good choices our young people make such as:

- Prioritising study
- · Applying for a job
- Making informed choices about their health and safety
- Accessing support networks even when it's difficult
- Prioritising themselves, life goals and aspirations
- Choosing to spend time with good people
- Engaging in school/returning to study with confidence

The Good Choice Awards were recognised on Tuesday 13 September with Councillors highlighting a nomination from each ward. All young people nominated received a certificate and handshake from Cardinia Shire Mayor



Cr Kaye Cameron, right, with the Westernport Ward award winners

Councillor Jeff Springfield to acknowledge their 2022 Good Choice Award.

For more information about Cardinia Shire Council Youth Services, visit Council's website at www.cardinia.vic.gov.au/youth or call the Youth Services team on 1800 496 884 or email myplace@cardinia.vic.gov.au

Live show and Devonshire tea at Cardinia Cultural Centre

Cardinia Shire is celebrating the 40th year of the Victorian Seniors Festival this October!

Council and Rotary Club of Pakenham are a live tribute to Louis Armstrong and Ella Fitzgerald at the Cardinia Cultural Centre

Enjoy Cardinia Cultural Centre's renowned pre-show Devonshire tea, then relax in the main theatre and enjoy the extraordinary talents of The Syncopators jazz band as they come together with Yvette Johansson, Australia's foremost 'Ella' exponent, to pay tribute to Louis Armstrong and Ella Fitzgerald. A delightful, entertaining, exhilarating show.

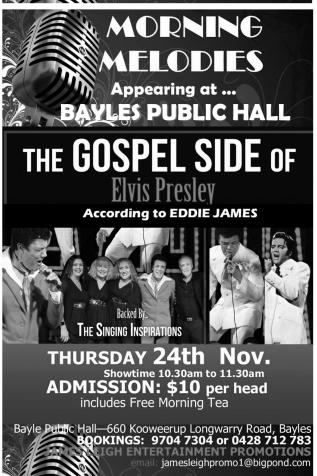
- When: Morning tea from 10–11am and show time from 11am–1pm on Wednesday 19 October
- Where: Cardinia Cultural Centre, 40 Lakeside Blvd, Pakenham
- Cost: \$13pp Includes show and Devonshire tea
- Bookings essential: 1300 887 624

Please note: Visitors with mobility aids or wheelchairs must call to book tickets.



The Syncopators jazz band





Koo Wee Rup Community Centre

247 Rossiter Road, Koo Wee Rup

The Community Centre is used by a wide range of groups to bring people together and foster a positive community spirit in our local area.

From birthday parties to weddings, conferences to community seminars, the Community Centre caters for many different events in its three function rooms.

The centre is fully equipped with 250 padded seats, 25 tables that each seats 10 guests, a portable stage, kitchen facilities and crockery – so you have everything you need to ensure your function runs smoothly.

MAIN FUNCTION ROOM

Cocktails, conferences and seminars
– 250 seat capacity

Banquets, weddings, and birthday parties (must be 21 or over) – 200 seat capacity SWAMP ROOM 25 seat capacity TOWER ROOM 10 seat capacity

Enquiries to kwrhall@gmail.com or 5997 2001

*Bookings subject to Committee approval



The latest Info about the Community Advisory Committee get-together

The Community Advisory Committee (CAC) met on August 16th and warmly welcomed aboard two new members, Audrey Mills, a resident of Westernport Nursing Home and Garry Oates who is also Vice-president of the Koo-Wee-Rup Township Committee. There are some more new faces who will be joining us but details about them next month. Tributes were also paid to Fran Genoni and Jasmine Sadler who have stepped down from their committee duties. Both ladies were warmly thanked for the time and effort they have given to the committee over the past years.

Our guest speaker was Naomi Rendall, the Unit Manager District Nursing and Infection Nurse. Naomi gave an enlightening talk about the 'Care in the Home' programmes that are carried out by our District Nurses based here at the Koo-Wee-Rup Regional Health Service; KRHS is an approved local provider. This was followed by her illustrated presentation of infection control procedures for various maladies and a Covid news update. The CEO of KRHS, Noni Bourke, then talked to the committee about the involvement of the CAC at the bimonthly orientation sessions for all new hospital personnel. As chairperson, Geoff Stokes gives them an outline description of how the CAC is involved with all aspects of the day to day procedures of the hospital and its involvement with residents, patients and staff. Noni followed this talk with information about the different services now available at KRHS and every member took a copy of the new brochure/leaflet, available to the public, detailing the many items of service offered by the hospital.

Annie Barwise, the KRHS Quality Manager, gave the committee some information on the forthcoming Aged Care Accreditation Survey program to be carried out by the Aged Care Standards and Accreditation Agency within the coming weeks. There is no warning or notification of when the Agency members will come knocking on our door. It is known however that the inspectors will want to speak with several of our committee members to get an idea of the ongoing relationship between the KRHS Board of Management and the advocacy of the committee members on behalf of any complainants. Annie also went into detail about the simpler Aged Care Quality Standards that are now required. Noni endorsed these comments with some advice on how the Agency will operate during the time they are on site. She closed her talk by reminding us all that in May next year, 2023, it will be the hundredth anniversary of the opening of the hospital

and we should now plan to celebrate this important day. Noni suggested we come to the next meeting with ideas to commemorate this important event.

To our regular readers of these CAC reports, the next paragraphs you see you will have read them before I am sure but, remember, the population of KWR is increasing rapidly and our new residents and friends might not know what the CAC does or what it set up to do. For those of you who are not quite sure, or maybe you really are a newcomer to the



town, the aim of the Community Advisory Committee is to provide the KRHS with feedback and advice to improve and strengthen their services, information, forward planning, and the future policy development of the KHRS. The Committee will offer advice to the KRHS Board of Management about problems that could be upsetting a Patient, a Resident or a Carer, and also, maybe, from an individual Koo-Wee-Rup resident or, indeed, from the Community's point of view. The Community Advisory Committee will listen closely to these consumers and acknowledge their concerns and aspirations so that these alternatives that they offer are consistently understood and seriously considered. This advice, and the recommendations developed, will be broadened into balanced information to assist the complete understanding of a particular topic by the KRHS Board of Management. If you as a consumer/customer, have a suggestion or some nagging thoughts about your difficulties, or your dependant's comforts or problems with any aspect of the KHRS, then get in touch with the KHRS CAC. Simply phone KRHS on 5997 9679 or Geoff Stokes on 0435 085 002. Or you can email: geoffreystokes@geoffstokes.com. Your email will be acknowledged. The next meeting of the committee is planned for the 15th of November 2022 at 10:00 am. Before then we shall have informal meetings with each other to check on any problems that may have arisen.

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VICTORIA

Koo Wee Rup Country Womens Association

Written by Linda Sanders

Meeting Dates

Our next meeting will be on Monday 3rd October at 7.30pm. Our next craft meeting will be on Monday 17th October at 7.30pm.

We meet at the Seniors Rooms, Icke Road, Koo Wee Rup.

If you would like to join our great team of friendly ladies, please call President Courtney Manks

on 0432 067 448 for more details, or just turn up on the night.

Indigenous Art Demonstration

On Tuesday 20th September, Sam came to the Seniors rooms to teach CWA members about Indigenous Art, the symbols used and how to use them to tell a story.

It was very interesting and each member completed their drawings and had a discussion about what we had learned.



West Gippsland Craft Exhibition

Koo Wee Rup CWA members have been busy making items to show in the Craft Exhibition on Thursday October 13th through to Saturday October 15th.

Entries are displayed on the Thursday and judging is completed. The exhibition is then open to the public on Friday and Saturday.

If you would like to have a look at all our hard work, the exhibition is to be held at the Cranbourne Public Hall, Cnr of Clarendon and High Street, Cranbourne. Entry is \$5 per person and refreshments can be purchased.

At our last exhibition pre-covid, Koo Wee Rup CWA won the overall prize, which we are very proud of, and we will be trying to win it again this year.







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Local businesses invited to the Cardinia Business Celebration 2022

This November, Cardinia Shire Council will host its inaugural Celebrate Cardinia Business 2022 event to celebrate and acknowledge the recovery and hard work of local businesses throughout the past two

The unique event aims to support and celebrate local businesses that have supported their customers and the community during an extremely challenging few years during the COVID-19 pandemic.

The event will be held from 6.30–11pm on Thursday 17 November 2022 at the Cardinia Cultural Centre, Lakeside Boulevard, Pakenham.

Council is inviting Cardinia Shire businesses to submit a short 30-45 second promotional video that can include what their business does and their greatest achievement over the past two years.

Video entries are open until Sunday 6 November 2022.

The video submissions will be shown at the event, where business owners

and their staff can enjoy dinner, door prizes, and the opportunity to network. Businesses that enter will automatically

receive two tickets to the evening celebration.

Cardinia Shire Mayor Councillor Jeff Springfield expressed how pleased Council was to be able to provide these events for our local business community.

"This is an exciting opportunity for our business community to share ideas, connect, and collaborate," Cr Springfield said. "Businesses have and continue to feel the effects of the pandemic. This event will give them the opportunity to celebrate what they have achieved and gives Council the chance to acknowledge their hard work and thank them for all they've done for our community over the past couple of years."

Following valuable input and conversations with a variety of local business owners, the new event replaces the former Casey Cardinia Business Awards ceremony and will provide businesses of all sizes and stages the chance to network with others and showcase their brands through short videos, in a relaxed atmosphere.

For more information and to register to attend this event, visit www.cardinia.vic.gov.au/

celebratecardinia or contact the Economic Development team by email to mail@cardinia.vic.gov.au or by calling 1300 787 624.





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The **Outlook Community Centre Term 4 Program is OUT NOW**. The Centre has courses in Cuisine, Personal Development, Computers, Health and Wellbeing, Professional Training and Walking Groups to offer you. There is sure to a course to help you reach new heights.

We have a great selection of FREE or great value subsidised Computer courses this term which are for beginners to intermediate. If you haven't tried a computer course, this term is a great opportunity to join in. Our classes are small, taught by qualified professional teachers, are tailored to participants needs, you receive a certificate at the end and there are NO TESTS. Browse the courses below to see if one is 'for you'.

Cardinia Shire volunteer subsidy may apply for priced computer courses if you volunteer in the Cardinia Shire and the course will help you in your role (please contact the centre).

To browse our complete Term 4 program please visit www.outlookaust.org.au or drop by and pick up a booklet.

HOW TO ENROL IN A PROGRAMME

In Person: 24 Toomuc Valley Road, Pakenham, Online: www.outlookaust.org.au/book-online, Telephone: 5940 4728, Email: communitycentre@outlookaust.org.au, Payment: Credit Card - online, over the phone or in person, Cash, cheque or EFTPOS

GET ONLINE WEEK

Try One Thing "All about Apps – Try a Topic"Join us for Outlook's "Get Online Week" free session. Visit various sites and see how easy it



- session. Visit various sites and see how easy it is to explore hobbies, travel or enjoy new interests using the internet.
- Door Prizes
- Refreshments

Wednesday 19 October, 9.30am - 12.30pm
Cost FREE (Booking required for catering purposes)

Supported by Good Things Foundation Australia



iPads - Beginners

Get to know your iPad and its many uses. Learn how to set it up and how to navigate its in-built features for communication, productivity and fun. Connect to the internet and explore the world. Download and manage Apps, take photos, send emails, and much more. Bring your own iPad or use one of ours.

Thursdays commencing 27 October for 8 sessions, 1.00pm - 4.00pm Cost \$45

This course is aimed at devices that are currently supported by Apple updates (iPad Gen 5 and later)

Canva - Online Design Made Easy

Use Canva to market your business or promote your celebration. Canva is a graphic design platform for nongraphic designers. It is free to use and can be used to create professional social media posts, posters, business cards, invitations etc.

Fridays commencing 18 November for 2 sessions, 9.30am - 12.30pm Cost \$25

Computer Maintenance and Internet Safety

We rely more and more on technology in everyday life, therefore gaining an understanding of computer maintenance and tools is paramount. Learn how to protect yourself, your computer and privacy on the internet and discuss some security concerns when using your computer. BYO USB stick.

Mondays commencing 21 November for 2 sessions, 12.30pm - 4.00pm Cost \$10

Get Tech Savvy for Seniors

Keep up to date with the digital world with these hands-on informal classes. Ask questions about computing technology that frustrates you or makes you curious. For beginners or those with some experience. You will gain the skills and confidence to use technology for socialising, accessing important services or organising your life. Includes computers and iPads. Use our laptops and iPads or bring your own. BYO USB stick.

Wednesdays commencing 5 October for 11 sessions, 10.00am - 12.30pm Join any time.

Cost FREE

Be Connected

Australian Government Every Australian online.

Supported by Be Connected Every Australian Online

Microsoft Office - Beginners

Do you need basic computer skills for work or are your skills a bit rusty? This course gets participants up and running with a range of Microsoft Office Apps. Discover what they are used for and learn the basics of Word, Excel, PowerPoint, Outlook, Publisher, OneDrive and more.

Mondays commencing 17 October for 8 sessions, 6.00pm - 9.00pm Cost \$50 (including course notes)

Microsoft Office - The Next Step

Delve deeper into the free online Apps, particularly Word, Excel and PowerPoint, but also Sway (digital story telling app), Forms and One Note. This course is ideal for those with a basic understanding along with a Microsoft account and knowledge of OneDrive and Office Online.

Fridays commencing 21 October for 8 sessions, 9.30am - 12.30pm Cost \$50 (including course notes)

Xero Accounting

This is the preferred cloud-based accounting platform for many businesses. It is reliable, simplifies tasks and can be used on the go anywhere, anytime. Covers set up, sales, purchase functions, banking and reconciliation options, reports, payroll, and activity statement settings. Please bring working email address and smartphone to class.

Tuesday commencing 18 October for 8 sessions, 6.00pm - 9.00pm Cost \$80 (including course notes) No session 1 November

KOOWEERUP REGIONAL HEALTH SERVICE

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Email: info@krhs.net.au Website: www.kooweeruphospital.net.au

October 2022

Find us on







Healthy Choices at KRHS

In 2021 the Victorian Government announced the Healthy Choices: policy directive for Victorian public health services.

The Policy directive is helping hospitals and health services lead the way in supporting the health and wellbeing of their staff and visitors.

As a healthcare facility we have an important leadership role in providing our staff and visitors with healthy food and drink options.

We have been collaborating with the Healthy Eating Advisory Service to achieve the policy targets for food and drinks, which include:

- Drinks: The majority (at least 50%) of drinks provided will be green category and only (20%) drinks contain artificial sweeteners. (amber category) will be available in our in-house retail food outlets - Men's Shed Café. High sugar (red category) drinks will no longer be sold or promoted.
- Catering: The catering we provide at staff and visitor meetings and events will offer at least 50% green category foods or drinks, and no red foods or drinks.

A new funding opportunity from the Department of Health has allowed us to strengthen our healthy eating efforts with meals and snacks for our clinical staff who work doubles and night shifts.

Pictured above are staff enjoying the new initiative.

Thank-you Bunnings

Joanne and her team from Bunnings (pictured below) donated and built 2 raised garden beds with soil. Then came back a week later to help plant veggie seedlings with the residents. Pictured below is Charlie supervising the build and position of the new garden beds.







3 Separate



Stay home if unwell and test

4 Ventilate
Open windows or use an air
purifier when indoors

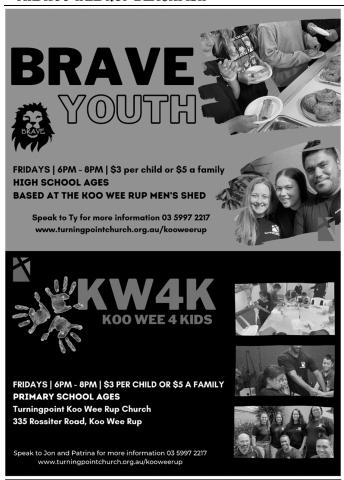
5 Canitise

Wash hands or use hand sanitiser regularly



We provide a range of centre and community based services: Acute Care, Early Parenting Unit, Transitional Care Program, Respite and Residential Aged Care, Community Health, District Nurses, Home Care, Pathology and Allied Health for example: Physiotherapy, Occupational Therapy and Social work. There is also Specialist Medical Services such as Podiatry and a Diabetes Clinic. KRHS is a member of the 'International Health Promoting Hospitals Network' and 'Global Green and Healthy Hospitals'.

Please visit our website for the latest information on KRHS and Covid restrictions



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Waterline Ex-Service

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Waterline Ex-Service, Family and Friends is a socially interactive group of ex Service, Partners, Widowered, and Friends. We are a small group of people that have been around for about ten years. We meet at 11am on the last Wednesday of every month at Tooradin Sports Club for a short meeting followed by lunch, if you choose.

Throughout the years members have enjoyed both day and overnight trips to Mildura and Mansfield, Musicals, Concerts, Melbourne Zoo, Coal Creek, Museums, Robert Gordon Pottery, Christmas in July and BBQ's, and more recently the Elvis Presley Exhibition, to name a few. Most members still vote our Barefoot Bowls days as the funniest of days.

A ten dollar annual fee will have us welcoming new members to our small fun group.

Any inquiries please contact Gus Moore 0404 185 210

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Office Open Mon, Wed & Fri | 9.30AM - 3.00PM (03) 5997 2217



For more information visit
TURNINGPOINTCHURCH.ORG.AU/KOOWEERUP

Letters to Aunt Connie

By Heather Arnold, Koo Wee Rup Swamp Historical Society

The Weekly Times used to have a 'Young Folks' page, edited by 'Aunt Connie' and 'Uncle Ben' and children would write letters to them and have them published in the paper. The letters are quite descriptive and the children would write about the town they lived in, their farms, school life etc. Here are some local letters and I have researched some biographical information about the writers.

Letters from Linda Ellis of Koo Wee Rup

Linda wrote about grasshoppers in 1902 -

The grass is very poor about here, and the grasshoppers are numerous. They eat all the grass up. They ate the leaves off our turnips, and now they have started on the fruit trees. A couple of weeks ago the crows started on the grasshoppers, and they are having such feeds. It is amusing to watch them fight to get the most grasshoppers. There is a lot of work going on here at present, as all the drains are being enlarged. It will be a good thing when they are done, as it will keep the people from being flooded. We are only milking four cows at present; they do not give much milk. [Weekly Times, February 15, 1902]

In September 1903 Linda wrote again, this time a much more poignant letter-

The crops around here are looking splendid. We have a nice lot of cabbages in, but just as soon as they begin to look nice and green the hares come and eat them off. My father is away from home just now, working, and we do miss him so much. Since I last wrote to you we have lost a little sister, and just six weeks before she died one of my aunties died in New South Wales. Mother took my little sister to the Children's Hospital, but the doctors could do nothing for her, and about three months afterwards she died. My father's mother died, too, so you see we had a very bad misfortune last year. Our flower garden looks very nice this year; especially the violets.....Some of my cousins are saying what they would like to do when they grow up. I think I would like to always stay at home. I do not like going from home. [Weekly Times, September 19, 1903]

Linda was the daughter of Henry Ernest and Jemina (nee Milroy) Ellis; she was the eldest of ten children, born in 1890. They are listed in the Electoral Rolls at Koo Wee Rup in 1903 and 1906; by 1909 the family had moved to Abbotsford. Linda married Richard Semmens in 1911 and she died in 1966.

In May 1902, Priscilla Rundle wrote about Koo Wee Rup

Our township consists of two general stores, a blacksmith's shop, a draper's shop, a bakery and also a butcher's shop. We have a nice Presbyterian Church and a Sunday school combined. The Roman Catholics have recently called for tenders for the erection of a chapel. A few months back some of the leading spirits of our town called a meeting, in view of building a public hall. It has been decided to do so, so we now have the prospect of another building in our small township. The local agent for the Massey-Harris machinery has arranged with my father to hold a field trial of their farm implements in one of our paddocks on Tuesday, the 20th. Everybody seems to think that it will be a fair trial, as everything looks very favourable so far. As we live about four miles from the township, we do not see much life, so we expect to have a pleasant day the day of the trial. [Weekly Times, May 31, 1902]

Priscilla Rundle, was born in 1888 to James Charles and Jessie (nee Campbell) Rundle, so she was 14 when she wrote this letter. Priscilla is listed in the 1909 Electoral Rolls as a school teacher, and her address was also Koo Wee Rup. She married William Freeman in 1913 and they farmed around Traralgon. She died in 1965.

Eight year old, Dorothy Gray wrote about her life in Koo Wee Rup, in 1904

I am eight years old, and in the third class. I have one little sister, her name is Vera Muriel. She is two years old. I am learning to ride. We have a large orchard. Kooweerup is a small place. It is very wet in winter. There is a township and in it there is one butcher, one bake, two grocers, one saddler, one blacksmith one bootmaker and a draper's shop. The people get their living by sowing oats and maize mostly, and dairying. There are three orchards altogether. My father has been taking "The Weekly Times" for a great number of years. My favourite hymns are "Holy, Holy, Holy" and "Jesus Loves Me." My father planted 600 fruit trees. I like going to school, I wish there were six school days a week. We are milking six cows, and we also have a separator. We send the cream away once a week now. We used to send it twice a week in the summer time. My little sister is such a chatterbox. My pets are a cat, parrot, calf, and a pup. Please Aunt Connie, would you mind sending a name for him. My favorite flowers are Cape Forget-me-not, sweet pea, carnation, dahlia, and chrysanthemum. [Weekly Times, July 2, 1904]

Dorothy was the daughter of Richard and Margaret Mary (nee Browne) Gray. As Dorothy wrote, they had a farm at Koo Wee Rup. Dorothy was married in 1916 to Albert Jack. A report in the paper said that she had been in charge of Christies Post Office, Wonyip for the past three years and the couple would be making their home at Daylesford. [*Toora & Welshpool Ensign*, August 4, 1916] Dorothy died in 1985.

Continued next page

Letters to Aunt Connie from previous page

By Heather Arnold, Koo Wee Rup Swamp Historical Society

Ethel Glover of Caldermeade wrote about family life and Lang Lang in 1904

It has been a cold, wet day to-day, but Nellie and I went to school. Bertha has a bad cold, and she has been home from school all the week. My sister gives her lessons at home. We have skipping at school to keep us warm these cold days. I passed in everything except mental arithmetic at our last examination. I am in the higher sixth, and Nellie is in the fourth class. We go to Lang Lang State School. I will tell you a little about Lang Lang. It is becoming quite a flourishing little centre. There are four grocers' shops, two blacksmiths', two drapers', a chemist's, a green grocer's, a saddler's, barber's, baker's, and two dressmakers'; a butcher's, a printing office and butter factory, besides many private residences. So you will see it has made great headway since the railway has been constructed. When my father came to Gippsland first, 15 years ago, Drouin was the nearest railway station, and he says the roads were in a fearful state then. We have got good roads at Caldermeade. It will soon be twelve months since we came here to live. My little sister Alice is sixteen months old now, and she does torment us sometimes, when we are doing our lessons. She likes to get hold of a pen and if we don't watch her she will make a dive at the ink bottle. She races about all day like a little rabbit, and she can say a few words. We have a nice little pony to ride now. I am very fond of riding, and so are my sisters. When we lived in Lang Lang East we sometimes rode to school over the hills and small creeks, "gullies," we call them. One evening, when crossing the last gully, our pony stumbled, and tipped us over her head, splashing into the water. We were not long in scrambling up the bank, dripping wet, and the pony was quietly waiting for us. It was good of her not to clear off home and leave us. [Weekly Times, July 23, 1904]



Samuel and Johanna (nee Bindt) Glover had six children - Gertrude (born 1887), Edwin (1890, died aged 7 months), Ethel (1891), Nellie (1894), Bertha (1897) and Alice (1903). Ethel married David Scott Donaldson in 1917, they lived in Lang Lang and she died in 1971.

In 1908, 12 year old Hazel Charman of Koo Wee Rup wrote

One of my sisters and both of my brothers are away from home. One brother is driving bulls through Queensland up to the Gulf, and the other brother is with my sister in New South Wales. The cows are not milking well now. We are milking 23 cows, and we feed them with ensilage. We are making a flower garden, find we have many nice flowers. We also have an orchard, and we sell the fruit sometimes. I am 12 years old, and I am in the fifth class at the Yallock school. [Weekly Times, September 19, 1908]

Hazel was the daughter of Stephen and Mary (nee Ward) Charman, who had a farm at Koo Wee Rup. She was the second youngest of their eleven children. Hazel married William Robert Hopkins in 1920, and she died in Queensland in 1970.

Letters to Aunt Connie from previous page

By Heather Arnold, Koo Wee Rup Swamp Historical Society

Letters from Catherine 'Kate' Garbellini of Five Mile (Koo Wee Rup North)

In 1916, when she was 13 years old, Kate wrote -

I will take for my subject a flood that we have just had. It began to rise one Saturday afternoon and we were not able to get out until the following Friday. There were two little boys drowned, one having been swept off his feet from the flow of the water. We had to paddle out in the water to milk our cows, while my brothers had to take the horses away. I have one brother at the front. He has been in the trenches for about six months, but has not been wounded yet. He left home on May 4, 1915, to sail to Egypt. I have five sisters and seven brothers. Four of us go to school, which is about a quarter of a mile away. There are 49 children attending our school. I am 13 years and eight months old, and in the seventh grade at school. [Weekly Times, November 4, 1916]

In March 1917, Catherine, as she called herself, wrote again -

I will take for my subject 'Our Farm' There are 110 acres in our farm, of which 65 acres are under potatoes. The potatoes are looking well after this rain. We had about 40 acres sown down with oats and barley, but it is now cut and stacked, and the rest of the land we have sown down with grass for the horses and cows. We have six horses and a little foal, besides seven cows. We separate our milk, and send our cream to the factory, where it is made into butter. My brother at the front has been in hospital for about two months. My age is 14. [Weekly Times, March 17, 1917]

Katie, as she now called herself, wrote in July 1918, this time about Koo Wee Rup -

Koo-Wee- Rup is a large, one sided township. It consists of a large hotel, a coffee palace, a school, a baker's shop, two butcher's shops, three churches, four general stores, a lollie shop and a blacksmith's shop. Large quantities of oats, barley and potatoes are grown, but some of the farmers are talking of growing flax. I have left school and am helping at home. I wish this War was over. I have had one brother killed. Many of the boys from here have gone and some of them have returned. [Weekly Times, July 6 1918]

Katie was the eighth child of Pietro (Peter) and Jane (nee Crombie) Garbellini. She married David Blackwood from Pakenham South in 1923 and they had four children and lived in the Pakenham area. She died in 1983. Her brother, George, enlisted in February 1915 at the age of 23 and was Killed in Action in France in May 1917.



Letter from Airlie Ragg, eleven years old, of Lightwood Park Yannathan, 1919

I will take for my subject, the district where I live. There is no township at Yannathan. Our nearest town is Lang Lang, eight miles away. There are a school, hall, church, and butter factory here, but they are all situated in different parts of the district. The chief thing that is done here is dairying. Some of the farmers send their milk to Melbourne. others send their cream to the factory. The country all around here is very flat, and is often flooded in the winter. The Lang Lang River flows through Yannathan. Most of the farmers around bore for water, and have windmills to pump the water for the cattle. It is good grass country, mostly rye grass and clover. There is no railway here at present. Our nearest station. Caldermeade, is eight miles from here. There is a branch railway line being made from Koo-Wee-Rup to a place called McDonald's Track, and the Yannathan station is going to be on the farm where I live. My brother and I go to the Heath Hill school, which is nearer for us than the Yannathan school. I have a little sister, her name is Nancy. She is just four years old, and is going to school next year. My father has been taking the "Weekly Times" for a long while and I always enjoy reading the Young Folks' page. I am eleven years and three months old, and in the seventh grade at school. [Weekly Times, May 31 1919]

Airlie was the daughter of Thomas and Rose Amelia (nee Newbound) Ragg. She married Thomas John Collins in 1937 and they lived (according to the Electoral Rolls) in Flowerdale and they had five children.

From February to November, the Koo Wee Rup Swamp Historical Society meets on the second Wednesday of each month at 7.30pm at Mallow house in Rossiter Road, corner of Henry Street. Our next meeting is on Wednesday, October 12. at 7.30pm. The Museum generally opens on the 1st and 3rd Sundays of the month from 1.30pm to 4.00pm or by appointment. Heather Arnold harnold@dcsi.net.au 0407 521 637

KOO WEE COFFEE CLUB



Catching up with locals to have a coffee and a chat from 10am onwards on the following days:

October 5 Royal Hotel

19 Chandelier Café

November 2 Royal Hotel

16 Chandelier Café

30 Degani

December 7 Royal Hotel

21 Chandelier Café





Enquiries ph Jo on 0428 557 411

Like

Koo Wee Coffee Club

Sunday 30th of October 2022 – St John's Church, Koo Wee Rup

50

50th Celebration of the St Sofia Festival

9:30 am - Mass concelebrated by Bishop Greg Bennet,
Fr Frank Bertagnolli, and Fr Avinash George

10:45am – Fireworks followed by procession via Gardner St, Moody St, Henry St and back to St John's



ENTERTAINMENT SCHEDULE

- 11:45am- Lunch & Cutting of Celebration Cake
- 12:15pm- Tony Villella
- 12:50pm- Dean Canan
- 1:25pm- Sicilia Bella Folk Group
- 2:00pm- Live Auction
- 3:00pm- Dean Canan
- 3:35pm- Drawing of Major Raffle
- 4:00pm- Tony Villella
- 4:30pm- Closure



CFA Open Day



CFA Open Day is a chance for you to meet your local CFA brigade and find out more about what we do.

When: 10am - 2pm Sunday 23rd October

Where: 10 Moody St Koo Wee Rup

What:

- Sausage sizzle
- Information on fire preparedness
- Demonstrations on Breathing apparatus
- Having fun with the hoses, lights and sirens



ATTENTION

All residents in the area!

There will be a fireworks display held at St. John's Church Salmon Street, Koo Wee Rup.

Sunday, 30th October 2022

This display is to coincide with the 50th Celebration of the St. Sofia Festival.

The display will commence at 10.45am and conclude at 10.55am (approx.)

If you have animals that maybe unsettled by fireworks, we urge you to take steps to ensure their safety.

For further information, please call Enzo Buccheri 5997 1650 or 0409 898 553